

# Learn.

What's new to you?

Color your world  
digitally and traditionally.

Fall 2013

Register online at [wiltoncontinuinged.org](http://wiltoncontinuinged.org)

Wilton Continuing Education

# Wilton Continuing Education: Fall 2013 Courses

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### Board of Education Members

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*The Wilton Continuing Education Program does not discriminate in employment or in educational opportunities on the basis of sex, handicap, race, color, creed, religion, national origin, ancestry, or marital status.*

Cover Art by Erin Jenkins, Artist  
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**Wilton Continuing Education:** Dolores Tufariello, Coordinator  
Emily Dowden, Doreen Esposito & Lorraine Anagnost  
Assistants to the Coordinator

**Office:** Wilton High School, 395 Danbury Road, Wilton, CT 06897 (Room #3)

**Web site:** [www.wiltoncontinuinged.org](http://www.wiltoncontinuinged.org)

**Telephone:** 203.834.7694 | **Fax:** 203.834.7697

Welcome to the Fall 2013 Wilton Continuing Education catalog of classes. Color your world digitally and traditionally! See you in class...

- Dolores Tufariello

### Registration:

**Online:** [www.wiltoncontinuinged.org](http://www.wiltoncontinuinged.org).

**Phone:** 203.834.7694, Monday – Friday 8:30 a.m. - 4:00 p.m.

**Fax:** 203.834.7697 (use form on inside back cover)

A \$10 Registration fee is payable once per semester; \$5\* for Wilton Seniors. Payment in the form of check/money order, Visa or MasterCard must accompany registration.

Registration fees are non-refundable unless WCE cancels a class.

Enrollment confirmation will be sent via email. If your class is cancelled or postponed, we will contact you by email.

- Please add [wiltoncontinuinged.org](http://wiltoncontinuinged.org) to your safe senders list.
- The Wilton Continuing Education Program welcomes all adults, 18 years and older.
- All Wilton Public School facilities are accessible for persons with physical disabilities.

### Refund Policy

If a student withdraws before the course start date, she/he will be given a program credit less a \$20 withdrawal fee per class. Material/food fees when included in the class fee are not refundable.

### Emergency Cancellations

WCE classes are automatically cancelled when there is a weather or other emergency. Closing notifications will be sent via email. Check your email for a detailed message from our office and/or WFSB-TV, Channel 3.

### Wilton Senior Citizens

Wilton Senior Citizens, 62 years of age or older, may take up to 2 senior-discount designated courses free of charge, when such classes are not fully booked (except off-site classes, computer, Ed2Go, golf & ballroom dance lessons, tarot and weight loss/nutrition classes).

\*Wilton senior citizens pay a discounted registration fee of \$5 per semester.

Please call our office one week prior to the class start date to check on senior registration availability.



Please help us protect our students with allergies. **NO** latex gloves or latex balloons are permitted in any Wilton Public School. Please call us at 203.834.7694 if you have any questions.

## College Planning & Driver Education

### COLLEGE ADMISSIONS BOOTCAMP

6 Sessions Saturdays, September 7-October 26 12:30-2:30pm

Get a head start to the complex college admissions process! Identify best-fit institutions based on your unique criteria and create your college selection list, write a thoughtful Common Application Personal Essay highlighting your true essence, draft two additional Supplemental Essays, formulate college applications' timetables, schedule college visits/interviews, and identify potential college majors through the use of interest/personality inventories such as the Holland Self-Directed Search and the Myers-Briggs Type Indicator. Put your absolute best-foot forward and be well-organized during college applications season! This exceptional opportunity is ideal for high school sophomores and juniors. Each student will receive the Occupational Outlook Handbook. Instructor: Thalia Thompson, M.S., has over 25 years of experience providing academic planning, career counseling, and college admissions assistance to thousands of college students at The City University of New York and is a member of the American Counseling Association and the Independent Educational Consultants Association.

Students will receive unlimited, free, phone/email consultation for *1 year* with instructor.

Resident: \$395 Non-Resident: \$410 Wilton High School

NEW!

### COLLEGE ADMISSIONS PRIVATE CONSULTATION

1 Session Scheduled at your convenience.

Academic planning/career counseling and expert college admissions guidance is at the heart of this intensive 2-hour, individualized session. Thalia Thompson, M.S., I.E.C. has over 25 years of experience in college counseling. We will pinpoint your main areas of concern and articulate a clear, concise path through the use of interest inventories, questionnaires, and an interview. Resources will be provided to assist you in this step-by-step process, saving you time and money. Students will receive free phone/email follow-up for up to *3 months* after the session.

Resident: \$240 Non-resident: \$255 Wilton High School

NEW!

### INTERNSHIPS 101

1 Session Tuesday, October 22 7:00-8:30pm

Internships during college are increasingly important to help a graduate land a position in their chosen field. This seminar is designed for college students and/or parents interested in learning necessary job search skills and resources. Learn what you can expect from your college and how to optimize the experience as a freshman, sophomore, junior and senior. Discover what skills employers are looking for from their interns and new graduates. Learn how and when interns are recruited from large corporations, non-profits and small businesses. Instructor: Sandra Long, president of My Intern Coach LLC, is an independent coach, writer and career blogger.

Resident: \$30 Non-resident: \$40 Wilton High School

### FALL PSAT/SAT PREP

7 Sessions Saturdays, September 7-October 26 9:30am-12:00pm

The PSAT/NMSQT Test is an opportunity for students to gain National Merit recognition and scholarships. This course is intended for students entering their sophomore or junior year and who are good at multiple choice tests. In 2013, the PSAT/NMSQT will be administered on Saturday, October 19. This course is also open to seniors who will be taking the SAT during the Fall on October 5 - no classes scheduled 10/5 & 19. Each student will receive The Official SAT Study Guide by The College Board. Instructors: Stephen Bell and Christian Willaum, experienced high school teachers who have provided PSAT and SAT instruction since 1999.

Resident: \$400 Non-resident: \$400 Wilton High School

### All-Star Driver: Driver Education for Students

Call 800-732-8090 or visit [www.all-stardriver.com/wiltonhs](http://www.all-stardriver.com/wiltonhs) to learn more and get started.

# 24/7

register online at [wiltoncontinuinged.org](http://wiltoncontinuinged.org) 24 hours a day!

We accept Visa & Mastercard

## Computers

Our popular DAYTIME & EVENING computer classes are limited to 6 students. Each student will have a computer to use. Instruction in this small setting is attentive to the individual.

**Instruction in Microsoft Office classes will focus on Office 2013 & both Windows 7 & 8**

### A Guide to Computer Classes for the PC & Mobile Devices

Jumpstart your job skills with *Essential Computer Skills for Today's Office: Microsoft Office 2013*

<b>If you need:</b> .....	<b>Take:</b>
Typing Skills .....	Keyboarding
Basic Computer Skills .....	PC Fundamentals, File Management, Windows (8) Laptop Intro, Tablets
Office Computer Skills .....	Essential Computer Skills For Today's Office: Microsoft Office 2013
Travel Information .....	iTravel Planning: Apps To See The World
<b>If you have:</b> .....	<b>Take:</b>
A Droid® .....	Droid®: In Detail
An iPad .....	iPad Fundamentals, iPad Photo Management, iTravel Planning
An iPhone .....	iPhone Essentials, and courses designed for iPads
A Tablet .....	Tablets: Convenience & Connection
<b>If you want to learn:</b> .....	<b>Take:</b>
Digital Imaging .....	iPhone Camera, iPhone Photography, iPad Photo Management, How To Use Your Digital SLR Camera, Photoshop Elements
Email, Contacts/Calendar Management ..	Outlook, PC Fundamentals, Droid®: In Detail, iPhone Essentials, iPad Fundamentals
Blogging .....	Build Your Own Blog
Budgeting .....	QuickBooks
Designing A Web Page .....	Web Site In Two Nights, Creating A Web Site, or Private Lessons
ePublishing for eBooks .....	ePublishing: How to Publish & Promote Your eBook
Presentations .....	Presentation Strategies
Social Networking .....	Build Your Own Blog, Facebook, LinkedIn
Spreadsheets .....	Excel/Advanced Excel & Macros
Relational Database .....	Access
Creating Brochures/Newsletters .....	Publisher
Word Processing Documents .....	Word For Work
<b>If you want to update:</b> .....	<b>Take:</b>
Your Business Strategies .....	Innovative Advertising Through Social Media

**A Word on Prerequisites:** It is essential, and assumed by our instructors, that students meet the prerequisites for courses, so they will not fall behind or slow down other students. **See course descriptions for prerequisites.**

## Did you know PRIVATE LESSONS are available for individuals or companies for all software applications?

Call our office at 203.834.7694 for pricing and prerequisites.

To enhance learning, the following software applications are presented in private lesson format only:

- ADOBE DREAMWEAVER: Design and publish a Web site from scratch.
- CSS (Cascading Style Sheets) BASICS: Customize and standardize the look and feel of your Web site.
- ECOMMERCE & YOUR WEB SITE: Transact purchases virtually whether you are an already established business or just starting out.
- HTML FUNDAMENTALS: Learn the fundamentals needed to build Web pages.
- MICROSOFT ACCESS DATABASE: Create and use a relational database.
- SALESFORCE.COM STRATEGIES: Learn strategies to make every employee more productive, help sales reps close more business, increase marketing power and customer service, and significantly decrease IT expenditures.
- SQL (Structured Query Language) DATABASE DESIGN: Learn this database language.

### ESSENTIAL COMPUTER SKILLS FOR TODAY'S WORKPLACE:

#### Microsoft Office 2013 Workshop

4 Sessions	A. Monday-Thursday, September 23-26	9:00-11:30am
	B. Monday, Wednesday-Friday, November 4, 6, 7 & 8	9:00-11:30am
	C. Monday-Thursday, December 2-5	9:00-11:30am

Focus on the 4 most important computer skills for the workplace: Word, Excel, Outlook and Windows File Management. This course is a quick and easy way to jumpstart your job skills to expand your prospects. Instructor: Deborah Chavez, MS in computer science.

