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What's new to you?

Wilton Continuing Education

Winter/Spring 2014

Register online at wiltoncontinuinged.org

Wilton Continuing Education: Winter/Spring 2014 Courses

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Superintendent of Schools

Dr. Gary G. Richards

The Wilton Continuing Education Program does not discriminate in employment or in educational opportunities on the basis of sex, handicap, race, color, creed, religion, national origin, ancestry, or marital status.

Cover Art by Erin Jenkins

Model: Nirmala Ramaraja, Our Bollywood Dance Instructor
Brochure by kelley|fortuno marketing design

Wilton Continuing Education: Dolores Tufariello, Coordinator
Emily Dowden, Doreen Esposito & Lorraine Anagnost
Assistants to the Coordinator

Office: Wilton High School, 395 Danbury Road, Wilton, CT 06897 (Room #3)

Web site: www.wiltoncontinuinged.org

Telephone: 203.834.7694 | **Fax:** 203.834.7697

Welcome to the Winter/Spring 2014
Wilton Continuing Education catalog of classes.
Try something exotic, but still close to home -
Bollywood Dance, Indian cooking, or maybe a new language!
See you in class.
- Dolores Tufariello
Coordinator, Wilton Continuing Education

Registration:

Online: www.wiltoncontinuinged.org.

Phone: 203.834.7694, Monday – Friday 8:30 a.m. - 4:00 p.m.

Fax: 203.834.7697 (use form on inside back cover)

A \$10 Registration fee is payable once per semester; \$5* for Wilton Seniors. Payment in the form of check/money order, Visa or MasterCard must accompany registration.

Registration fees are non-refundable unless WCE cancels a class.

Enrollment confirmation will be sent via email. If your class is cancelled or postponed, we will contact you by email.

- Please add wiltoncontinuinged.org to your safe senders list.
- The Wilton Continuing Education Program welcomes all adults, 18 years and older.
- All Wilton Public School facilities are accessible for persons with physical disabilities.

Refund Policy

If a student withdraws before the course start date, she/he will be given a program credit less a \$20 withdrawal fee per class. Material/food fees when included in the class fee are not refundable.

Emergency Cancellations

WCE classes are automatically cancelled when there is a weather or other emergency and when Wilton Public Schools are closed. Closing notifications will be sent via email. Check your email for a detailed message from our office and/or WFSB-TV, Channel 3 for school closings.

Wilton Senior Citizens

Wilton Senior Citizens, 62 years of age or older, may take up to 2 senior-discount designated courses free of charge, when such classes are not fully booked (except off-site classes, computer, Ed2Go, golf & ballroom dance lessons, tarot and weight loss/nutrition classes).

Please call our office one week prior to the class start date to check on senior registration availability.

*Wilton senior citizens pay a discounted registration fee of \$5 per semester.



Please help us protect our students with allergies. **NO** latex gloves or latex balloons are permitted in any Wilton Public School. Please call us at 203.834.7694 if you have any questions.

College Planning, Driver Education, ABE/GED/ESL

EFFECTIVE COLLEGE APPLICATION STRATEGIES

1 Session Tuesday, March 18 7:00-9:00pm

The college admissions process has changed significantly in the past 10 years! Parents and students are invited to join Thalia Thompson, M.S., I.E.C., for an informative and dynamic session outlining effective college application strategies. Learn what colleges are *truly* looking for in applicants and gain important insights on the Common Application Essay. A Question-and-Answer session will follow. Get a head start, be well-prepared, and enjoy a stress-free college admissions season in the fall.

Resident: \$20 Non-resident: \$30 Wilton High School

COLLEGE ADMISSIONS BOOTCAMP

6 Sessions Saturdays, March 29-May 17 10:00am-12:00pm

The college admissions process can seem daunting and overwhelming! This course will help students identify *best-fit* colleges/universities based on personalized criteria, write a thoughtful Common Application Essay highlighting one's true essence, draft two additional Supplemental Essays, formulate college applications' time tables, schedule college visits/interviews and identify potential college majors through the use of interest/personality inventories such as the Holland Self-Directed Search and the Myers-Briggs Type Indicator. Put your absolute best-foot forward and be well-organized during college applications season! This *exceptional* opportunity is ideal for rising high school juniors and seniors. Each student will receive the *Occupational Outlook Handbook* and two interest/personality inventories. Instructor: Thalia Thompson has over 25 years of experience in academic planning, college admissions, career counseling and higher ed. administration. Students will receive FREE, unlimited, telephone/email consultation for essay/application assistance for **six months** following the course!

Resident: \$395 Non-Resident: \$410 Wilton High School

SATURDAY SAT PREP: Preparation for the May 3 & June 7, 2014 SAT Reasoning Tests

Looking to help your student better prepare for the May or June 2014 SAT Reasoning Tests? This program allows students to select the subjects they would like to take: Critical Reading, Math and/or Writing. Students may take one, two or all three courses. Strategies, skills and tips will be emphasized. Each student will receive The Official SAT Study Guide by The College Board. Instructors: Stephen Bell and Michelle Cota, experienced high school teachers who have provided SAT instruction since 1999.

The following classes are held at Wilton High School Room 233 on Saturdays from 9:30-11:30am.

Critical Reading	February 1, February 8 & February 22
Writing	March 1, March 15 & March 22
Math	March 29, April 5 & April 26

Resident/Non-resident: \$200 each course, \$500 all three courses
 For more information and to register visit reliabletestprep.com

All-Star Driver: Driver Education for Students

Call 800-732-8090 or visit www.all-stardriver.com/wiltonhs to learn more and get started.

Winter 2014 Mandated Registration Dates for ABE, GED, ESL

- Jan 16 – 9:30-11:00 am @ 1 Canal Street, Westport – ESL
- Jan 21 – 6:30-8:30 pm @ Staples High School, Westport – ABE/GED/ESL
- Jan 22 – 9:30-11:00 am @ Wilton Library, Wilton – ESL
- Jan 22 – 6:30-8:30 pm @ Staples High School, Westport – ABE/GED/ESL

Visit www.wiltoncontinuinged.org
 for registration requirements

Updated information for ABE, GED and ESL may be obtained
 online at www.westportcontinuinged.com and through
 the Westport Continuing Education office at 203-341-1209

Computers

Our popular DAYTIME & EVENING computer classes are limited to 6 students. Each student will have a computer to use. Instruction in this small setting is attentive to the individual. Instruction in Microsoft Office classes will focus on Office 2013 & both Windows 7 & 8.

ESSENTIAL COMPUTER SKILLS FOR TODAY'S WORKPLACE:

Microsoft Office 2013 Workshop

4 Sessions	A. Monday-Wednesday & Friday, February 24-26 & 28	9:00-11:30am
	B. Monday-Wednesday & Friday, March 31-April 1, 2 & 4	9:00-11:30am
	C. Tuesday-Friday, May 27-30	9:00-11:30am

Focus on the 4 most important computer skills for the workplace: Word, Excel, Outlook and PowerPoint. This course is a quick and easy way to jumpstart your job skills to expand your prospects.

Instructor: Deborah Chavez, MS in computer science.

Resident: \$235 Non-resident: \$250 Wilton High School – Room 6

WINDOWS 8 Laptop Intro: Microsoft

Prerequisite: Bring Microsoft account information.

1 Session	A. Wednesday, February 5	9:00-11:30am
	B. Monday, February 10	7:00-9:30pm
	C. Monday, March 24	9:00-11:30am
	D. Wednesday, May 7	9:00-11:30am

Windows 8 is Microsoft's new platform for computing. If you've recently purchased a Windows 8 laptop (or considering one), this class will help you adapt to its many useful functions. Explore and customize the new tiled interface, learn new ways to launch, minimize and close programs, and have fun with some Windows 8 apps. If your laptop has a touch screen, you will find Windows 8 to be similar to a tablet or smart phone. If you use a mouse we will discover keyboard shortcuts. Bring your fully charged laptop or Surface Tablet to class. Don't have one yet? Call our office to reserve one. Instructors: Pam Barnet, Deborah Chavez or Alan Weaver.

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

ACCESS DATABASE

3 Sessions	Wednesdays, February 19, 26 & March 5	7:00-9:30pm
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Access 2013 is a relational database application that can help you or your organization *collect and manage large amounts of data*. Learn to create a new database, construct tables, design forms and reports, and create queries to join, filter and sort data. Use it as a data management tool for personal use or for an entire department or organization.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 6

BUILD YOUR OWN BLOG WITH WORDPRESS.COM

Prerequisite: Microsoft Word or equivalent and Internet basics.

1 Session	Tuesday, March 4	7:00-9:30pm
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Interested in blogging or using a blog to develop more business? Learn how to use the free tool WordPress.com to build and maintain your blog. WordPress.com has many powerful capabilities beyond blogging. Let us show you the possibilities! Instructor: Pam Barnet, lead developer and trainer for Barnet Associates.

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

CREATING A WEB SITE

Prerequisite: Microsoft Word or equivalent and Internet basics.