Resident: \$235 Non-resident: \$250

Wilton High School – Room 6



#### WINDOWS (8) Laptop Intro: Microsoft

*Prerequisite: Bring Microsoft account information.*

1 Session	A. Tuesday, September 3	7:00-9:30pm
	B. Wednesday, September 18	9:00-11:30am
	C. Tuesday, October 22	7:00-9:30pm
	D. Thursday, October 31	9:00-11:30am

Windows 8 is Microsoft's new platform for computing. If you've recently purchased a Windows 8 laptop (or considering one), this class will help you adapt to its many useful functions. Explore and customize the new tiled interface, learn new ways to launch, minimize and close programs, and have fun with some Windows 8 apps. If your laptop has a touch screen, you will find Windows 8 to be similar to a tablet or smart phone. If you use a mouse we will discover keyboard shortcuts. Bring your fully charged laptop or Surface Tablet to class. Don't have one yet? Call our office to reserve one. Instructors: Pam Barnet, Deborah Chavez or Alan Weaver.

Resident: \$55 Non-resident: \$65

Wilton High School – Room 6

#### BUILD YOUR OWN BLOG WITH WORDPRESS.COM

*Prerequisite: Microsoft Word or equivalent and Internet basics.*

1 Session	Wednesday, September 11	7:00-9:30pm
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Interested in blogging or using a blog to develop more business? Learn how to use the free tool WordPress.com to build and maintain your blog. WordPress.com has many powerful capabilities beyond blogging. Let us show you the possibilities! Instructor: Pam Barnet, lead developer and trainer for Barnet Associates.

Resident: \$75 Non-resident: \$85

Wilton High School – Room 6

NEW!

**CREATING A WEB SITE***Prerequisite: Microsoft Word or equivalent and Internet basics.*

3 Sessions      Fridays, September 20, 27 &amp; October 4      9:00am-12:00pm

Using Microsoft Expression (available as freeware), students will have complete creative control over designing and hosting their Web site. Sites will include links, forms and graphics to provide visual impact. Work with tables to position text and graphics, edit HTML code and learn how to add Google Analytics to view and analyze Web site traffic. Optional: Students can choose to reserve a domain name and obtain hosting for their Web site which will be discussed in class. Instructor: Alan Weaver, computer software trainer.

Resident: \$200    Non-resident: \$215

Wilton High School – Room 6

**DROID®: In Detail**

1 Session      Monday, November 11      7:00-9:00pm

Learn shortcuts and tips on how best to use the Droid®. Email, SMS text, MMS messages, contacts, Web browsing, phone, calendar, camera, GPS and more! Bring your Droid® phone or any phone with the Android interface. Instructor: Pam Barnet, lead developer and trainer for Barnet Associates.

Resident: \$50    Non-resident: \$60

Wilton High School – Room 6

**ePUBLISHING: How To Publish & Promote Your eBook**

1 Session      Saturday, October 26      10:00am-12:00pm

There's a world of opportunity for independent authors to publish and promote ebooks online with distribution through Amazon.com and others. ePublishing or digital publishing is the way to publish and it's here to stay! If you have a non-fiction book, novel, memoir, recipe/poetry/essay collection inside you – or hovering in a desk drawer, try this! In this 2-hour seminar, you'll learn the steps of the ebook publishing process – from saleable idea and manuscript to publishing and promotion – from a writer's perspective and personal experience. Materials fee, payable to the instructor is \$5. Instructor: Sandra Gordon, author of eBook, *50+ Ways to Save Big on Baby Gear*, plus eight other books for consumers.

Resident: \$60    Non-resident: \$70

Wilton High School – Room 6

**EXCEL 2013: Introduction To Spreadsheets**

2 Sessions      A. Mondays, September 16 & 23      7:00-9:30pm  
                          B. Monday & Tuesday, September 30 & October 1      9:00-11:30am  
                          C. Monday & Tuesday, November 11 & 12      9:00-11:30am  
                          D. Monday & Tuesday, December 9 & 10      9:00-11:30am

Learn to make all your mathematical, financial, computational work quick and accurate, and keep your data records ready for analysis. After learning how to create and update worksheets with formulas using relative and absolute values, we focus on design and formatting techniques, layout considerations for digital and print versions of your data, and navigation, search and sort techniques for large, multi-sheet workbooks. Instructors: Pam Barnet or Deborah Chavez.

Resident: \$125    Non-resident: \$135

Wilton High School – Room 6

**EXCEL 2013: Advanced Spreadsheet Functions & Macros***Prerequisite: Excel Introduction or equivalent.*

3 Sessions      Mondays &amp; Wednesday, September 30, October 2 &amp; 7      7:00-9:30pm

Learn to customize toolbars, create styles and templates, create decision-making functions, analyze worksheet data by creating pivot tables and compare and contrast workbook files and file links. Learn to outline and consolidate worksheets, analyze data using the Scenario Manager, display and protect worksheet data by locking cells, create and modify macros using Visual Basic Editor and create and work with interactive Web documents. Book included. Instructor: Pam Barnet, lead developer and trainer for Barnet Associates.

Resident: \$200    Non-resident: \$215

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Please help us protect our students with allergies.

**NO** latex gloves or latex balloons are permitted in any Wilton Public School. Please call us at 834.7694 if you have any questions.

**FACEBOOK 101***Bring Facebook ID and password (if you have an existing account).*

1 Session	A. Monday, October 28	9:00-11:30am
	B. Thursday, December 12	9:00-11:30am

This hands-on workshop will help students set up a new Facebook account or enhance an existing one. We'll take photos, create profiles, connect to and invite friends or colleagues, add pictures and comments to their wall and post status updates. Learn to control your account and privacy settings. All students will leave class having an online presence. Instructor: Deborah Chavez, MS in computer science.

Resident: \$55 Non-resident: \$65

Wilton High School – Room 6

**FILE MANAGEMENT: Organization, Backup & Preventative Maintenance***Prerequisite: Microsoft Windows or basic knowledge.*

1 Session	A. Wednesday, October 2	9:00-11:30am
	B. Thursday, November 14	9:00-11:30am

This course is a follow-up to the PC Fundamentals class. Become proficient in file organization and maintenance. Manage your hard drive and organize and back up important document files. Create sub-folders or sub-directories to keep your documents, photos, and audio/video files organized. Perform standard maintenance routines to keep your hard disk running smoothly. Be in control of your computer and have the knowledge and tools to recover from problems calmly and competently. Instructor: Deborah Chavez, MS in computer science.

Resident: \$55 Non-resident: \$65

Wilton High School – Room 6

**KEYBOARDING SKILLS: Touch Typing***A Lunch-Hour Enrichment Class.*

5 Sessions	A. Monday – Friday, September 23-27	12:00-1:00pm
	B. Monday – Friday, December 2-6	12:00-1:00pm

Typing fast and accurately without looking at your hands is a muscle memory skill that takes practice and discipline to learn, but once you get it, you won't ever forget this skill. Like learning to swim or ride a bike, the more you practice, the faster and more accurate you'll get. This class jump starts your learning curve, helps you develop good habits to prevent repetitive stress injuries, and shows you tricks to help you gain confidence and competence quickly.

Instructor: Deborah Chavez, MS in computer science.

Resident: \$110 Non-resident: \$125

Wilton High School – Room 6

**LINKEDIN: Get Set Up!**

1 Session	A. Monday, September 9	7:00-9:30pm
	B. Thursday, October 3	9:00-11:30am
	C. Tuesday, November 19	9:00-11:30am
	D. Monday, December 9	7:00-9:30pm

Social networking and communicating via Internet and mobile devices is now a way of life. Whether you're actively searching for a new career, or simply trying to stay on top of your son or daughter's soccer team updates, the need for a LinkedIn account is calling you. This hands-on workshop will help get you started; we'll take photos, help write professional profiles and get all students focused on their purpose and viola! All students will leave class having an online presence. Instructors: Pam Barnett or Deborah Chavez.

Resident: \$55 Non-resident: \$65

Wilton High School – Room 6

**Sign Up for Classes Now!**

Class offerings  
depend on  
minimum enrollments.

Don't  
take a chance  
that your class may be  
cancelled or filled.

**ENROLL TODAY!****Instructor Bio's are available online in the individual course descriptions.**

**OUTLOOK 2013: Controlling Your Inbox, Appointment Schedule & Contacts**

2 Sessions      Wednesday &amp; Thursday, October 9 &amp; 10      9:00-11:30am

Learn how to efficiently set-up your email inbox and manage email volume more effectively! Create primary and secondary email mailboxes, set-up folders and rules to help sort your mail, send messages with attachments, capture email addresses to create contact lists and distribution groups, set calendar appointments with reminders, backup your address book and sync with your smart phone. Instructor: Deborah Chavez, MS in computer science.

Resident: \$110    Non-resident: \$120

Wilton High School – Room 6

**PC FUNDAMENTALS FOR THE VERY BEGINNER**

2 Sessions      A. Monday &amp; Tuesday, October 7 &amp; 8      9:00-11:30am

B. Monday &amp; Tuesday, November 18 &amp; 19      9:00-11:30am

Learn to use your computer with ease and confidence. Spend one day with the Windows Operating System and file management (saving and filing your work) and the second day on communication via email, commerce (shopping) and Web browsing for information. Discussion of security and privacy, and social media will conclude the class. Keep up and stay connected! Instructor: Deborah Chavez, MS in computer science.

Resident: \$110    Non-resident: \$120

Wilton High School – Room 6

**PRESENTATION STRATEGIES: Prezi & PowerPoint**

2 Sessions      A. Monday &amp; Tuesday, October 21 &amp; 22      9:00-11:30am

B. Wednesday &amp; Thursday, November 20 &amp; 21      9:00-11:30am

PowerPoint is the standard tool being used for presentations these days, but how many dreadfully dull and boring PowerPoint presentations have you suffered through lately? Used correctly, PowerPoint can be a very effective tool for communicating ideas and inspiring your audience. But PowerPoint is no longer the only tool out there: Prezi is the new presentation program on the block! Prezi is Web-based and organizes your ideas on a whiteboard or storyboard, and takes your audience on a 3-D journey using graphics and animation. It is the new, creative way to present your message and excite your audience. We will spend the first day working with PowerPoint, and the 2nd day exploring the possibilities of Prezi. Instructor: Deborah Chavez, MS in computer science.

Resident: \$110    Non-resident: \$120

Wilton High School – Room 6

**PUBLISHER 2013: Introduction**

2 Sessions      Wednesday &amp; Thursday, October 23 &amp; 24      9:00-11:30am

This is the perfect application for newsletters, brochures, programs, business cards, greeting cards, advertisements, posters, invitations, certificates and any other complex-layout document you can imagine. Easy to learn, powerfully flexible and precise, this document design program will allow you to create your own designs, even logos, for print or epublications. Instructor: Deborah Chavez, MS in computer science.