3 Sessions	Fridays, March 14, 21 & 28	9:00am-12:00pm
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Using Microsoft Expression (available as freeware), students will have complete creative control over designing and hosting their Web site. Sites will include links, forms and graphics to provide visual impact. Work with tables to position text and graphics, edit HTML code and learn how to add Google Analytics to view and analyze Web site traffic. Optional: Students can choose to reserve a domain name and obtain hosting for their Web site which will be discussed in class. Instructor: Alan Weaver, computer software trainer.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 6

ePUBLISHING: How To Publish & Promote Your eBook

1 Session	Saturday, March 22	10:00am-12:00pm
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There's a world of opportunity for independent authors to publish and promote ebooks online with distribution through Amazon.com and others. ePublishing or digital publishing is the way to publish and it's here to stay! If you have a non-fiction book, novel, memoir, recipe/poetry/essay collection inside you – or hovering in a desk drawer, try this! In this 2-hour seminar, you'll learn the steps of the ebook publishing process – from saleable idea and manuscript to publishing and promotion – from a writer's perspective and personal experience. Instructor: Sandra Gordon, author of ebook, 50+ Ways to Save Big on Baby Gear, plus eight other books for consumers.

Resident: \$65 Non-resident: \$75 Wilton High School – Room 6

EXCEL 2013: Introduction To Spreadsheets

2 Sessions	A. Thursday & Friday, February 6 & 7	9:00-11:30am
	B. Monday & Thursday, February 24 & 27	7:00-9:30pm
	C. Tuesday & Wednesday, March 18 & 19	9:00-11:30am
	D. Monday & Tuesday, May 19 & 20	9:00-11:30am

Learn to make all your mathematical, financial, computational work quick and accurate, and keep your data records ready for analysis. After learning how to create and update worksheets with formulas, we focus on design and formatting techniques, layout considerations, and navigation, search and sort techniques for large multi-sheet workbooks. Instructor: Pam Barnet or Deborah Chavez.

Resident: \$125 Non-resident: \$135 Wilton High School – Room 6

EXCEL 2013: Advanced Spreadsheet Functions & Macros

Prerequisite: Excel Introduction or equivalent.

3 Sessions	Monday, Tuesday & Wednesday, April 21, 22 & 30	7:00-9:30pm
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Learn to customize toolbars, create styles and templates, create decision-making functions, analyze worksheet data by creating pivot tables and compare and contrast workbook files and file links. Learn to outline and consolidate worksheets, analyze data using the Scenario Manager, display and protect worksheet data by locking cells, create and modify macros using Visual Basic Editor and create and work with interactive Web documents. Book included. Instructor: Pam Barnet, lead developer and trainer for Barnet Associates.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 6

FACEBOOK 101

Bring Facebook ID and password (if you have an existing account).

1 Session	A. Monday, March 3	9:00-11:30am
	B. Wednesday, May 14	9:00-11:30am

This hands-on workshop will help students set up a new Facebook account or enhance an existing one. We'll take photos, create profiles, connect to and invite friends or colleagues, add pictures and comments to their wall and post status updates. Learn to control your account and privacy settings. All students will leave class having an online presence. Instructor: Deborah Chavez, MS in computer science.

Resident: \$40 Non-resident: \$50 Wilton High School – Room 6

FILE MANAGEMENT: Organization, Backup & Maintenance

Prerequisite: Microsoft Windows or basic knowledge.

1 Session	A. Monday, February 10	9:00-11:30am
	B. Monday, March 17	9:00-11:30am
	C. Friday, May 9	9:00-11:30am

Become proficient in file organization and maintenance. Manage your hard drive and organize and back up important document files. Create sub-folders or sub-directories to keep your documents, photos, and audio/video files organized. Perform standard maintenance routines. Be in control of your computer and have the knowledge and tools to recover from problems calmly and competently. Instructor: Deborah Chavez, MS in computer science.

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

Instructor Bio's are available online in the individual course descriptions.

KEYBOARDING SKILLS: Touch Typing*A Lunch-Hour Enrichment Class.*

5 Sessions A. Monday-Friday, March 31-April 4 12:00-1:00pm

Typing fast and accurately without looking at your hands is a muscle memory skill that takes practice and discipline to learn, but once you get it, you won't ever forget this skill. This class jump starts your learning curve, helps you develop good habits and shows you tricks to help you gain confidence and competence quickly. Instructor: Deborah Chavez, MS in computer science.

Resident: \$110 Non-resident: \$125

Wilton High School – Room 6

LINKEDIN: Get Set Up!

1 Session A. Thursday, February 20 7:00-9:00pm

B. Thursday, June 5 7:00-9:00pm

LinkedIn is the number one social media site for professional networking. Whether you're actively in a job search or simply interested in networking with other business professionals, the need for LinkedIn is calling you. This is a hands-on workshop that will help you get started; we'll take your photo, help you write your profile, get you focused on your purpose and viola! You'll have a professional online presence. Instructor: Pam Barnett, lead developer and trainer for Barnett Associates.

Resident: \$40 Non-resident: \$50

Wilton High School – Room 6

**LINKEDIN & NETWORKING: Advanced**

1 Session Thursday, March 6 7:00-9:00pm

It's time to leverage your LinkedIn account and profile! Learn to find and create new opportunities for your business or to advance your career. Learn to find sales prospects or prospective employers. Connect with and meet new prospects or industry professionals by using warm introductions. Join and network within LinkedIn Groups. Properly give and receive recommendations and endorsements. This class will help you to integrate your face to face and digital networking into one seamless and productive effort. Instructor: Sandra Long, networking and social media expert.

Resident: \$40 Non-resident: \$50

Wilton High School – Room 6

OUTLOOK 2013: Controlling Your Inbox, Appointment Schedule & Contacts

2 Sessions Tuesday & Wednesday, March 25 & 26 9:00-11:30am

Learn how to efficiently set-up your email inbox and manage email volume more effectively! Create primary and secondary email mailboxes, set-up folders and rules to help sort your mail, send messages with attachments, capture email addresses to create contact lists and distribution groups, set calendar appointments with reminders, backup your address book and sync with your smart phone. Instructor: Deborah Chavez, MS in computer science.

Resident: \$110 Non-resident: \$120

Wilton High School – Room 6

PC FUNDAMENTALS FOR THE VERY BEGINNER

2 Sessions A. Monday & Tuesday, February 3 & 4 9:00-11:30am

B. Monday & Tuesday, May 5 & 6 9:00-11:30am

Learn to use your computer with ease and confidence. Spend one day with the Windows Operating System and file management (saving and filing your work) and the second day on communication via email, commerce (shopping) and Web browsing for information. Discussion of security and privacy, and social media will conclude the class. Keep up and stay connected! Instructor: Deborah Chavez, MS in computer science.

Resident: \$110 Non-resident: \$120

Wilton High School – Room 6

PRESENTATION STRATEGIES: Prezi & PowerPoint

2 Sessions A. Tuesday & Wednesday, March 4 & 5 9:00-11:30am

B. Wednesday & Friday, May 21 & 23 9:00-11:30am

PowerPoint is the standard tool being used for presentations these days, but how many dreadfully dull and boring PowerPoint presentations have you suffered through lately? Used correctly, PowerPoint can be a very effective tool for communicating ideas and inspiring your audience. But PowerPoint is no longer the only tool out there: Prezi is the new presentation program on the block! Prezi is Web-based and organizes your ideas on a whiteboard or storyboard, and takes your audience on a 3-D journey using graphics and animation. It is the new, creative way to present your message and excite your audience. We will spend the 1st day working with PowerPoint and the 2nd day exploring the possibilities of Prezi. Instructor: Deborah Chavez, MS in computer science.

Resident: \$110 Non-resident: \$120

Wilton High School – Room 6



Please help us protect our students with allergies.

NO latex gloves or latex balloons are permitted in any Wilton Public School. Please call us at 834.7694 if you have any questions.

GET GOING WITH QUICKBOOKS

3 Sessions	A. Thursdays & Friday, February 6, 7 & 13	9:00-11:30am
	B. Tuesday, Wednesday & Monday, March 25, 26 & 31	7:00-9:30pm
	C. Mondays, May 5, 12 & 19	7:00-9:30pm

Expand your efficiency or learn how to get your business started with QuickBooks! QuickBooks is designed for small to medium sized businesses and is jam-packed with features to help you track your business' finances and save valuable time! At the end of this course, you will be familiar with company setup, lists, products and inventory, invoicing, accounts receivable, paying bills, online banking, sharing files with an accountant and running reports. This is a hands-on interactive course so bring your questions and ideas. Take this class and ready yourself and your business for tax season. Instructors: Pam Barnet, lead developer and trainer for Barnet Associates or Tom Olson, AIPB certified bookkeeper.

Resident: \$200 Non-resident: \$215

Wilton High School – Room 6

TABLETS: iPads - Convenience & Connection For The Very Beginner

Bring fully charged iPad and Apple ID and password.