Resident: \$110    Non-resident: \$120

Wilton High School – Room 6

**GET GOING WITH QUICKBOOKS**

3 Sessions      A. Monday, Tuesday &amp; Thursday, September 16, 17 &amp; 19      9:00-11:30am

B. Mondays &amp; Thursday, October 21, 24 &amp; 28      7:00-9:30pm

Expand your efficiency or learn how to get your business started with QuickBooks! QuickBooks is designed for small to medium sized businesses and is jam-packed with features to help you track your business' finances and save valuable time! This program makes it easy for you to set up a chart of accounts, reconcile your checking account, create and print invoices, track receivables, pay bills, track inventory and connect with your bank online. At the end of this course, you will be familiar with company setup, lists, products and inventory, invoicing, accounts receivable, paying bills, online banking, sharing files with an accountant and running reports. This is a hands-on interactive course so bring your questions and ideas. Take this class and ready yourself and your business for tax season. Instructors: Pam Barnet, lead developer and trainer for Barnet Associates or Tom Olson, AIPB certified bookkeeper.

Resident: \$200    Non-resident: \$215

Wilton High School – Room 6

**Instructor Bio's are available online in the individual course descriptions.**

**TABLETS: iPads - Convenience & Connection For The Very Beginner**

*Bring fully charged iPad and Apple ID and password.*

1 Session	A. Friday, October 4	10:00am-12:00pm
	B. Friday, November 1	10:00am-12:00pm

Have a new Apple iPad? Bring it along and learn to review popular settings, organize emails, learn appropriate swiping techniques including select, copy, paste and word define; browse the Web using Safari and share and save music and photos. Review and discuss free popular apps for movies, books, shopping and music.

Resident: \$25    Non-resident: \$35    Comstock Senior Center

**WEB SITE IN TWO NIGHTS**

*Prerequisite: Microsoft Word or equivalent and Internet basics.*

2 Sessions    Monday & Thursday, December 2 & 5    7:00-9:30pm

Have you ever thought about creating your own Web site but weren't sure how to get started? Sign up now to build your site in two nights! You will create your very own Web site with WordPress.com and be able to edit your content anytime, 24/7, after our class! Bring to class:

1. The names of up to 5 pages you want to create, such as "About Us", "Our Products", "Photo Gallery", etc.
2. A flash disk with any of your own content you'd like to include such as images, a logo, and text.
3. Access to your email via the Web or a smartphone (you will need to validate your WordPress.com account via email).
4. OPTIONAL: A domain name in mind or already purchased (you can check if your domain is available at [www.GoDaddy.com](http://www.GoDaddy.com)).

Instructor: Pam Barnet, lead developer and trainer for Barnet Associates.

Resident: \$150    Non-resident: \$160    Wilton High School – Room 6

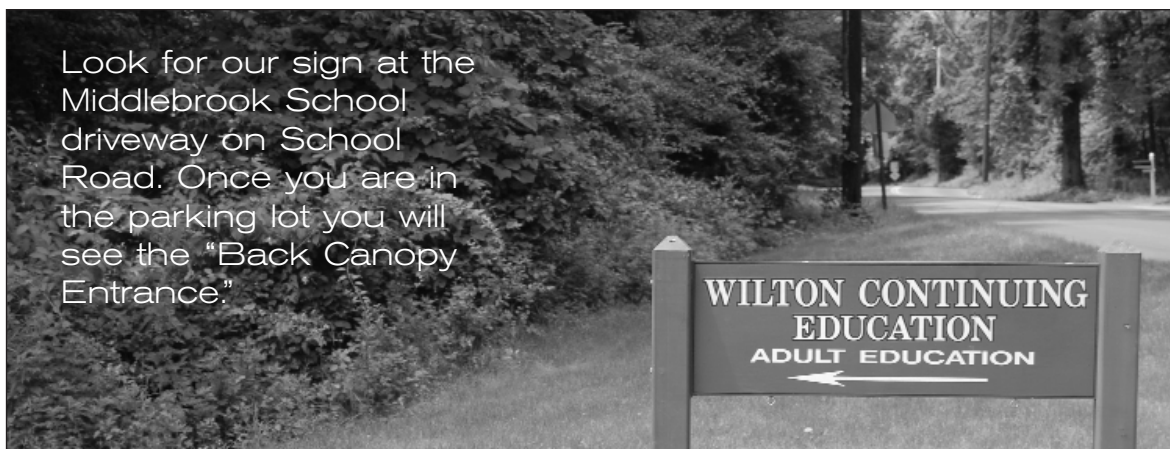
**WORD: Word For Work**

2 Sessions    Wednesday & Thursday, October 16 & 17    9:00-11:30am

Familiarity with MS Word is an essential skill for professional and personal communication. This class will introduce the basic functionality and important tools in Word that have set the standard for all other word processing and productivity applications. The course covers the basics of creating, formatting and printing, as well as other important functions; setting margins, orientation, page numbers, indents, bulleted lists, tabs and tables, spell checker, thesaurus, grammar checker, help function, an explanation of auto-text and auto-correct and more. Students will be ready to create professional looking letters, memos, resumes, and other text documents. Instructor: Deborah Chavez, MS in computer science.

Resident: \$125    Non-resident: \$135    Wilton High School – Room 6

Look for our sign at the Middlebrook School driveway on School Road. Once you are in the parking lot you will see the "Back Canopy Entrance."





## Cuisine & Spirits

### CRAFT BEERS & ARTISAN CHEESE

1 Session Sunday, October 6 5:30-7:30pm  
 Join the revolution! Beer is the new wine and it pairs perfectly with cheese. Explore a carefully selected menu of craft beers and artisanal cheese pairings at this popular tasting series. Class will kick off with a few small bites and a beer to go with them, and then guests will sit for a guided pairing with commentary—all questions welcome. Bring your appetite! A \$25 fee is payable to the instructor. Must be 21 years of age.  
 Resident: \$20 Non-resident: \$20 No.109 Cheese Market, Ridgefield

### BOEUF BOURGUIGNON & GALETTE DE ROIS: Cooking With Emilie Your French Chef

1 Session Wednesday, November 20 7:00-9:15pm  
 Learn to prepare, a beef stew, slow cooked in red wine, along with carrots, onions, bacon, mushrooms and herbs. Add some fun at the end of the meal by preparing and serving the French King's cake - almond filled puff pastry. Whoever finds the small *jouet* hidden in the cake will be the king or queen of the day! All students will bring home a sizable portion. Food fee, payable to the instructor, is \$25.  
 Resident: \$45 Non-resident: \$55 Middlebrook School – Room 148  
 Back Canopy Entrance



### DUCK & BUCHE au CHOCOLAT: Cooking With Emilie Your French Chef

1 Session Wednesday, December 11 7:00-9:15pm  
 What a great alternative to standard holiday fare! Chef Emilie, will demonstrate how quick and easy it is to prepare pan seared duck breast with honey soy sauce and oven roasted potatoes. It's so quick you'll have time to prepare the traditional Christmas Log the French way with a chocolate/raspberry mousse filling and ganache. All students will bring home a sizable portion. Food fee, payable to the instructor, is \$25.  
 Resident: \$45 Non-resident: \$55 Middlebrook School – Room 148  
 Back Canopy Entrance



### CREATIVE INDIAN STYLE COOKING WITH FISH, POULTRY & MEATS

*Learn the basic cooking techniques and ingredients of Indian regional cuisines, known for its unique flavors and aromas derived from subtle blends of many herbs and spices, while preparing healthy and tasty dishes.*

2 Individual Sessions – Thursdays 7:00-9:00pm  
 A. September 26 **Chicken Tikka Masala** (marinated chicken), **Bagara Jhinga** (simmered shrimp), **Pulao** (rice cooked with herbs), and **Kheer** (vermicelli enhanced with cardamom and saffron).  
 Learn to make a spice infused tomato gravy adaptable for all of these varied dishes.  
 B. December 5 **Indian Grill & Festival Dishes** - Chicken Tandoori (marinated chicken), Chicken Malai Kebob (special occasion preparation), Tandoori Paneer & Veggies (grilled herbed vegetables), and Dal Tadka.  
 Food fee, payable to the instructor, is \$20/session.  
 Resident: \$40/Session Non-resident: \$50/Session Middlebrook School – Room 148  
 Back Canopy Entrance



Please help us protect our students with allergies. **NO** latex gloves or latex balloons are permitted in any Wilton Public School. Please call us at 834.7694 if you have any questions.



**FESTIVE PUMPKIN DECORATED CUPCAKES: Southern Comfort Style**

1 Session      Monday, October 28      7:00-9:00pm  
 Celebrate Halloween! Tired of candy corns and M&M's? This cupcake class is for you! Learn to perfect a vanilla (orange) cream frosting to create that festive pumpkin look. You'll be amazed at how easy piping can be! All students will be provided with 6 chocolate cupcakes for decorating. A demonstration on how to make the cupcake will be presented. All students will receive 2 piping bags and tips to take home. Materials fee, payable to the instructor, is \$12.  
 Resident: \$25      Non-resident: \$35      Wilton High School – Culinary Arts Room

**PUMPKIN BOURBON PIE: Southern Comfort Style**

1 Session      Monday, November 25      7:00-9:00pm  
 Experience Pumpkin Pie making at its best! Learn the secret to a flaky crust and master a perfectly round crimped pie crust. Don't want to use alcohol in this pumpkin bourbon pie? No worries! Substitutes will be provided. Students will learn creative crimping techniques and unique decorating ideas. Food and materials fee, payable to the instructor, is \$14. All students take home a pie rolling pouch and small bottle of bourbon extract.  
 Resident: \$25      Non-resident: \$35      Wilton High School – Culinary Arts Room

**UNDERSTANDING WINE**

1 Session      Wednesday, October 9      7:00-9:00pm  
 Learn to distinguish the characteristic bouquets and taste of various grape varietals such as Chardonnay, Sauvignon Blanc, Merlot, Pinot Noir and Cabernet Sauvignon. At the conclusion of the course participants will be able to talk "Winespeak"... the language of wine. Eight wines will be tasted. Our expert is Rick Eadie, wine enthusiast, collector and wine director at Vintage Fine Wines in Wilton. A \$20 fee is payable to the instructor. Must be 21 years of age.  
 Resident: \$20      Non-resident: \$30      Vintage Fine Wines  
 142 Old Ridgefield Rd., Wilton

**VEGETARIAN INDIAN COOKING**

2 Sessions      Mondays, October 21 & 28      7:00-9:00pm  
 Indian cuisine is well known for its original aromatic blend of spices and curries. This is a very flexible cooking style; often spices are used according to taste, not set in recipes. Using authentic Indian methods, you will prepare appetizers, main courses, desserts and chutneys. This is a hands-on class where every person participates. Each class will make enough for a dinner! A \$20 food fee is payable to the instructor at the first class. Instructor: Shama Mital, a Wilton resident.  
 Resident: \$70      Non-resident: \$80      Middlebrook School – Room 148  
 Back Canopy Entrance

**Dance**

Turn cold feet into dancing feet with Ballroom Magic!