1 Session	A. Friday, February 7	10:00am-12:00pm
	B. Friday, March 7	10:00am-12:00pm

Have a new Apple iPad or just updated your older model to the newest operating system (iOS7)? Bring it along and learn its new and updated features. Review much needed settings, such as larger and bolder text size, ringtones and volume for hearing impaired; use the FaceTime app for personal video communications with your family; use the Photos app for organizing photos and learn to download music. Review and discuss free popular apps for your enjoyment.

Resident: \$25 Non-resident: \$35

Comstock Senior Center

WEB SITE IN 2 NIGHTS

Prerequisite: Microsoft Word or equivalent and Internet basics.

2 Sessions	Monday & Tuesday, April 7 & 8	7:00-9:30pm
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Have you ever thought about creating your own Web site but weren't sure how to get started? Sign up now to build your site in two nights! You will create your very own Web site with WordPress.com and be able to edit your content anytime, 24/7, after our class! Bring to class:

1. The names of up to 5 pages you want to create, such as "About Us", "Our Products", "Photo Gallery", etc.
2. A flash disk with any of your own content you'd like to include such as images, a logo, and text.
3. Access to your email via the Web or a smartphone (you will need to validate your WordPress.com account via email).
4. OPTIONAL: A domain name in mind or already purchased (you can check if your domain is available at www.GoDaddy.com).

Instructor: Pam Barnet, lead developer and trainer for Barnet Associates.

Resident: \$150 Non-resident: \$160

Wilton High School – Room 6

WORD: Word For Work

2 Sessions	Tuesday & Wednesday, February 11 & 12	9:00-11:30am
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Familiarity with MS Word is an essential skill for professional and personal communication. This course covers the basics of creating, formatting and printing, as well as other important functions: setting margins, orientation, page numbers, indents, bulleted lists, tabs and tables, spell checker, thesaurus, grammar checker, help function, auto-text and auto-correct and more. Students will be ready to create professional looking letters, memos, resumes, and other documents. Instructor: Deborah Chavez, MS in computer science.

Resident: \$110 Non-resident: \$125

Wilton High School – Room 6

Did you know
PRIVATE LESSONS are available for individuals
or companies for both the PC and the Mac?
Call 203.834.7694 for further information.

Computers: Apple iDevices & Applications

For all of the iDevice classes, please bring your charged iPad/iPhone to class. NOTE: Please email three questions/topics at least one day PRIOR to class to your Instructor, Donald Gambino, computer consultant and trainer, at: Donald_Teacher@mac.com



APPLE'S NEW MOBILE OPERATING SYSTEM: iOS7 FUNDAMENTALS

1 Session	A. Thursday, February 6	7:00-9:30pm
	B. Tuesday, February 11	1:00-3:30pm

Did you upgrade to iOS7 and now can't find the commands you previously used? Come join us to get up to speed on all kinds of NEW handy features and techniques. Bring your charged iDevices.

Resident: \$25 Non-resident: \$35 Wilton High School – Room 6

APPS FUNDAMENTALS: For iPhone, iPad, iPod

1 Session	Wednesday, April 9	1:00-3:30pm
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See the best apps for art, books, business, education, entertainment, finance, games, healthcare & fitness, lifestyle, music, navigation, news & weather, productivity, reference, social networking, sports, travel, utilities, and just plain fun! Learn best places to search for great free apps and learn to search, rate, choose, install, manage, and sync your apps to your devices. If you are not making use of the App Store, then you are not using your device to the fullest.

Resident: \$25 Non-resident: \$35 Wilton High School – Room 6

iCLOUD FUNDAMENTALS

Note: It is highly recommended to take iPhone Essentials or iPad Fundamentals or have a basic understanding of all/any devices prior to taking this class.

2 Sessions	A. Fridays, April 4 & 11	1:00-3:30pm
	B. Thursdays, May 29 & June 5	7:00-9:30pm

In this lecture/demo class, you'll learn how Apple's iCloud seamlessly integrates your data, Photos, Contacts, iTunes, Apps, Books, Calendars across all your iDevices, Macs, or PCs. Update your content no matter which device you're using! Use it on one device – it automatically appears on the other(s)!

Resident: \$110 Non-resident: \$120 Wilton High School – Room 6

IPHONE ESSENTIALS: Say Hello!

2 Sessions	A. Fridays, March 7 & 21	1:00-3:30pm
	B. Thursdays, April 3 & 10	7:00-9:30pm

Are you merely using your iPhone as a phone? Integrate this amazing tool into your daily planning and communications! Understand the basic operations and enhanced features of the iPhone, including visual voicemail, conference calling, the calendar, mail, address book, iMessage text messaging, FaceTime for video calling, Safari to search the Web, iTunes for video, music and media and learn about other apps.

Resident: \$110 Non-resident: \$120 Wilton High School – Room 6

IPAD FUNDAMENTALS: Hands-On

2 Sessions	A. Tuesdays, March 11 & 18	1:00-3:30pm
	B. Thursdays, March 20 & 27	7:00-9:30pm

Have you made the leap into the power of the iPad, but don't have time to figure out all of its capabilities? Learn to maximize your productivity and have fun with your iPad's buttons. Learn correct swiping gestures, software settings, touch pad typing functions and email setup. Familiarize yourself with basic apps, surf the Web, share photos and more.

Resident: \$110 Non-resident: \$120 Wilton High School – Room 6

IPHONE CAMERA: Goodbye Digital Cameras...Hello iPhone! (See Page 9)

1 Session	A. Friday, March 28	1:00-3:30pm
	B. Thursday, May 1	7:00-9:30pm

Cuisine & Spirits

NEW!

ARTISAN BREADS & SWEET CAKES

2 Sessions Saturdays, February 1 & 8 9:00-11:30am
 There's nothing better than croissants, danish, coffee cake, breads and rolls, all fresh baked at home. Learn by hand how to create these classic yeast raised delicacies with an expert baker who will give you a thorough understanding of the processes that affect the finished product. Class will cover baking basics including ingredient functionality, formulating, mixing and make-up techniques. Food fee, payable to the instructor, is \$25.
 Resident: \$45 Non-resident: \$55 Wilton High School – Culinary Arts Room

NEW!

CHEESEMAKING: Beginner Soft Cheese

1 Session Friday, April 11 10:00-11:30am
 After you taste your first batch of fresh cheese, you'll never feel the same way about store-bought. It's easy to make your own simple soft cheeses. *Learn to make both traditional and infused Paneer, an Indian pressed cheese, delicious Mascapone, and a traditional Italian basket cheese.* Discover the difference between raw milk and pasteurized, explore the different types of equipment, the best ingredients to use and where to buy them and how to safely make, season and store your own artisan cheese. Materials fee, payable to the instructor, is \$5.
 Instructor: Carol Lake, organic farmer and cheesemaker.
 Resident: \$30 Non-resident: \$40 Trackside, 15 Station Road, Wilton

NEW!

COOKING WITH CHEF ALISON GRACE OF WILTON'S AMG CATERING: The Art of Good Food

2 Individual Sessions – Thursdays 6:30-8:30pm
 A. February 27 **Fish Cookery:** Poach Halibut with Thai Seasoning, Seer Scallops with an Aioli Dressing and Prepare Arctic Char. Food fee, payable to the instructor, is \$30.
 B. March 20 **Cocktail Party Appetizers:** Feta, Lemon & Chive Turnovers, Meatballs with Spicy Curry Peanut Sauce, Shaved Brussels Sprout Tartlet & Thai Chicken. Food fee, payable to the instructor, is \$20.
 Resident: \$50/Session Non-resident: \$60/Session AMG Catering, 196 Danbury Road, Wilton

CRAFT BEERS & ARTISAN CHEESE

1 Session Sunday, March 9 5:30-7:30pm
 Join the revolution! Beer is the new wine and it pairs perfectly with cheese. Explore a carefully selected menu of craft beers and artisanal cheese pairings at this popular tasting series. Class will kick off with a few small bites and a beer to go with them, and then guests will sit for a guided pairing with commentary—all questions welcome. Bring your appetite! A \$25 fee is payable to the instructor. Must be 21 years of age.
 Resident/Non-resident: \$20 No.109 Cheese Market, Ridgefield

NEW!

SEAFOOD MOUSSE & ELEGANT DESSERT MOUSSES: Cooking With Emilie Your French Chef

1 Session Friday, March 14 10:00am-12:00pm
 Dazzle everyone with these exceptionally light and mouth watering mousses. Learn the secret to making three delicate puffs; one filled with savory scallops one filled with sweet raspberries and another filled with chocolate! Food fee, payable to the instructor, is \$25.
 Resident: \$45 Non-resident: \$55 Trackside, 15 Station Road, Wilton

NEW!

MODERN FRENCH SAUCES: Cooking With Emilie Your French Chef

1 Session Monday, May 5 7:00-9:00pm
 Surprise your guests with a perfect mushroom sauce to accompany meat or poultry and a shrimp sauce to accompany seafood or shellfish. Chef Emilie will demonstrate how quick and easy it is to prepare these two delicious sauces. Food fee, payable to the instructor, is \$25.
 Resident: \$45 Non-resident: \$55 Middlebrook School – Room 148
 Back Canopy Entrance

NEW! **INDIAN STYLE COOKING WITH FISH, POULTRY & MEATS**

Learn basic cooking techniques and ingredients of healthy Indian regional cuisines, known for its unique flavors and aromas derived from subtle blends of many herbs and spices.