**BALLROOM/LATIN: Beginner Basics**

*Learning the basics is as easy as 1, 2, 3... The Ballroom Magic Way.*  
 8 Sessions      Thursdays, September 12-November 14      7:00-8:00pm  
 This class will introduce the basics in the classic smooth dances – Foxtrot, Waltz, and Tango – as well as popular Latin/Rhythm dances—Rumba, Cha Cha, Mambo/Salsa, and Swing. All dances will be taught using methods that will enable students to retain what they have learned and enjoy their dance skills for years to come. Instructors: Robin & Ed Poska, owners and dance directors of Ballroom Magic.  
 Resident: \$185/couple      Non-resident: \$200/couple      Miller-Driscoll North Cafeteria – North Entrance

**BALLROOM/LATIN: Intermediate**

8 Sessions      Thursdays, September 12-November 14      8:00-9:00pm  
 If your goal is to build on your current dance skills and take your dancing to the next level, this class is for you! By adding new steps along with tips on style and proper technique to your smooth dances – Foxtrot, Waltz, and Tango – as well as your Latin/Rhythm dances – Rumba, Cha Cha, Mambo/Salsa, and Swing... You will feel a whole new level of excitement on the dance floor. Instructors: Robin & Ed Poska, owners and dance directors of Ballroom Magic.  
 Resident: \$185/couple      Non-resident: \$200/couple      Miller-Driscoll North Cafeteria – North Entrance

## Digital Imaging

Purchased a new digital camera or iPhone and don't want to read the manual? Or just need to brush up on the basics? The following digital camera classes will introduce you to your camera and start you on the right track to using, shooting, downloading, sharing – and enjoying your photos!

### **iPHONE CAMERA: Goodbye Digital Cameras...Hello iPhone!**

*Bring fully charged iPhone and Apple ID and password (if you have an existing account).*

1 Session      Thursday, October 10      7:00-9:30pm

Why hassle with extra camera equipment when your iPhone takes great pix? Learn the best techniques for photo taking with the iPhone including special effects, editing, enhancing and post-processing to make photos look even better, then organize and share your photos and videos via special apps, Facebook, email, e-cards and other social media. Instructor: Donald Gambino, computer consultant & trainer.

Resident: \$55      Non-resident: \$65

Wilton High School – Room 6

### **NEW! iPHONE PHOTOGRAPHY: Compose & Interpret**

*Bring fully charged iPhone and Apple ID and password.*

2 Sessions      Thursdays, November 7 & 14      7:00-9:30pm

Did you know some professional photographers regularly use their iPhones as a camera? Using photos taken during class and concentrating on aesthetics, students will download and experiment with camera apps and modify/adjust images with processing apps. Students must be proficient iPhone users, know their App Store username and password, and have the most recent operating system loaded. Instructor: Julie Stauffer, professional photographer.

Resident: \$110      Non-resident: \$120

Wilton High School – Room 6

### **NEW! iPad PHOTO MANAGEMENT: Organize, Manage & Sync Your Photos & Videos**

*Bring fully charged iPad and Apple ID and password (if you have an existing account).*

2 Sessions      Fridays, October 25 & November 1      1:00-3:30pm

How do you organize, edit, delete, share, view photos/albums and print the multitude of photos that you now have on your iPad? How do you actually \*get\* photos onto your iPad from your digital camera, computer and iPhone? This "must-take" class is for iPad photo enthusiasts -- or for anyone needing to organize and enjoy their photos. Run through procedures, best practices and get advice on smart tips to use. See how Photo Stream syncs to your iDevices and computers. Discuss apps to enhance and embellish your photos. Instructor: Donald Gambino, computer consultant & trainer.

Resident: \$110      Non-resident: \$120

Wilton High School – Room 6

### **HOW TO USE YOUR DIGITAL SLR CAMERA**

4 Sessions      Tuesdays, September 10-October 1      9:30-11:30am

Understand your digital camera operation and essential camera functions and receive an overview of the digital photographic process. An emphasis will be placed on how to shoot, evaluate, and adjust exposure while understanding the relationship between shutter speeds, f/stops and ISO. Learn how to use the highlight over-exposure warning and histogram display screens, on your camera, to assure obtaining the best possible image quality for each shooting condition. This class will conclude with a demonstration of the digital workflow process: download, backup, edit and archive using Adobe Photoshop and Lightroom. Students should bring to class all their gear: camera, lenses, etc. and operating manuals. Instructor: Lawrence Frank, internationally published lifestyle photographer and Wilton resident.

Resident: \$235      Non-resident: \$250

Studio of Lawrence Frank  
WCE will email directions.

### **NEW! PHOTOSHOP ELEMENTS**

3 Sessions      Thursdays, October 10, 17 & 24      9:00am-12:00pm

For photography novices or experts, Elements is an excellent program at a fraction of the price of Photoshop. Many of the techniques in Elements can be applied to Photoshop. Learn the basics to improve photos: adjusting color, removing red eye, cropping, working and creating layers, and adding special effects. We will discuss printing methods, types of papers, and the best printer to own. Students must know how to use a mouse. Instructor: Alan Weaver, computer software trainer.

Resident: \$195      Non-resident: \$210

Wilton High School – Room 6

## Finance, Business & Careers

Our instructors are hired to teach general concepts to groups of students, not to provide specific investment advice to individuals. Students should consult their own financial advisor and/or attorney before making any investment decisions based on specific examples used by our instructors in these courses.



### INNOVATIVE ADVERTISING THROUGH SOCIAL MEDIA

1 Session      Tuesday, October 1      7:00-9:30pm

This hybrid lecture/hands-on class is ideal for the small business owner looking to learn ideas on marketing approaches using Social Media. Learn about advertising with Google, Facebook, LinkedIn and how the process works. We will highlight creative and current ways to get the word out about your business. Instructor: Pam Barnett.

Resident: \$30      Non-resident: \$40      Wilton High School – Room 6

### COLLABORATIVE DIVORCE

1 Session      Tuesday, September 3      7:00-9:00pm

Divorce is an extremely difficult time for most couples; the divorce process should not make the situation worse. There are alternatives. Collaborative divorce has emerged as a national and international movement to bring honesty and integrity to the divorce process. Learn how the collaborative divorce model works, how this model differs from litigation, mediation and other ways. Review and discuss the Collaborative Divorce Agreement that is signed by the couple and their attorneys. Other items covered will be the possible use of other professionals to assist with issues related to children and finances. Instructors: Richard S. Gibbons, Former Chairman of the Collaborative Divorce Attorneys of Fairfield County and Elizabeth Edwards, member of the International Association of Collaborative Professionals.

Resident: \$25      Non-resident: \$35      Wilton High School



### GAINING FINANCIAL CONTROL OF YOUR DIVORCE

1 Session      Tuesday, October 8      7:00-9:00pm

Learn how to successfully navigate your finances pre and post divorce. This course reviews sources of income, insurance and spousal support, different types of property, retirement accounts, social security and the short term and long term effects of a divorce proposal settlement. Learn how all assets are not created equal and how taxes effect your settlement. Before you make any financial decisions regarding your divorce, become aware of potential pitfalls and learn *smart* questions you should be asking. Instructor: Brenda Catugno, President, BPC LLC, Financial Planning, Investment Advisory Services & Divorce Financial Analysis.

Resident: \$25      Non-resident: \$35      Wilton High School – Room 148B

### ESTATE PLANNING

2 Sessions      Tuesdays, October 29 & November 12      7:00-8:30pm

It's time to do this! This course is a detailed seminar on various estate planning techniques, with an emphasis on avoiding gift and estate taxes, avoiding probate and maximizing lifetime wealth. It is an in-depth review of federal and state tax laws, wills, trusts, living wills and trusts, and coordination of retirement and life insurance with estate planning. Case studies will be included and class participation is encouraged! Instructor: Attorney Mark Haranzo, Esq., a Partner in the Family and Business Group of Withers Bergman LLP in New York City.

Resident: \$50      Non-resident: \$60      Wilton High School

### FUNDAMENTALS OF INVESTING

2 Sessions      Tuesdays, September 24 & October 1      7:00-9:00pm

Through discussion and class hand-outs, we will demystify the world of investing. Come to understand the meaning of cash equivalents, stocks, bonds, mutual funds and annuities and how each category can work for you. This is an excellent course for learning about the basic asset classes and simple strategies for a lifetime of investing. Instructor: Brenda Catugno, President, BPC LLC, Financial Planning, Investment Advisory Services & Divorce Financial Analysis.

Resident: \$50      Non-resident: \$60      Wilton High School – Room 148B

### INVESTMENT PLANNING FOR WOMEN

2 Sessions      Wednesdays, November 6 & 13      7:00-9:00pm

This workshop will help you take charge of your financial life. You will be introduced to the basics of investing in stocks, bonds, cash equivalents and the concept of asset allocation. Become familiar with the vocabulary of investing and learn how to choose among the many investments available today. We will discuss the benefits and types of IRAs and annuities. Embrace the knowledge! Instructor: Brenda Catugno, President, BPC LLC, Financial Planning, Investment Advisory Services & Divorce Financial Analysis.