2 Individual Sessions – Kerala Style – Thursdays 7:00-9:00pm
 A. February 20 **Fish Stew** simmered in Coconut Milk with Malabar Ghee Rice and Asparagus/Okra Stir Fry.
 B. April 3 **Malabar Chicken Curry, Egg Curry, Masala Omelet** with Boiled Matta Rice.

Food fee, payable to the instructor, is \$20/session.

Resident: \$40/Session Non-resident: \$50/Session Middlebrook School – Room 148
 Back Canopy Entrance

NEW! **SWEETHEART CUPCAKES**

1 Session Monday, February 10 7:00-9:00pm
 Drive your sweetheart crazy! Join Trini Grissom of Southern Desserts to create the perfect cupcake for that special someone! Vanilla cupcakes with a pink butter cream frosting topped with a fondant heart. Each student will be provided with six cupcakes, a piping tip and two piping bags. All demonstrations will be done in class. Food and materials fee, payable to the instructor, is \$12.

Resident: \$25 Non-resident: \$35 Wilton High School – Culinary Arts Room

NEW! **SPRING TIME COOKIE DECORATING**

1 Session Monday, March 10 7:00-9:00pm
 Celebrate the arrival of spring with a fun time of cookie decorating. Chef Trini Grissom, owner of Southern Comfort Desserts will teach you how to pipe, flood and turn a delectable butter cookie into a work of art as you decorate beautiful butterflies, birds, flowers and much more. All demonstrations will be done in class. Space is limited ... don't wait 'til the last minute to come out of hibernation! Each student will be provided piping bags and tips as well as six different shaped cookies to decorate and take home. Food and materials fee, payable to the instructor, is \$12.

Resident: \$25 Non-resident: \$35 Wilton High School – Culinary Arts Room

VEGETARIAN INDIAN COOKING

2 Sessions Mondays, April 21 & 28 7:00-9:00pm
 Indian cuisine is well known for its original aromatic blend of spices and curries. This is a very flexible cooking style; often spices are used according to taste, not set in recipes. Using authentic Indian methods, you will prepare appetizers, main courses, desserts and chutneys. This is a hands-on class where every person participates. Each class will make enough for a dinner! Food fee, payable to the instructor at the first class, is \$20. Instructor: Shama Mital, a Wilton resident.

Resident: \$70 Non-resident: \$80 Middlebrook School – Room 148
 Back Canopy Entrance

NEW! **UNDERSTANDING WINE**

1 Session Wednesday, February 12 7:00-8:30pm
 Learn to distinguish the characteristic bouquets and taste of various *red grape varieties such as Pinot Noir, Tempranillo, Grenache, Syrah, Merlot, Cabernet Sauvignon* and the blends they inspire. At the conclusion of the course, participants will be able to talk "winespeak"... the language of wine. Six wines will be tasted. Our expert is Rick Eadie, wine enthusiast, collector and wine director at Vintage Fine Wines in Wilton. A \$20 fee is payable to the instructor. Must be 21 years of age.

Resident: \$20 Non-resident: \$30 Vintage Fine Wines
 142 Old Ridgefield Rd., Wilton

NEW! **WINES: The Art of Blending**

1 Session Wednesday, March 19 7:00-8:30pm
 Blend and taste 20 year old wines just like a winemaker would blend a new vintage. Blend Cabernet Sauvignon, Merlot and Cabernet Franc and learn how the different grapes influence the final blend. We will be blending wines from the world class 1992 Jarvis Winery Blending Kit. As a comparison, we will taste younger versions from California and Bordeaux. Our expert is Rick Eadie, wine enthusiast, collector and wine director at Vintage Fine Wines in Wilton. A \$25 fee is payable to the instructor. Must be 21 years of age.

Resident: \$20 Non-resident: \$30 Vintage Fine Wines
 142 Old Ridgefield Rd., Wilton

Instructor Bio's are available online in the individual course descriptions.

Dance

BALLROOM/LATIN: Beginner Basics

Learning the basics is as easy as 1, 2, 3... The Ballroom Magic Way.

8 Sessions Thursdays, February 6-April 3 7:00-8:00pm

This class will introduce the basics in the classic smooth dances – Foxtrot, Waltz, and Tango – as well as popular Latin/Rhythm dances—Rumba, Cha Cha, Mambo/Salsa, and Swing. All dances will be taught using methods that will enable students to retain what they have learned and enjoy their dance skills for years to come. Instructors: Robin & Ed Poska, owners and dance directors of Ballroom Magic.

Resident: \$185/couple Non-resident: \$200/couple Miller-Driscoll North Cafeteria – North Entrance

BALLROOM/LATIN: Intermediate

8 Sessions Thursdays, February 6-April 3 8:00-9:00pm

If your goal is to build on your current dance skills and take your dancing to the next level, this class is for you! By adding new steps along with tips on style and proper technique to your smooth dances – Foxtrot, Waltz, and Tango – as well as your Latin/Rhythm dances – Rumba, Cha Cha, Mambo/Salsa, and Swing... You will feel a whole new level of excitement on the dance floor. Instructors: Robin & Ed Poska, owners and dance directors of Ballroom Magic.

Resident: \$185/couple Non-resident: \$200/couple Miller-Driscoll North Cafeteria – North Entrance

INDIAN FOLK & BOLLYWOOD DANCE (See Page 18)

8 Sessions Wednesdays, February 12-April 2 6:45-7:45pm

Digital Imaging

Purchased a new digital camera or iPhone and don't want to read the manual? Or just need to brush up on the basics? The following digital camera classes will introduce you to your camera and start you on the right track to using, shooting, downloading, sharing – and enjoying your photos!

IPHONE CAMERA: Goodbye Digital Cameras...Hello iPhone!

Bring fully charged iPhone and Apple ID and password (if you have an existing account).

1 Session A. Friday, March 28 1:00-3:30pm
 B. Thursday, May 1 7:00-9:30pm

Why hassle with extra camera equipment when your iPhone takes great pix? Learn the best techniques for photo taking with the iPhone including special effects, editing, enhancing and post-processing to make photos look even better, then organize and share your photos and videos via special apps, Facebook, email, e-cards and other social media. Instructor: Donald Gambino, computer consultant & trainer.

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

HOW TO USE YOUR DIGITAL SLR CAMERA

4 Sessions Tuesdays, March 4-March 25 9:30-11:30am

Understand your digital camera operation and essential camera functions and receive an overview of the digital photographic process. An emphasis will be placed on how to shoot, evaluate, and adjust exposure while understanding the relationship between shutter speeds, f/stops and ISO. Learn to use the highlight over-exposure warning and histogram display screens to assure obtaining the best possible image quality for each shooting condition. This class will conclude with a demonstration of the digital workflow process: download, backup, edit and archive using Adobe Photoshop and Lightroom. Students should bring to class all their gear: camera, lenses, etc. and operating manuals.

Instructor: Lawrence Frank, internationally published lifestyle photographer and Wilton resident.

Resident: \$235 Non-resident: \$250 Studio of Lawrence Frank
 WCE will email directions.

PHOTOSHOP ELEMENTS

3 Sessions Wednesdays, January 29, February 5 & 12 6:30-9:00pm

If you've always desired to make your photos more professional looking, and do not wish to rent Photoshop (software is no longer sold), this class is for you. Whether you're a novice or a professional, Elements is an excellent program you can own for substantially less than \$100. Learn the basics to improving photos: adjusting color, removing red eye, cropping, working and creating layers, and adding special effects. We will discuss printing methods, types of papers, and the best printer to own. Instructor: Alan Weaver, computer software trainer.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 6



Please help us protect our students with allergies.
NO latex gloves or latex balloons are permitted in any Wilton Public School. Please call us at 834.7694 if you have any questions.

Finance, Business & Careers

Our instructors are hired to teach general concepts to groups of students, not to provide specific investment advice to individuals. Students should consult their own financial advisor and/or attorney before making any investment decisions based on specific examples used by our instructors in these courses.



CREATE YOUR NEXT CHAPTER

1 Session Tuesday, January 28 7:00-8:45pm

Are you changing careers or starting a business? Are you re-entering the workforce or leaving a company after many years? Discover how to re-brand yourself and actively network to support your transition or transformation. Learn how to select the right social media channels for your connecting, networking and continuous learning.

Instructor: Sandra Long.

Resident: \$25 Non-resident: \$35 Wilton High School

INNOVATIVE ADVERTISING THROUGH SOCIAL MEDIA

1 Session Tuesday, February 4 7:00-9:30pm

This lecture/hands-on class is ideal for the small business owner looking to learn ideas on marketing approaches using Social Media. Learn about advertising with Google, Facebook, LinkedIn and how the process works. We will highlight creative and current ways to get the word out about your business. Instructor: Pam Barnet.