Resident: \$50      Non-resident: \$60      Wilton High School – Room 148B



## LONG TERM CARE: Protecting Your Future

2 Sessions      Thursdays, October 17 & 24      7:00-8:30pm  
 Over 50% of Americans will need some type of long term care during their life. The expense is significant and can wreak havoc on your carefully constructed retirement plans while creating a burden on your family. Gain a better understanding of the key concepts, learn about the current state and potential future of long term care, and review the options available to alleviate the risks and protect your assets. Instructors: Dave Ceponis & Chris Ceponis of Ceponis Financial Group in Wilton.  
 Resident: \$20      Non-resident: \$30      Wilton High School – Room 148B

## REAL ESTATE DEALS: Getting Great Deals In Difficult Times

1 Session      Wednesday, September 25      7:00-9:00pm  
 There are some excellent deals in real estate! Rick Nathan is strictly a consumer advocate and is not a real estate agent and he will teach you how to get these great deals. Learn the pros and cons of foreclosures, short sales, rent with option to buy, owner financing and buying for no money down. Learn how to wisely buy investment property, primary homes, multi-families and vacation homes. Learn how to research property at the tax assessor's office, the county clerk's office and on the Web. Also, to be discussed is how to sell your home with or without a realtor. A \$20 materials fee (optional) is payable to the instructor.  
 Resident: \$30      Non-resident: \$40      Wilton High School – Room 148B

## SELLING ON eBAY

*Prerequisite: Fluency using the Internet and email.*

2 Sessions      Thursdays, November 7 & 14      7:15-8:45pm  
 Whether you have an attic full of stuff you'd like to sell or want to start selling online, here's your chance to learn how. Find out how to be a successful seller. Students will learn how to prepare eBay listings, communicate with prospective buyers, pack and ship items, collect payments, and deal with problems along the way. During this time, students are encouraged to bring in items (no firearms/weapons) for selling suggestions. Directly following the first session, students will put up live listings (on their own time and prior to the second session). During the second session, the class will learn the results of the listings and discuss what went right or wrong. Instructor: Russell Wayne, an investment professional with more than 2,000 online auction transactions over the last 14 years.  
 Resident: \$65      Non-resident: \$75      Wilton High School

## SOCIAL SECURITY PLANNING

2 Sessions      Tuesdays, September 17 & 24      7:00-8:30pm  
 Thinking of your financial needs in retirement? It's never too early to learn how to best optimize your social security benefits. Discuss the biggest mistakes that a majority of soon-to-be retirees make when it comes to social security planning. Learn how timing plays a critical role in claiming your social security benefits, how to integrate social security with other sources of retirement income to combat inflation and longevity and how to best provide for your survivors financially. Instructors: Dave Ceponis and Chris Ceponis of Ceponis Financial Group in Wilton.  
 Resident: \$20      Non-resident: \$30      Wilton High School – Room 148B

## TAX PREPARATION: The Basics

2 Sessions      Tuesdays, January 7 & 14      7:00-8:30pm  
 Preparing your personal taxes does not have to be stressful! In this lecture/demo class, learn what is needed to prepare this year's tax return. We will provide a road map for gathering and organizing your records to prepare your return. Using a tax preparation program (TurboTax) we will present the basics for preparing your tax return. Using a financial management program (Quicken) learn why it is important to manage and organize your finances, making future tax seasons as painless as possible. Instructor: Tom Olson, AIPB certified bookkeeper.  
 Resident: \$40      Non-resident: \$50      Wilton High School – Room 6

## CURIOS ABOUT VOICE-OVER?

1 Session      Wednesday, October 2      7:00-9:00pm  
 Are you interested in audio books, cartoons, documentaries, commercials or Web site narration? This interactive, fun and highly educational class is eye (and ear) opening for those interested in voice-over. Learn about the voice-over industry, vocal training and marketing yourself as a voice talent, including information on recording a demo, trends, agents and production. Read commercial and narration voice-over copy and explore some of the techniques used by top voice-over pros. Is voice-over for you? Come and find out! Presented by Randy Kaye of Edge Studios.  
 Resident: \$40      Non-resident: \$50      Wilton High School

**Instructor Bio's are available online in the individual course descriptions.**

## Fine Arts



### STARTING TO CREATE (Daytime Class)

6 Sessions      Saturdays, September 21-December 7      9:00-11:00am

A gentle introduction for the beginner and a re-invigorating approach for the experienced painter... *start to create* with many artistic mediums: ink, watercolor, pastels, oil paint, acrylic paint, colored pencil, gouache and collage. Experiment with different tools and techniques and learn how to mix your mediums and color outside the lines! We will explore the merits of working from life, photos and our imaginations. Instructor, Gini Fisher, local Wilton artist.

Resident: \$115    Non-resident: \$130      Wilton High School

### CERAMICS ON THE WHEEL

8 Sessions      Mondays, September 16-November 11      7:00-9:30pm

Explore all things clay in our updated pottery studio! Open to beginners through advanced levels. Students will learn how to "center" clay on a wheel and throw a cylinder to make bowls, cups, bottles and vases. Advanced students can move toward throwing pieces that require assembly such as: lidded jars, pitchers and/or teapots. White earthenware clay is used. Share the joy and magic of clay. Wear washable clothes and bring your sense of humor. A materials and firing fee of \$85 is payable to the instructor at the first class. Instructor: Karen Ford, nationally recognized porcelain artisan.

Resident: \$185    Non-resident: \$200      Wilton High School – Room 119D



### DRAWING: I Can Draw (Daytime Class)

8 Sessions      Thursdays, September 26-November 14      9:00-11:00am

Martha Talburt will lead students, including those who have never drawn or haven't held an art pencil in hand since school days, through a series of exercises designed to successfully build drawing skills. Teaching the student how to "see" with an artist's eye, will heighten their experience and results. (The angel is in the details!) New exercises will be introduced each week and a handout provided, to enable students to build their own library for learning. Come to class with an 11x14 Biggie Sketch Pad, Nos 6B & 8B graphite pencils and a kneaded rubber eraser. Be prepared to have fun. Instructor: Martha Talburt, art teacher and portrait artist.

Resident: \$150    Non-resident: \$165      Comstock Community Center – Art Room

### OIL PAINTING & ACRYLICS (Daytime Class)

10 Sessions      Tuesdays, September 17-November 19      10:00am-12:30pm

Discover the technical basics of painting such as color value, perspective, composition and shadows. Participants will choose their own subject with the goal of achieving a beautiful finished painting with an emphasis on creativity. Come prepared for the first class with a sketchbook, pencil and a kneadum (gum) eraser. Instructor: Althea Ericsson, MFA.

Resident: \$200    Non-resident: \$215      Comstock Community Center – Art Room



### PYSANKY: Decorative Ukrainian Egg Painting (Daytime Class)

2 Sessions      Saturdays, October 26 & November 9      9:00am-2:00pm

Learn the ancient art of Ukrainian egg decorating called Pysanky. Get hands-on experience using the unique techniques needed to create these colorful masterpieces. Ukrainian artist Liza Masalimova will show you how to use beeswax and dye to create gorgeous designs and colorful patterns on your eggs. Your Pysanky can be made into beautiful holiday ornaments, stocking stuffers, jewelry, glorious Easter baskets, and so much more! Designs can be personalized, and range from simple to detailed. A \$25 materials fee is payable to the instructor at the first class.

Resident: \$100    Non-resident: \$110      Wilton High School



### DIVING INTO WATERCOLORS

8 Sessions      Wednesdays, September 18-November 6      7:00-9:00pm

Creating watercolor paintings will be the approach of this inventive course. Delve into the basics of color, composition, paints and materials. Instruction will include the demonstration of how and why to stretch the paper, plus experimentation of different techniques. A modest supply list will be provided after the first class; bring whatever watercolors, papers and brushes you have to the first class to begin painting. Instructor: Gini Fischer, local Wilton artist.

Resident: \$150    Non-resident: \$165      Wilton High School

## Hobbies & Crafts

### KNITTING FOR BEGINNERS

10 Sessions      Wednesdays, October 2-December 11      7:00-9:00pm  
Design your own chunky knit circle scarf with different yarns... Or work on your own creation!! See for yourself why knitting is such a special craft; it's social, it relieves stress and is easy to learn. A supply fee of \$8 is payable to the instructor at the first class. Instructor: Maggie Flynn.

Resident: \$150    Non-resident: \$165

Middlebrook School - Media Center  
Back Canopy Entrance

### KNITTING FOR INTERMEDIATES

10 Sessions      Tuesdays, October 1-December 17      7:00-9:00pm  
Work with wool, angora, mohair, cashmere or silk-wool blends. Knit a sweater or design your own creation!! Share your ideas for projects with others and pick up an idea or two yourself. This is a very popular class! A supply fee of \$8 is payable to the instructor at the first class. Instructor: Maggie Flynn.

Resident: \$150    Non-resident: \$165

Middlebrook School - Media Center  
Back Canopy Entrance

### QUILTING: Mastering The Basics

*Prerequisite: Working knowledge of sewing machine.*

8 Sessions      Wednesdays, September 25-November 13      6:45-9:00pm  
Would you like to make a quilt and receive individual instruction? This eight-week class will get you on the right track. Choose from modern or traditional fabrics to create a beautiful six or nine block wall quilt. We'll cover all the fundamentals so you'll be ready to handle more complex projects on your own. Learn how to make templates, do rotary cutting, quick and strip-piecing, set-ins and appliqué. Your quilt top will include sashing and borders. Finishing steps are discussed. A book (affordably priced) will be required and additional handouts will be distributed. Students will receive a supply list prior to the first class. Instructor: Alice Garrard, nationally recognized and award winning quilter.