Resident: \$30 Non-resident: \$40 Wilton High School – Room 6

COLLABORATIVE DIVORCE

1 Session Tuesday, February 18 7:00-9:00pm

Divorce is an extremely difficult time for most couples; the divorce process should not make the situation worse. There are alternatives. Collaborative divorce can bring honesty and integrity to the divorce process. Learn how this model works and how it differs from litigation and mediation. Review and discuss the Collaborative Divorce Agreement that is signed by the couple and their attorneys. Other items covered will be the possible use of other professionals to assist with issues related to children and finances. Instructors: Richard S. Gibbons, Former Chairman of the Collaborative Divorce Attorneys of Fairfield County and Elizabeth Edwards, member of the International Association of Collaborative Professionals.

Resident: \$25 Non-resident: \$35 Wilton High School – Room 150

GAINING FINANCIAL CONTROL OF YOUR DIVORCE

1 Session Tuesday, March 18 7:00-9:00pm

Learn how to successfully navigate your finances pre and post divorce. This course reviews sources of income, insurance and spousal support, different types of property, retirement accounts, social security and the short and long term effects of a settlement. Learn how all assets are not created equal and how taxes effect your settlement. Before you make any financial decisions regarding your divorce, become aware of potential pitfalls and learn smart questions you should be asking. Instructor: Brenda Catugno, President, BPC LLC, Financial Planning, Investment Advisory Services & Divorce Financial Analysis.

Resident: \$25 Non-resident: \$35 Wilton High School – Room 150

ESTATE PLANNING

2 Sessions Thursdays, April 24 & May 1 7:00-8:30pm

It's time to do this! This course is a detailed seminar on various estate planning techniques, with an emphasis on avoiding gift and estate taxes, avoiding probate and maximizing lifetime wealth. It is an in-depth review of federal and state tax laws, wills, trusts, living wills and trusts, and coordination of retirement and life insurance with estate planning. Case studies will be included and class participation is encouraged! Instructor: Attorney Mark Haranzo, Esq., a Partner in the Family and Business Group of Withers Bergman LLP in New York City.

Resident: \$50 Non-resident: \$60 Wilton High School – Room 150

INVESTMENT PLANNING FOR WOMEN

2 Sessions Tuesdays, April 22 & 29 7:00-9:00pm

This workshop will help you take charge of your financial life. You will be introduced to the basics of investing in stocks, bonds, cash equivalents and the concept of asset allocation. Become familiar with the vocabulary of investing and learn how to choose among the many investments available today. We will discuss the benefits and types of IRAs and annuities. Embrace the knowledge! Instructor: Brenda Catugno, President, BPC LLC, Financial Planning, Investment Advisory Services & Divorce Financial Analysis.

Resident: \$50 Non-resident: \$60 Wilton High School – Room 150

REAL ESTATE DEALS: Getting Great Deals In Difficult Times

1 Session Wednesday, April 2 7:00-9:00pm

There are some excellent deals in real estate! Rick Nathan is strictly a consumer advocate and is not a real estate agent and he will teach you how to get these great deals. Learn the pros and cons of foreclosures, short sales, rent with option to buy, owner financing and buying for no money down. Learn how to wisely buy investment property, primary homes, multi-families and vacation homes. Learn how to research property at the tax assessor's office, the county clerk's office and on the Web. Also, to be discussed is how to sell your home with or without a realtor. A \$20 materials fee (optional) is payable to the instructor.

Resident: \$30 Non-resident: \$40

Wilton High School – Room 150

SELLING ON eBAY

Prerequisite: Fluency using the Internet and email.

2 Sessions Mondays, March 3 & 10 7:15-8:45pm

B. Mondays, March 17 & 24 3:30-5:00pm

Whether you have an attic full of stuff you'd like to sell or want to start selling online, here's your chance to learn how. Find out how to be a successful seller. Learn to prepare eBay listings, communicate with prospective buyers, pack and ship items, collect payments, and deal with problems along the way. Students are encouraged to bring in items (no firearms/weapons) for selling suggestions. Students will be asked to put up live listings (on their own time and prior to the second session). During the second session, the class will learn the results of the listings and discuss what went right or wrong. Instructor: Russell Wayne, an investment professional with more than 2,000 online auction transactions over the last 15 years.

Resident: \$65 Non-resident: \$75

Wilton High School – Room 6

SOCIAL SECURITY PLANNING

2 Sessions Tuesdays, April 1 & 8 7:00-8:30pm

Thinking of your financial needs in retirement? It's never too early to learn how to best optimize your social security benefits. Discuss the biggest mistakes that a majority of soon-to-be retirees make when it comes to social security planning. Learn how timing plays a critical role in claiming your social security benefits, how to integrate social security with other sources of retirement income to combat inflation and longevity and how to best provide for your survivors financially. Instructors: Dave Ceponis and Chris Ceponis of Ceponis Financial Group in Wilton.

Resident: \$20 Non-resident: \$30

Wilton High School – Room 150

TAX PREPARATION: The Basics

2 Sessions Tuesdays, January 7 & 14 7:00-8:30pm

Preparing your personal taxes does not have to be stressful! In this lecture/demo class, learn what is needed to prepare this year's tax return. We will provide a road map for gathering and organizing your records to prepare your return. Using a tax preparation program (TurboTax) we will present the basics for preparing your tax return. Using a financial management program (Quicken) learn why it is important to manage and organize your finances, making future tax seasons as painless as possible. Instructor: Tom Olson, AIPB certified bookkeeper.

Resident: \$40 Non-resident: \$50

Wilton High School – Room 6

CURIOUS ABOUT VOICE-OVER?

1 Session Wednesday, March 5 7:00-9:00pm

Are you interested in audio books, cartoons, documentaries, commercials or Web site narration? This interactive, fun and highly educational class is eye (and ear) opening for those interested in voice-over. Learn about the voice-over industry, vocal training and marketing yourself as a voice talent, including information on recording a demo, trends, agents and production. Read commercial and narration voice-over copy and explore some of the techniques used by top voice-over pros. Is voice-over for you? Come and find out! Presented by Randye Kaye of Edge Studios.

Resident: \$40 Non-resident: \$50

Wilton High School – Room 150

Sign Up for Classes Now!

Class offerings
depend on
minimum enrollments.

Don't
take a chance
that your class may be
cancelled or filled.

ENROLL TODAY!

Instructor Bio's are available online in the individual course descriptions.

Fine Arts

CERAMICS ON THE WHEEL

8 Sessions Mondays, February 24-April 21 7:00-9:30pm
 Explore all things clay in our updated pottery studio! Open to beginners through advanced levels. Students will learn how to “center” clay on a wheel and throw a cylinder to make bowls, cups, bottles and vases. Advanced students can move toward throwing pieces that require assembly such as: lidded jars, pitchers and/or teapots. White earthenware clay is used. Share the joy and magic of clay. Wear washable clothes and bring your sense of humor. A materials and firing fee of \$85 is payable to the instructor at the first class. Instructor: Karen Ford, nationally recognized porcelain artisan.
 Resident: \$185 Non-resident: \$200 Wilton High School – Room 119D

DRAWING: I Can Draw (Daytime Class)

10 Sessions Thursdays, January 30-April 10 9:30-11:30am
 Martha Talburt will lead students, including those who have never drawn or haven't held an art pencil in hand since school days, through a series of exercises designed to successfully build drawing skills. Teaching the student how to “see” with an artist's eye, will heighten their experience and results. (The angel is in the details!) New exercises will be introduced each week and a handout provided, to enable students to build their own library for learning. Come to class with an 11x14 Biggie Sketch Pad, Nos 6B & 8B graphite pencils and a kneaded rubber eraser. Be prepared to have fun. Instructor: Martha Talburt, art teacher and portrait artist.
 Resident: \$185 Non-resident: \$200 Comstock Community Center – Art Room



BEGINNING PORTRAITURE (Daytime Class)

10 Sessions Thursdays, January 30-April 10 12:00-2:00pm
 As humans, we're hard-wired to respond to faces – this class will teach you how to draw them! Martha Talburt will bridge you from basic drawing skills to the more specific art of drawing portraits. Students study facial anatomy, from the skull outward - including facial features and their placement and how to create the effect of light and shadow on the face. Students learn to interpret photographs, as well as draw from live models. *For optimal enjoyment, it is recommended students have taken Martha's Basic Drawing class or have had some previous drawing classes or drawing experience.* A teaching handout will accompany each lesson. Come to class with an 11 x 14 Biggie sketch pad, Nos 6B and 8B graphite pencils and a kneaded eraser. Instructor: Martha Talburt, art teacher and portrait artist.
 Resident: \$185 Non-resident: \$200 Comstock Community Center – Art Room

OIL PAINTING & ACRYLICS (Daytime Class)

10 Sessions Tuesdays, January 28-April 1 10:00am-12:30pm
 Discover the technical basics of painting such as color value, perspective, composition and shadows. Participants will choose their own subject with the goal of achieving a beautiful finished painting with an emphasis on creativity. Come prepared for the first class with a sketchbook, pencil and a kneadum (gum) eraser. Instructor: Althea Ericsson, MFA.
 Resident: \$200 Non-resident: \$215 Comstock Community Center – Art Room

PYSANKY: Decorative Ukrainian Egg Painting (Daytime Class)

1 Session Saturday, March 29 9:00am-2:00pm
 Learn the ancient art of Ukrainian egg decorating called Pysanky. Get hands-on experience using the unique techniques needed to create these colorful masterpieces. Artist Liza Masalimova will show you how to use beeswax and dye to create gorgeous designs and colorful patterns on your eggs. Your Pysanky can be made into beautiful holiday ornaments, jewelry, glorious Easter baskets, and so much more! Designs can be personalized, and range from simple to detailed. Materials fee, payable to the instructor, is \$25.
 Resident: \$75 Non-resident: \$85 Wilton High School

24/7

register online at wiltoncontinuinged.org 24 hours a day!

We accept Visa & Mastercard

Hobbies & Crafts

NEW! COFFEE 'N CLAY

2 Sessions Fridays, February 28 & March 7 9:30-11:00am
 Kick back, sip your coffee (or teal), while creating a special vase, pitcher, decorative centerpiece, or sculpt a modern masterpiece ... Create a piece to boast about to family & friends. Class will experiment with different hand-building clay forms (pinch pots, coil, slabs & tiles), design, patterning, and color. All clay and glazes used are non-toxic. Firings will be done off-site at a clay studio. A materials and firing fee, payable to the instructor at the first class, is \$15. Instructor, Michelle Beyman, believes creating with clay is great for the mind, fingers, and soul!
 Resident: \$70 Non-resident: \$80 Trackside, 15 Station Road, Wilton

NEW! KNITTING FOR BEGINNERS

10 Sessions Fridays, January 31-April 11 9:30-11:30am
 Learn, at your own pace, in a relaxed atmosphere, the basic skills of knitting & purling, casting on and binding off. Students will receive needles and a skein of practice yarn to begin. When students are ready, they will choose a pattern & they will need to purchase their own materials for a simple project such as a scarf, cap, blanket or bag. Materials fee, payable to the instructor at the first class, is \$10. Instructor: Linda Fein, veteran teacher & knitter, has worked with students of all ages.
 Resident: \$150 Non-resident: \$165 Comstock Community Center

NEW! KNITTING: Intermediates

10 Sessions Tuesdays, February 4-April 8 6:45-8:45pm
 This class is for knitters who have already learned the basic skills of knitting & purling, casting on and binding off. Students will be taught how to tackle more challenging projects and will learn more advanced techniques including choosing an appropriate pattern & yarn, reading directions, and finding & fixing mistakes. Come share your skills and learn from other knitters. Students will bring their own supplies to class. Instructor: Linda Fein, veteran teacher & knitter, has worked with students of all ages.
 Resident: \$150 Non-resident: \$165 Middlebrook School - Media Center
 Back Canopy Entrance

Home & Garden

ADD BEAUTY TO YOUR HOME: Build A Stone Wall

1 Session Wednesday, March 5 7:30-8:30pm
 Back by popular demand ... Learn to build a stone wall just like the professionals! Bolton Tree & Landscaping of Wilton will share expertise about constructing stonewalls in this workshop. Stonewalls add beauty and value to your home! Hurry and sign up ... this is one of our most popular classes!
 Resident: \$15 Non-resident: \$25 Wilton High School – Room 150

NEW! DECK GARDENING (Daytime Class)

1 Session Monday, April 28 1:00-3:00pm
 Is winter produce leaving a flat taste in your mouth? Well then, spring into action and grow your own! If you have sun on a deck, stoop or terrace, you too can grow organic fruit and vegetables, and enjoy the tasty fruits of your labor. Come join us as we explore many gardening options, and take home a seeded pot to begin growing and enjoying your own summer harvest.
 Resident: \$25 Non-resident: \$35 Comstock Community Center

HOME, STAGED HOME (Daytime Class)

1 Session Tuesday, April 29 12:00-2:00pm
 Would you like to sell your home more quickly ... and at top dollar? Stage it! Differentiate your house from others on the market! Determine what needs to be done to optimize the appeal of your home to prospective buyers. Learn powerful techniques you can do yourself for a minimal investment. Enjoy a fun, interactive class!
 Instructor: Kathy Engstrom, owner of A Fresh Eye, LLC.
 Resident: \$20 Non-resident: \$30 Wilton High School – Room 6

NEW! ORGANIC RAISED BED GARDENING

2 Sessions Wednesdays, February 19 & 26 7:00-9:00pm
 Explore the many possibilities of raised beds from pots to plots. Learn to apply various organic elements and techniques including sheet composting, hugelkultur, biochar and other materials to enrich the soil. Discover strategies to adapt your garden to ever changing weather conditions along with seed starting basics. Build your garden large or small. Instructor: Carl Westerlund, Wilton community gardener, craftsman and innovator.
 Resident: \$50 Non-resident: \$60 Wilton High School

NEW! SAFE GARDEN PEST CONTROL

1 Session Saturday, April 26 11:00am-1:00pm
 Stop feeding unwanted guests in your garden. Learn the benefits of interplanting, crop rotation, mechanical protection and other strategies for garden success. Instructor: Carl Westerlund, Wilton community gardener, craftsman and innovator.
 Resident: \$25 Non-resident: \$35 Allen's Meadow Community Garden, Route 7

NEW! ROOM TRANSFORMATIONS (Daytime Class)

1 Session Tuesday, May 6 12:00-2:00pm
 Would you like your room to function better for you ... and look beautiful? Kathy will help you transform your room using furniture and accessories you already own! Bring pictures of the room you will be working on – from all angles – and a floor plan of each room (hand-drawn is fine). Time permitting, class will redesign up to 3-4 rooms.
 Instructor: Kathy Engstrom, owner of A Fresh Eye, LLC.
 Resident: \$25 Non-resident: \$35 Wilton High School – Room 6

TERRARIUMS: Create Your Own Secret Garden Under Glass (Daytime Class)

1 Session Wednesday, March 26 4:00-5:30pm
 Experience the joy and stress reducing benefits of small-scale glass container gardening. Learn the fundamentals of terrarium design and construction with an emphasis on personal creative expression. Participants will construct their own miniature garden using live house plants inside a glass container. A supply list will be emailed prior to class. An \$18 materials fee, payable to the instructor, includes plants, soil and gravel. Instructor: Susan Kelley, Graphic Designer.
 Resident: \$25 Non-resident: \$35 Wilton High School – Room 119D

Languages

NEW! FRENCH (Daytime & Evening Classes)

10 Sessions
 A. Friday, February 21- May 2 9:30-11:00am at Comstock Community Center
 B. Thursdays, February 6-April 24 7:00-8:30pm at Wilton High School
 Have you always dreamed of speaking French? Learn to speak French in a quick and easy way, in a friendly and practical environment, in just a few steps. This proven teaching method combines different successful techniques used by world renowned language companies. Bring your enthusiasm to learn to speak "La Langue de Victor Hugo" and we will give you the tools to start reading "Moliere". Materials fee, payable to the instructor, Karim Allam, at the first class, is \$10.
 Resident: \$160 Non-resident: \$175

ITALIAN: BEGINNER (Daytime Class)

10 Sessions Tuesdays, February 4-April 8 12:30-2:00pm
 Come and enjoy speaking Italian with us! In this highly interactive class, the emphasis will be placed on the common use of the spoken language. Cultural notes and a true immersion into Italian life will give you the full experience you need when traveling to Italy. An audio format of the materials will be made available for a fee of \$10, payable to the instructor, Edda Gusman, at the first class. The text is "Ultimate Italian, Beginner/Intermediate"(ISBN 978-1-4000-2110-3) and is available online through Amazon for an additional fee of \$15.
 Resident: \$160 Non-resident: \$175 Comstock Community Center

NEW! ITALIAN : Intermediate 1 (Daytime Class)

10 Sessions Wednesdays, January 29-April 2 11:30am-1:00pm
 Do you have some knowledge of the Italian language and/or have taken our beginner classes? Our focus will be to improve upon the fundamental elements of the Italian language. Students will expand vocabulary, "pratica ad alta voce" and improve comprehension through audio stories, music and videos about contemporary Italy. Materials fee, payable to the instructor, Edda Gusman, at the first class, is \$10. The text is Ultimate Italian, Beginner/Intermediate (ISBN 978-1-4000-0967-1) and is available online through Amazon for an additional fee of \$15.
 Resident: \$160 Non-resident: \$175 Comstock Community Center

ITALIAN: Advanced (Daytime Class)

10 Sessions Mondays, January 27-April 7 12:00-2:00pm

Come explore great Italian literature and expand your understanding of one of the most beautiful languages in the world. The superb storytelling of internationally renowned Italian writer Italo Calvino, his collection of short stories, "Marcovaldo" or "Season in the City," will provide a foundation for further studies and class discussion. An audio format of the materials will be made available for a fee of \$10, payable to the instructor, Edda Gusman, at the first class. The text is Ultimate Italian, Beginner/Intermediate (ISBN 978-1-4000-0967-1) and is available online through Amazon for an additional fee of \$15.