Resident: \$150    Non-resident: \$165

Middlebrook School – Room 147  
Back Canopy Entrance



Middlebrook School – Back Canopy Entrance

## Home & Garden

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### HOME, STAGED HOME (Daytime Class)

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1 Session      Tuesday, September 10      12:00-2:00pm  
 Would you like to sell your home more quickly ... and at top dollar? Stage it! Differentiate your house from others on the market! Determine what needs to be done to optimize the appeal of your home to prospective buyers. Learn powerful techniques you can do yourself for a minimal investment. Enjoy a fun, interactive class! Instructor: Kathy Engstrom, owner of A Fresh Eye, LLC.  
 Resident: \$20      Non-resident: \$30      Wilton High School – Room 6

### ROOM REDESIGN (Daytime Class)

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1 Session      Tuesday, September 17      12:00-2:00pm  
 Create a new look using furniture and accessories you already own! The goal of the room redesign is to achieve the desired effect without additional purchases. Bring pictures of the room you will be working on – from all angles – and a floor plan of each room (hand-drawn is fine). Time permitting, class will redesign up to 3-4 rooms. Instructor: Kathy Engstrom, owner of A Fresh Eye, LLC.  
 Resident: \$25      Non-resident: \$35      Wilton High School – Room 6

### ADD BEAUTY TO YOUR HOME: Build A Stone Wall

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1 Session      Thursday, October 3      7:30-8:30pm  
 Back by popular demand...Learn to build a stone wall just like the professionals! Bolton Tree & Landscaping of Wilton will share expertise about constructing stonewalls in this workshop. Stonewalls add beauty and value to your home! Hurry and sign up...this is one of our most popular classes!  
 Resident: \$15      Non-resident: \$25      Wilton High School



### COMPOSTING & TECHNIQUES FOR EVERY LEVEL, SKILL & MOTIVATION

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1 Session      Saturday, October 19      11:00am-1:00pm  
 Successful vegetable and flower gardens begin with amended soil full of nutrients. Creating a compost pile will give you an ideal way to dispose of your garden and kitchen waste and save you time and money in the process. Discover the how's and why's of composting. This class will thoroughly review the best composting practices and materials for your needs. Vermiculture composting will also be explored, using earth worms, the plow horse of organic gardening. Instructor: Carl Westerlund, Wilton community gardener, craftsman and innovator.  
 Resident: \$25      Non-resident: \$35      Allen's Meadow Community Garden, Route 7



### SOIL COMPOSITION & RAISED BED CONSTRUCTION

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1 Session      Saturday, October 5      11:00am-1:30pm  
 Productive gardens start with good foundations. Learn how to combine various organic elements including biochar, hugelkultur, sheet composting and other materials/techniques to enrich the soil. Discuss the use of recyclable materials to reduce the cost of your gardening projects. Learn strategies to adapt your garden to ever changing weather conditions. Autumn is the optimal time to construct your raised bed for spring planting! Instructor: Carl Westerlund, Wilton community gardener, craftsman and innovator.  
 Resident: \$35      Non-resident: \$45      Allen's Meadow Community Garden, Route 7

### TERRARIUMS: Create Your Own Secret Garden Under Glass

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1 Session      Wednesday, October 23      7:00-8:30pm  
 Lose yourself... or find yourself in the enchanting world of terrariums. Experience the joy and stress reducing benefits of small scale, indoor, glass container gardening. Learn the fundamentals of terrarium design and construction with an emphasis on personal creative expression. Participants will construct their own miniature garden using live house plants inside a glass container. A supply list will be emailed prior to class. An \$18 materials fee, payable to the instructor, includes plants, soil and gravel. Instructor: Susan Kelley, graphic designer.  
 Resident: \$25      Non-resident: \$35      Middlebrook School – Room 155  
 Back Canopy Entrance

## Languages

### ITALIAN I: Beginner (Daytime Class)

10 Sessions      Wednesdays, September 11-November 13      11:30am-1:00pm

Come and enjoy speaking Italian with us! In this highly interactive class, the emphasis will be placed on the common use of the spoken language. Cultural notes and a true immersion into Italian life will give you the full experience you need when traveling to Italy. A \$15 materials fee (audio fee) is payable to the instructor, Edda Gusman, at the first class. The text is "Ultimate Italian, Beginner/Intermediate" (ISBN 978-1-4000-0967-1) and is available online through Amazon for an additional fee of \$15.

Resident: \$160      Non-resident: \$175

Comstock Community Center

### ITALIAN II: Intermediate (Daytime Class)

10 Sessions      Mondays, September 9-November 18      12:00-2:00pm

"La Dolce Vita - the sweet life" - a journey through Rome by way of a 1960 comedy-drama film by Federico Fellini is the course of study for the fall session. The film is a story of a passive journalist's week in Rome as portrayed by Marcello Mastroianni, and his search for both happiness and love. The course will explore themes of the movie, such as events and culture of Rome in the 1960s. A \$15 materials fee (audio fee) is payable to the instructor, Edda Gusman, at the first class. This is a course for students who have knowledge of Italian and/or are continuing with Intermediate Italian. The text is "Ultimate Italian, Beginner/Intermediate" (ISBN 978-1-4000-0967-1) and is available online.

Resident: \$180      Non-resident: \$195

Comstock Community Center

### ITALIAN FOR TOURISTS: Beginner (Daytime Class)

10 Sessions      Fridays, September 13-November 15      10:30am-12:00pm

Are you planning a trip to Italy or wish to learn essential, yet formal Italian through scenarios and real-life situations without studying grammar? Join this class and enjoy the fun! You will be speaking Italian in no time! To compliment the class with text and audio, students have the option to purchase a series of ebooks on iTunes and/or Amazon, "*Italian for Tourists: Mauro and Carla Bianchi's Trip to Italy*". For instructions on how to purchase the collection of ebooks, visit [www.linguaecucina.com](http://www.linguaecucina.com). Instructor: Lee DeMilo, founder of Lingua E Cucina™.

Resident: \$160      Non-resident: \$175

Comstock Community Center

**NEW!**

### PARLIAMO ITALIANO!: Let's Speak Italian!

10 Sessions      Tuesdays, September 17-December 10      6:30-8:30pm

What is the difference between linguini and fettuccini? What is la mancia for a trattoria? Focus on the vocabulary you will need to use when traveling through Italy. Learn greetings, ask for directions, order food, request services, and much more. The last class will conclude at an Italian restaurant (optional). A \$15 materials fee is payable to the instructor, Carolina Quagliarello, at the first class. Instructor: Carolina Quagliarello, language teacher at Middlebrook School.

Resident: \$180      Non-resident: \$195

Middlebrook School – Back Canopy Entrance

### SPANISH FOR ENJOYMENT: Introduction (Daytime Class)

12 Sessions      Wednesdays, September 11-December 4      9:00-10:00am

New to the Spanish language or need a refresher? This class offers an introductory exposure to the ever-expanding use of Spanish. Emphasis will be on developing conversational skills, greeting people, shopping, dining out and travel. Aspects of Hispanic culture will be interwoven: family relationships, regional foods (Just what *is* the origin of the word "Tapas"?), differences in Hispanic Universities, health-care, art and culture. The text is "Saludos". Instructor: Bob Dalury, certified in Spanish in the state of Connecticut.

Resident: \$135      Non-resident: \$150

Comstock Community Center



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**SPANISH: Intermediate (Daytime Class)**

12 Sessions      Wednesdays, September 11-December 4      10:15-11:15am

As the title of the textbook implies, "¡Recuerdos!" offers a comprehensive review of basic Spanish while expanding vocabulary and building confidence in the use of the language. Discussions of current newspaper/magazine articles paired with activities in Spanish will further conversational skills. Instructor: Bob Dalury, certified in Spanish in the state of Connecticut.

Resident: \$135      Non-resident: \$150

Comstock Community Center

**SPANISH: Conversation III (Daytime Class)**

12 Sessions      Wednesdays, September 11-December 4      10:30am-12:00pm

This course is for those who can carry on a conversation, need to improve their fluency and have a clear understanding of Spanish tenses. The conversations will cover a broad range of topics taken from current newspapers, CNN and BBC (en Espanol) and short stories and/or novels. The class will be entirely in Spanish. Text to be determined. A \$10 materials fee is payable to the instructor at the first class. Instructor: Lilly Dalury, founder and director of Instituto Cultural de las Americas.

Resident: \$215      Non-resident: \$230

Comstock Community Center



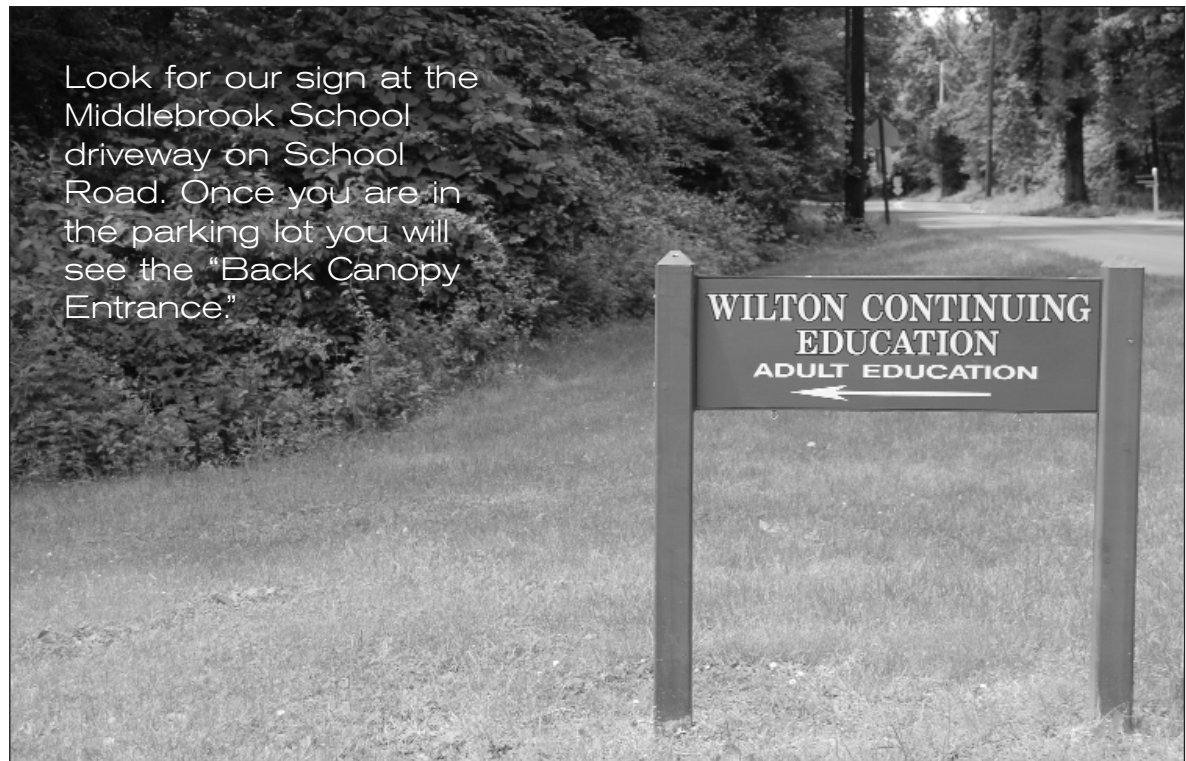
**SPANISH CONVERSATION**

10 Sessions      Wednesdays, September 18-November 20      6:30-8:30pm

If you have a strong desire to converse in Spanish and have limited or no foundation in Spanish grammar, then this class is for you! Working in an informal and fun setting, in which everybody participates, we will discuss general topics of interest to enhance more robust conversation in the Spanish language. A \$25 workbook fee is payable to the instructor at the first class. Handouts provided. Instructor: Carolina Quagliarello, Spanish teacher at Middlebrook School.