Resident: \$180 Non-resident: \$195

Comstock Community Center

**PARLIAMO ITALIANO!: Let's Speak Italian!**

10 Sessions Wednesdays, February 26-May 7 5:30-7:00pm

Whether your goal is to prepare for your vacation, reconnect with your heritage or for personal enrichment, you'll find this course both satisfying and effective. If you are simply looking for a unique, entertaining and enjoyable night out... you've found it! Join us. Materials fee, payable to the instructor, Edda Gusman, at the first class, is \$10. The text is Ultimate Italian, Beginner/Intermediate (ISBN 978-1-4000-2110-3) and is available online through Amazon for an additional fee of \$15.

Resident: \$160 Non-resident: \$175

Wilton High School-Room 150

SPANISH FOR ENJOYMENT: Introduction (Daytime Class)

12 Sessions Wednesdays, February 12-May 7 9:00-10:00am

New to the Spanish language or need a refresher? This class offers an introductory exposure to the ever-expanding use of Spanish. Emphasis will be on developing conversational skills, greeting people, shopping, dining out and travel. Aspects of Hispanic culture will be interwoven: family relationships, regional foods (just what is the origin of the word "Tapas?"), differences in Hispanic Universities, health-care, art and culture. The text is "Saludos". Instructor: Bob Dalury, certified in Spanish in the state of Connecticut.

Resident: \$135 Non-resident: \$150

Comstock Community Center

SPANISH: Intermediate (Daytime Class)

12 Sessions Wednesdays, February 12-May 7 10:15-11:15am

As the title of the textbook implies, "iRecuerdos!" offers a comprehensive review of basic Spanish while expanding vocabulary and building confidence in the use of the language. Discussions of current newspaper/magazine articles paired with activities in Spanish will further conversational skills. Instructor: Bob Dalury, certified in Spanish in the state of Connecticut.

Resident: \$135 Non-resident: \$150

Comstock Community Center

SPANISH: Conversation III (Daytime Class)

12 Sessions Wednesdays, February 12-May 7 10:30am-12:00pm

This course is for those who can carry on a conversation, need to improve their fluency and have a clear understanding of Spanish tenses. The conversations will cover a broad range of topics taken from current newspapers, CNN and BBC (en Espanol) and short stories and/or novels. The class will be entirely in Spanish. The two texts are "Conversacion y Controversia" and " La Pluma Magica". Materials fee, payable to the instructor at the first class, is \$10. Instructor: Lilly Dalury, founder and director of Instituto Cultural de las Americas.

Resident: \$215 Non-resident: \$230

Comstock Community Center

SPANISH CONVERSATION

8 Sessions Tuesdays, February 4-March 25 5:30-7:00pm

If you have a strong desire to converse and write in Spanish and have limited or no foundation in Spanish grammar, then this class is for you! Working in an informal and fun setting, in which everybody participates, we will discuss general topics of interest to enhance more robust conversation in the Spanish language. Workbook fee, payable to the instructor at the first class, is \$18. Handouts provided. Instructor: Carolina Quagliarello, Spanish teacher at Middlebrook School.

Resident: \$135 Non-resident: \$150

Middlebrook School – Back Canopy Entrance

Instructor Bio's are available online in the individual course descriptions.

Special Interests



ANNA KARENINA: The World of Tolstoy's Novel

4 Sessions Thursdays, January 30-February 20 10:00am-12:00pm

"Anna Karenina" has been called one of the world's great love stories and portrays a vivid portrait of ruling class life in Imperial Russia. We'll read Tolstoy's novel slowly. For each class you'll receive a list of questions that will guide you through the universe of moral, philosophic and symbolic riddles of the novel. We'll see how Tolstoy's idea of Russian life develops through dramatic collisions between people, their feelings, wishes and quests. In the last class, we'll discuss selected film adaptations. Students must purchase "Anna Karenina," edited by Richard Pevear and Larisa Volokhonsky. Instructor: Mariana Bolgova, Ph.D.

Resident: \$65 Non-resident: \$80

Comstock Community Center

BASIC ASTROLOGY

2 Sessions Wednesdays, May 7 & 14 7:00-9:00pm

So, what's your sign? Learn why there's more to you than the sign you were born under. Examine how a sign's element (fire, earth, air, water) determines compatibility with another. The three most important points in any astrology chart will be revealed. Discover why birth location and time are so important to a chart and why you can't use just your birth date. Daily horoscopes can't be accurate for millions of people because we're all individuals. Bring your full birth date (yes, the year), birth location (town, state, country), and accurate birth time. (Look on your birth certificate.) Web sites, astrology software, apps and suggested reading list will be discussed. Each participant will receive a mini reading and personal chart. Materials fee, payable to the instructor at the first class, is \$5. Instructor: Nancy Powell, astrologer.

Resident: \$50 Non-resident: \$60

Wilton High School-Room 6

ePUBLISHING: How To Publish & Promote Your eBook (See Page 3)

1 Session Saturday, March 22 10:00am-12:00pm

THE LEGACY OF YOUR LIFE: How To Begin It, How To Create It

1 Session Tuesday, April 22 7:00-9:00pm

Your life is a work of art. The Legacy Project USA helps people discover the truth of this statement. Learn the steps you will need to take to create your personalized Legacy which will live on for many generations. The components of a Legacy Project can be audio/video interviews, photo documentary books, authored books and/or a family song. Learn to organize yourself to create a truly memorable Legacy and begin to answer the questions that will inspire you to tell more of your story. Instructors: Rozanne Gates and Suzanne Sheridan, founders of The Legacy Project, USA.

Resident: \$25 Non-resident: \$35

Wilton High School-Room 6

MEMOIR & PERSONAL ESSAY WRITING: Writing Your Life Stories (Daytime Class)

4 Sessions Tuesdays, February 25 & March 4-18 12:30-2:30pm

Everyone has a story to tell. Is it time to tell yours? Whether you seek to write short personal essays or a full-length memoir, in this class you'll learn the most engaging ways to tell your life stories using the finesse of fiction. We'll focus on applying such elements as character, plot, description, and dialogue. Each class will begin with a writing craft lecture using contemporary examples from best-selling memoirs. The balance of the class will be comprised of collaborative feedback on the work of classmates. This class is designed for beginner and intermediate writers as well as repeat students. Instructor: Marcelle Soviero, author of An Iridescent Life.

Resident: \$165 Non-resident: \$180

Trackside, 15 Station Road, Wilton

**Look for our sign at the
Middlebrook School
driveway on School Road.**

Once you are in
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Back Canopy Entrance.



Sports, Fitness & Recreation



AMERICA'S BOATING COURSE

7 Sessions Mondays, February 24-April 7 7:00-9:30pm

If you operate a boat in Connecticut waters, America's Boating Course teaches basic boating and safety and will qualify you for CT's required Safe Boating Certificate for boats and jet skis. Topics will include life jackets, fire safety, distress signals, operator duties, regulations, fueling, navigation, buoys, lights and environmental rules. See <http://goo.gl/Cnfjpp> for CT details. A \$60 certificate/materials fee is payable to the instructor at the first class (includes a 6 month membership in the United States Power Squadrons.)

Resident: \$25 Non-resident: \$35 Wilton High School

BICYCLE MAINTENANCE & INSPECTION

1 Session Tuesday, April 29 7:00-9:00pm

The Outdoor Sports Center will be the location for this very popular bicycle maintenance clinic. Learn to change a tire, fix a flat, and make basic adjustments to gears, brakes and wheels as well as other necessary maintenance. No bikes, please! Instructor: Mike Conlan, USCF licensed mechanic and former USCF elite coach.

Resident: \$25 Non-resident: \$35 Outdoor Sports Center
80 Danbury Road, Wilton

BIKRAM YOGA: Modified Heat (Daytime Class)

4 Sessions A. Saturdays, February 1-March 1 11:30am-12:30pm
B. Saturdays, March 15-April 5 11:30am-12:30pm

Is the high heat of Bikram Yoga keeping you from trying it? Get started with a slower pace & lower heat! You will be introduced to Bikram's two breathing exercises and 26 poses. Pose modifications will be covered. Completion of this series will adequately prepare most students for attending the ongoing Bikram Yoga classes. Information on hydration and nutrition will be included. Instructor: Maritza Johnson, founder of Bikram Yoga Ridgefield.

Resident/Non-resident: \$80 Bikram Yoga Ridgefield
609 Main Street, Ridgefield

BIKRAM HOT YOGA

8 Sessions Scheduled at your convenience.

Personalize your class schedule! Come to any 8 classes and feel cleansed and energized! (Limited to 8 Sundays and/or evening classes during our Winter/Spring semester. Students will receive a class card.) Bikram's Yoga Class, is a 90 minute sequence of 26 postures and two breathing exercises suitable for all levels of ability. This sequence is practiced in a heated room (105°) to warm the muscles, prevent injury, allow for a deeper workout and flush the body of toxins. Students with any pre-existing health condition should see their medical doctor for clearance. Class passes expire May 2014. Instructor: Maritza Johnson, founder of Bikram Yoga Ridgefield.

Resident/Non-resident: \$130 Bikram Yoga Ridgefield
609 Main Street, Ridgefield



GOLF

8 Sessions Fridays, February 7-April 4 10:00-11:15am

Learn the fundamentals of golf at an advanced performance center. Master swing fundamentals such as set up and posture, rotation and weight shift, as well as, chipping, pitching and putting techniques. Feedback systems, like a 3-D motion system, golf simulator and video system, will be used to enhance your learning. Basic golf rules and etiquette will be discussed to help you comfortably transition to the golf course. All levels are welcome as instruction will be tailored to the individual needs.

Resident/Non-resident: \$240 The Golf Performance Center
824 Ethan Allen Hwy, Ridgefield

INDIAN FOLK & BOLLYWOOD DANCE

8 Sessions Wednesdays, February 12-April 2 6:45-7:45pm

This high energy dance workout, similar to Zumba, is a serious workout that doesn't feel like work, with renowned Indian music and dances you may have seen in Bollywood movies. Not only will you get in shape, but you will learn culturally new music and body movements that targets cardio with the power to burn between 500 – 900 calories in one hour! Instructor: Nirmala Ramaraja, trained in Indian classical dance and Bollywood dance.

Resident: \$80 Non-resident: \$95 Miller-Driscoll Small Gym – South Entrance

INDOOR TENNIS: At Four Seasons Tennis Club

6 Sessions Sundays, February 23-March 30

BEGINNER 4:00-5:00pm

ADVANCED BEGINNER/LOW INTERMEDIATE 5:00-6:00pm

INTERMEDIATE/HIGH INTERMEDIATE 6:00-7:00pm

This is an opportunity for beginner, advanced beginner & intermediate students to play indoors at this beautiful facility.
Resident: \$150/Session Non-resident: \$165/Session

OUTDOOR TENNIS: All Levels (Day & Evening Classes)

6 Sessions

BEGINNER: emphasis will be placed on basic stroke development, fundamentals of grip, footwork, proper swings and movement on the court.

Tuesdays, April 22-May 27 7:00-8:00pm

Sundays, April 27-June 8 2:00-3:00pm

ADVANCED BEGINNER/LOW INTERMEDIATE: emphasis will be placed on effective stroke production with a concentration on control and consistency. Overheads, return of serve and lobs will be introduced.

Tuesdays, April 22-May 27 8:00-9:00pm

Wednesdays, April 23-May 28 7:00-8:00pm

Sundays, April 27-June 8 3:00-4:00pm

INTERMEDIATE: designed for players 3.5 and above. Advanced drills will concentrate on singles and doubles strategy.

Wednesdays, April 23-May 28 8:00-9:00pm

Sundays, April 27-June 8 4:00-5:00pm

Instructor: Glen Englander, tennis professional at Four Seasons Racquet Club.

Resident: \$120/Session Non-resident: \$135/Session Outdoor Tennis Courts, Route 7

YOGA FOR BODY, BREATH AND MIND

8 Sessions A. Thursdays, February 6-April 3 9:15-10:30am

B. Thursdays, April 10-June 5 9:15-10:30am

Yoga is the practice of balance, strength and breath in action. Each class will introduce a series of progressive postures that build a sturdy and aligned body and a compassionate mind. Be prepared to sweat, stretch and strengthen! Classes are challenging and fun! Bring an open mind and fearless heart! Rid yourself of old aches and pains and develop a graceful, supple body and peaceful mind! Instructor: Valerie Rich.

Resident: \$125 Non-resident: \$140 Trackside, 15 Station Road, Wilton

ZUMBA®: Tuesday Morning Workout At Conservatory of Dance With Lindy

8 Sessions A. Tuesdays, February 18-April 22 9:15-10:15am

4 Sessions B. Sundays, January 26-February 23 11:30am-12:30pm

4 Sessions C. Tuesdays, April 29-May 20 9:15-10:15am

Are you ready to party yourself into shape? Forget the workout; just lose yourself in the music! Zumba® classes feature exotic rhythms set to high-energy Latin and international beats. The simple choreography is derived from dances like the Salsa, Merengue, Soca, Cha-Cha, Hip-Hop and Reggaeton to name a few. Before you know it, you'll be getting fit and your energy levels will be soaring! Zumba routines incorporate interval training, alternating fast and slow rhythms and resistance training. You do not need to be able to dance well to reap the benefits of a Zumba® class. What are you waiting for? It's time to JOIN THE PARTY! Visit Lindy's Webpage: zumbaridgefield.com or her Facebook page: zumbaridgefield.

Resident: \$110/8 Sessions Non-resident: \$125/8 Sessions Conservatory of Dance
Resident: \$55/4 Sessions Non-resident: \$70/4 Sessions 151 Old Ridgefield Road, Wilton

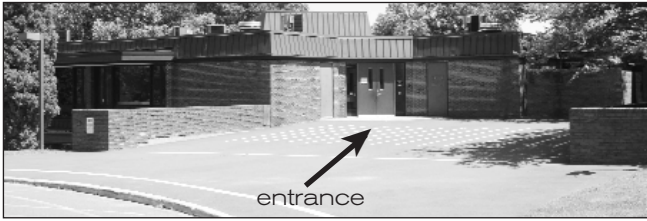
Wilton Continuing Education will not be held on:
 Monday, January 20 • Friday, February 14
 Monday, February 17
 Monday through Friday, April 14 through 18
 Monday, May 26

Registration Begins January 3, 2014
Classes Begin January 7 • Classes End June 5

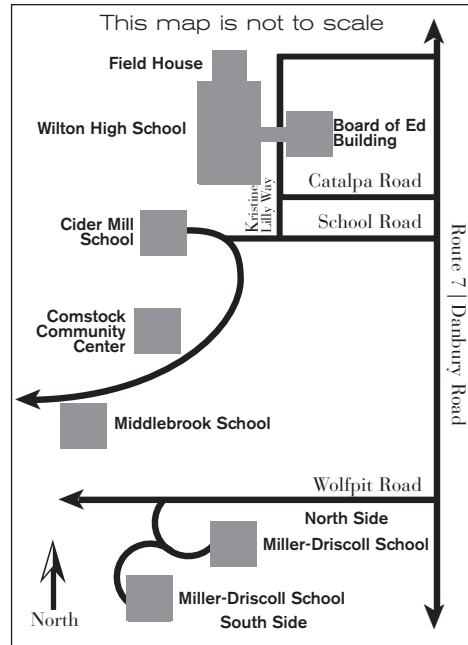
Instructors will present individual class schedules at their first session.



Miller-Driscoll School: 336 Belden Hill Road
South Entrance



Miller-Driscoll School: 217 Wolfpit Road
North Entrance



Register Online: www.wiltoncontinuinged.org

Online: www.wiltoncontinuinged.org seven days a week twenty-four hours a day 24/7 access	Mail: Mail this registration form to: Wilton Continuing Education Box 277 Wilton, CT 06897	Phone or Fax: Telephone: 203.834.7694 M-F 8:30 a.m. to 4:00 p.m. Fax: 203.834.7697 24/7
MasterCard Visa	Check MasterCard Visa	MasterCard Visa

- Payment or credit card information must accompany registration. Registrations received without payment or credit card information will not be processed.
- We do not send enrollment confirmations for mail, phone, or fax registrations.
- If your class is cancelled or postponed, we will contact you.
- **Please use a separate form for each individual. Duplicate this form as necessary.**
- **Please include the \$10 registration fee (\$5 for Wilton Senior Citizens).**

Name _____ Date _____

Street _____ City _____ State _____ Zip _____

Email _____ Phone _____ Fax _____

If you are a Wilton resident, are you 62 years or older? yes no Date of Birth _____

Additional courses you would take if offered _____

Time	Dates	Course Title	Fee

	Registration Fee	\$
	Total Fees	\$

Check (Make checks payable to Town of Wilton)
 Money Order **MasterCard** **Visa** Credit Card # _____ Exp. Date _____ 3-Digit Code _____

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allows your child to enjoy a seamless transition
between school and fun.



the fun side is...
the inside, outside
before & after
fun at school advantage
for your child :-)

PreSchool
Extended Day Programs

7:00 to 9:00 a.m.
3:30 to 5:30 p.m.

Miller-Driscoll

Before & After School
Extended Day Programs
7:00 to 9:00 a.m.
3:30 to 6:30 p.m.

Cider Mill

After School
Extended Day Program
2:15 to 6:30 p.m.

Drop-ins welcome! It's never too late to sign up. Inquire about our Drop-In 5 Pass!

Learn more about our extended day and enrichment programs at
www.wiltoncontinuinged.org