Resident: \$180      Non-resident: \$195

Middlebrook School – Back Canopy Entrance



Look for our sign at the Middlebrook School driveway on School Road. Once you are in the parking lot you will see the "Back Canopy Entrance."

## Personal Growth & Wellness

Wilton Continuing Education provides courses as a public service and does not endorse or recommend any product(s) or service(s) mentioned in connection with courses. In addition, our instructors are hired to teach general concepts to groups of students, not to provide specific advice to individuals. Students should always consult their own personal physician, investment advisor, or attorney before making any decisions based on specific advice or examples used by our instructors.

### **NEW!** HAPPINESS

**2 Sessions**      **Thursdays, October 3 & 10**      **7:00-9:00pm**  
 Happiness happens in the moment, comes from within and is a choice. This interactive class will help you focus on learning how to live life in the present moment and find joy, peace and happiness in the midst of life's inevitable ups and downs. We will accomplish this through discussion, group support and learning the mind-body skills of mindfulness meditation, relaxation, stress reduction and attitudinal healing perspectives. The best of times are now, as you face life's challenges and experience life's joys! Instructor: Dr. Paul Epstein, author of Happiness Through Meditation.  
 Resident: \$50      Non-resident: \$60      Wilton High School

### MEDITATION & STRESS REDUCTION

**3 Sessions**      **Thursdays, October 17, 24 & 31**      **7:00-9:00pm**  
 Find your path to inner peace and serenity. Learn to relate to life from a place of equanimity and calm and live with less stress, maintaining mind-body health. Studies show that "mindfulness meditation" is a powerful and effective therapeutic tool in reducing stress. Learn how to better face and relate to your stresses and connect with your source of inner strength, wisdom, and compassion. Instructor: Dr. Paul Epstein, naturopathic physician, mind-body therapist and mindfulness meditation teacher.  
 Resident: \$75      Non-resident: \$90      Wilton High School

### MEMORY: Brain Training (Daytime Class)

**1 Session**      **Friday, October 18**      **9:30am-12:00pm**  
 Easily recall names, dates and facts. Effortlessly recall details from conversations exactly when you need it and quickly learn foreign language vocabulary. In only one session, you will triple your memory and learn the secret to triggering your long-term memory at will. You may have seen some of these techniques featured on CNN, Fox News, The Today Show, NBC, CBS, ABC, Discovery Channel, or on one of over 1000 radio and television interviews. Instructor: Wendy Richmond, Professional Keynote Speaker and Human Resource Professional.  
 Resident: \$50      Non-resident: \$60      Comstock Community Center

### RESTYLE YOUR LIFESTYLE!: Begin Healthy Weight Loss Through Comprehensive Nutrition

**8 Sessions**      **A. Tuesdays, September 10-October 29**      **9:30-10:30am**  
                          **B. Thursdays, September 12-October 31**      **7:00-8:00pm**  
 Are you struggling with your weight, been sleeping poorly and feeling fatigued all day or suffering from digestive distress? Do you need to lower your risk of heart disease, type 2 diabetes or obesity? This 8 week program teaches you realistic ways to make conscious, intelligent adjustments to your nutrition, fitness and lifestyle, helping you to regain your health and to feel great! Instructor: Loryn Galardi, MS in clinical nutrition and founder of Comprehensive Nutrition in Wilton.  
 Resident: \$240      Non-resident: \$255      Office of Comprehensive Nutrition, Wilton

**Instructor Bio's are available online in the individual course descriptions.**



## Sports, Fitness & Recreation

### BICYCLE MAINTENANCE & INSPECTION

1 Session      Tuesday, September 24      7:00-9:00pm  
 The Outdoor Sports Center will be the location for this very popular bicycle maintenance clinic. Learn to change a tire, fix a flat, and make basic adjustments to gears, brakes and wheels as well as other necessary maintenance. No bikes, please! Instructor: Mike Conlan, USCF licensed mechanic and former USCF elite coach.  
 Resident: \$25      Non-resident: \$35      Outdoor Sports Center 80 Danbury Road, Wilton



### BIKRAM YOGA: Modified Heat (Daytime Class)

4 Sessions      A. Saturdays, September 7-October 5      11:30am-12:30pm  
                          B. Saturdays, October 19-November 16      11:30am-12:30pm  
 Is the high heat of Bikram Yoga keeping you from trying it? Get started with a slower pace & lower heat! You will be introduced to Bikram's two breathing exercises and 26 poses. Pose modifications will be covered. Completion of this series will adequately prepare most students for attending the ongoing Bikram Yoga classes. Information on hydration and nutrition will be included. Instructor: Maritza Johnson, founder of Bikram Yoga Ridgefield.  
 Resident: \$80      Non-resident: \$80      Bikram Yoga Ridgefield  
    609 Main Street, Ridgefield

### BIKRAM HOT YOGA

8 Sessions      Scheduled at your convenience.  
 Personalize your class schedule! Come to any 8 classes and feel cleansed and energized! (Limited to 8 Sundays and/or evening classes during our Fall semester. Students will receive a class card.) Bikram's Yoga Class, is a 90 minute sequence of 26 postures and two breathing exercises suitable for all levels of ability. This sequence is practiced in a heated room (105°) to warm the muscles, prevent injury, allow for a deeper workout and flush the body of toxins. Students with any pre-existing health condition should see their medical doctor for clearance. Class passes expire December 2013. Instructor: Maritza Johnson, founder of Bikram Yoga Ridgefield.  
 Resident: \$130      Non-resident: \$130      Bikram Yoga Ridgefield  
    609 Main Street, Ridgefield



### INDIAN FOLK & BOLLYWOOD DANCE

8 Sessions      Wednesdays, September 25-November 13      6:45-7:45pm  
 This high energy dance workout, similar to Zumba, is a *serious* workout that doesn't feel like work, with renowned Indian music and dances you may have seen in Bollywood movies. Not only will you get in shape, but you will learn culturally new music and body movements that targets cardio with the power to burn between 500 – 900 calories in one hour! Instructor: Nirmala Clarence, trained in Indian classical dance and Bollywood dance.  
 Resident: \$80      Non-resident: \$95      Miller-Driscoll Small Gym – South Entrance

# 24/7

register online at [wiltoncontinuinged.org](http://wiltoncontinuinged.org) 24 hours a day!

We accept Visa & Mastercard



**BEGINNER TENNIS!: Marcy's Tennis Academy® With Coach Yvonne D'Aquino**

6 Sessions      Tuesdays, September 17-October 29      9:30-10:30am

Are you new to the game of tennis or haven't played in a while and not reaching your individual goals? Each class will introduce a new technique – forehands, backhands, volleys, overheads and serving. Strategies for shot selection will be included. Join us and have a ball!

Resident: \$125    Non-resident: \$140      Outdoor Tennis Courts, Route 7

**CARDIO TENNIS!: Marcy's Tennis Academy® With Coach Yvonne D'Aquino**

6 Sessions      Fridays, September 13-October 18      9:30-10:30am

Cardio Tennis! is a high energy fitness activity that combines tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout. It is a very social and fun class for players of all ability levels. If you've never played tennis before, it is a great way to be introduced to the sport, and if you are an experienced high level tennis player, it is the best way to train for tennis. Most classes have mixed ability. Join us and have a ball!

Resident: \$125    Non-resident: \$140      Outdoor Tennis Courts, Route 7

**GOLF**

6 Sessions      Thursdays, September 19-October 24      7:15-8:15pm

Learn golf in a supportive environment and start to enjoy a lifetime sport. Practice swing fundamentals (grip, aim, stance, posture) and learn the short game and the full swing and everything in between. We will review the rules of golf, speed of play and golf etiquette so you will be comfortable taking your game to the golf course. This class is great for beginners as well as a refresher. Returning students will receive advanced instruction according to their skill levels. Instructor: Tom Blumenthal, TGA Premier Junior Golf, senior instructor, in Fairfield County.

Resident: \$165    Non-resident: \$180      Miller-Driscoll Gym

**POWER TRAINING: Functional Strength Training & Metabolic Training For Fat Loss**

10 Sessions      Mondays, September 16-November 25      7:00-8:00pm

*Want immediate results?* Get a total body workout that leaves no muscle untouched or under worked. This workout will focus on the five pillars of human movement: pushing, pulling, level changes, locomotion and rotation. If you desire to feel great, lose weight, gain strength, and look younger, this class is for you! Use of the gym - free weights, resistance bands, medicine balls and machines will be used. Instructor: Gary Camillo, certified by the US Weightlifting Club Coach, American Aerobic Association International, and Sports Medicine Association.

Resident: \$150    Non-resident: \$165      Wilton High School – 2nd Floor Weight Room



**RUN YOUR FIRST THANKSGIVING 5K RACE - Ready, Set, Goal!**

8 Sessions      Mondays & Tuesdays,  
October 7, 8, 21, 22, 28, 29 & Nov 4 & 12      9:00-10:00am

Monday classes will focus on general strength training led by Bonnie Sheehan. Fitness skills including speed & agility, coordination, balance and power will be developed for improved sports conditioning. Tuesday classes will focus on running and developing cardiovascular and core endurance led by Mary Zengo. Short runs, based on student ability, will gradually increase each week to longer runs with an emphasis on form and speed. Each week is designed to prepare students for the ultimate goal of successfully running the Thanksgiving Day 5k race in November.

Resident: \$185    Non-resident: \$200      Wilton High School Track

**STAND UP PADDLEBOARDING**

2 Sessions      A. Tuesday & Thursday, August 27 & 29      5:30-7:30pm  
B. Monday & Wednesday, September 9 & 11      5:30-7:30pm

Stand Up Paddleboarding (SUP) is one of the fastest growing water fitness activities. Suitable for all ages, this blossoming water sport utilizes an oversized yet stable surfboard and a long single bladed paddle. Each session will include 15-30 minutes of on-land instruction and 1.5 hours of on the water (large flat pond) teaching and practice. All necessary equipment for the class will be provided. A \$50 equipment rental fee, which includes paddle board, paddle and life jacket, is payable to the instructor, Sea Kayak Connecticut.

Resident: \$60    Non-resident: \$70      129 Danbury Road, Route 7, Wilton  
(Route 7 Pond adjacent to Rings End Lumber)

**OUTDOOR TENNIS: All Levels**

BEGINNER: 6 Sessions (Choose section A, B, or C)

- A. Tuesdays, September 10-October 15 7:00-8:00pm
- B. Tuesdays, September 10-October 15 8:00-9:00pm
- C. Sundays, September 8-October 13 1:00-2:00pm

ADVANCED BEGINNER/LOW INTERMEDIATE: 6 Sessions (Choose section A or B)

- A. Wednesdays, September 11-October 16 7:00-8:00pm
- B. Sundays, September 8-October 13 2:00-3:00pm

INTERMEDIATE: 6 Sessions (Choose section A or B)

- A. Wednesdays, September 11-October 16 8:00-9:00pm
- B. Sundays, September 8-October 13 3:00-4:00pm

Emphasis is placed on effective stroke development involving fundamentals of grip, footwork, proper swings and movement on the court. Drills will concentrate on improving the effectiveness of play simulating game-like situations. Instruction on positioning and strategy will take place. Instructor: Glen Englander, tennis professional at Four Seasons Racquet Club.

Resident: \$120 Non-resident: \$135 Outdoor Tennis Courts, Route 7

**YOGA FOR BODY, BREATH AND MIND**

- 8 Sessions
- A. Thursdays, September 12-October 31 9:15-10:30am
  - B. Thursdays, November 7 – January 9 9:15-10:30am

Yoga is the practice of balance, strength and breath in action. Each class will introduce a series of progressive postures that build a sturdy and aligned body and a compassionate mind. Be prepared to sweat, stretch and strengthen! Classes are challenging and fun! Bring an open mind and fearless heart! Rid yourself of old aches and pains and develop a graceful, supple body and peaceful mind! Instructor: Valerie Rich.

Resident: \$125 Non-resident: \$140 Trackside, 15 Station Road, Wilton

**ZUMBA®: Tuesday Morning Workout At Conservatory of Dance With Lindy**

- 8 Sessions
- A. Tuesdays, September 10-November 12 9:15-10:15am
  - B. Tuesdays, November 19-January 28 9:15-10:15am

Are you ready to party yourself into shape? Forget the workout; just lose yourself in the music! Zumba® classes feature exotic rhythms set to high-energy Latin and international beats. The simple choreography is derived from dances like the Salsa, Merengue, Soca, Cha-Cha, Hip-Hop and Reggaeton to name a few. Before you know it, you'll be getting fit and your energy levels will be soaring! It's easy to do, effective and totally exhilarating. Zumba routines incorporate interval training, alternating fast and slow rhythms and resistance training. You do not need to be able to dance well to reap the benefits of a Zumba® class. What are you waiting for? It's time to JOIN THE PARTY! Visit Lindy's Webpage: [zumbaridgefield.com](http://zumbaridgefield.com) or her Facebook page: [zumbaridgefield](https://www.facebook.com/zumbaridgefield).

Resident: \$110 Non-resident: \$125 Conservatory of Dance  
151 Old Ridgefield Road, Wilton

**Sign Up for Classes Now!**  
Class offerings depend on minimum enrollments.

Don't take a chance that your class may be cancelled or filled.  
**ENROLL TODAY!**

**Instructor Bio's are available online in the individual course descriptions.**

**Fall 2013 Mandated Registration Dates  
 for ABE, GED, ESL**

**Sept 25 – 6:30-8:30 pm @ Staples High School, Westport – ABE/GED/ESL**

**Sept 25 – 9:30-11:00 am @ Wilton Library, Wilton – ESL**

**Sept 26 – 6:30-8:30 pm @ Staples High School, Westport – ABE/GED/ESL**

**Sept 26 – 9:30-11:00 am @ 1 Canal Street, Westport – ESL**

**Visit [www.wiltoncontinuinged.org](http://www.wiltoncontinuinged.org)  
 for registration requirements**

Updated information for  
 ABE, GED and ESL may be obtained online  
 at [www.westportcontinuinged.com](http://www.westportcontinuinged.com) and through  
 the Westport Continuing Education office  
 at 203-341-1209

**Wilton Continuing Education will not be held on:**

Monday, September 2

Thursday, September 5

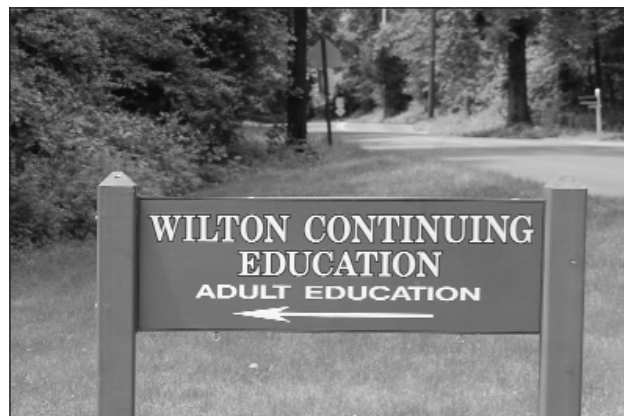
Monday & Tuesday, October 14 & 15

Tuesday, November 5

Wednesday, Thursday and Friday, November 27, 28 & 29

**Look for our sign at the  
 Middlebrook School  
 driveway on School Road.**

Once you are in  
 the parking lot  
 you will see the  
 Back Canopy Entrance.



register online at **[wiltoncontinuinged.org](http://wiltoncontinuinged.org)**

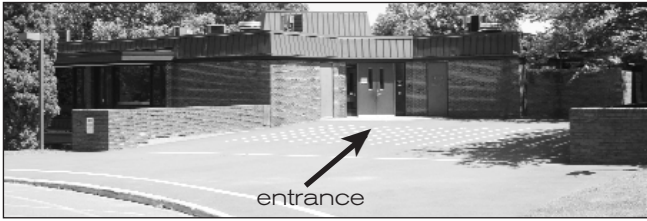
24 hours a day! / We accept Visa & Mastercard

**Registration Begins August 1, 2013**  
**Classes Begin August 27 • Classes End December 18**

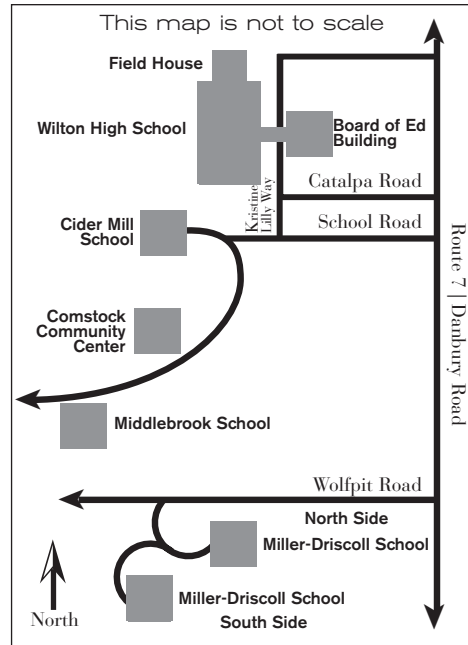
**Instructors will present individual class schedules at their first session.**



Miller-Driscoll School: 336 Belden Hill Road  
South Entrance



Miller-Driscoll School: 217 Wolfpit Road  
North Entrance



**Register Online: [www.wiltoncontinuinged.org](http://www.wiltoncontinuinged.org)**

<b>Online:</b> <a href="http://www.wiltoncontinuinged.org">www.wiltoncontinuinged.org</a> seven days a week twenty-four hours a day 24/7 access	<b>Mail:</b> Mail this registration form to: <b>Wilton Continuing Education</b> <b>Box 277</b> <b>Wilton, CT 06897</b>	<b>Phone or Fax:</b> <b>Telephone: 203.834.7694</b> M-F 8:30 a.m. to 4:00 p.m. <b>Fax: 203.834.7697</b> 24/7
<b>MasterCard   Visa</b>	<b>Check   MasterCard   Visa</b>	<b>MasterCard   Visa</b>

- Payment or credit card information must accompany registration. Registrations received without payment or credit card information will not be processed.
- We do not send enrollment confirmations for mail, phone, or fax registrations.
- If your class is cancelled or postponed, we will contact you.
- **Please use a separate form for each individual. Duplicate this form as necessary.**
- **Please include the \$10 registration fee (\$5 for Wilton Senior Citizens).**

Name \_\_\_\_\_ Date \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

If you are a Wilton resident, are you 62 years or older?  yes  no Date of Birth \_\_\_\_\_

Additional courses you would take if offered \_\_\_\_\_

Time	Dates	Course Title	Fee

	<b>Registration Fee</b>	<b>\$</b>
	<b>Total Fees</b>	<b>\$</b>

**Check** (Make checks payable to Town of Wilton)

**Money Order**  **MasterCard**  **Visa** Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ 3-Digit Code \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Signature \_\_\_\_\_

Credit Card Billing Address:

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Postal Patron

**Terrariums:**  
Create Your Own  
Secret Garden  
Under Glass  
See page 16 for details

**ALL-STAR DRIVER**  
  
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Wilton's Most Flexible Driving School

Scan here to register for your class:



**The Wilton Public Schools**  
**on-premises, before and after school extended day program**  
allows your child to enjoy a seamless transition  
between school and fun.



the fun side is...  
**the inside, outside**  
**before & after**  
**fun at school advantage**  
**for your child :-)**

**PreSchool**  
**Extended Day Programs**

7:00 to 9:00 a.m.  
3:30 to 5:30 p.m.

**Miller-Driscoll**  
Before & After School  
Extended Day Programs  
7:00 to 9:00 a.m.  
3:30 to 6:30 p.m.

**Cider Mill**  
After School  
Extended Day Program  
2:15 to 6:30 p.m.

**Drop-ins welcome!** It's never too late to sign up. **Inquire about our Drop-In 5 Pass!**

Learn more about our extended day and enrichment programs at  
[www.wiltoncontinuinged.org](http://www.wiltoncontinuinged.org)