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What's new to you?



Winter/Spring 2015

Register online at wiltoncontinuinged.org

Wilton Continuing Education

Wilton Continuing Education: Winter/Spring 2015 Courses

Table of Contents

ABE GED ESL	16
Apple iDevices & Apps	1
Computers	2
Cuisine & Spirits	5
Dance	6
Digital Imaging	7
Finance, Business & Careers	8
Fine Arts	9
Hobbies & Crafts	10
Home & Garden	10
Languages	11
Personal Growth & Wellness	12
Special Interests	13
Sports, Fitness & Recreation	15
Registration Form	inside back cover

Board of Education Members

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Superintendent of Schools

Dr. Kevin Smith

The Wilton Continuing Education Program does not discriminate in employment or in educational opportunities on the basis of sex, handicap, race, color, creed, religion, national origin, ancestry, or marital status.

Wilton Continuing Education: Dolores Tufariello, Coordinator
 Emily Dowden, Doreen Esposito & Lorraine Anagnost
 Assistants to the Coordinator

Office: Wilton High School, 395 Danbury Road, Wilton, CT 06897 (Room #3)

Web site: www.wiltoncontinuinged.org

Telephone: 203.834.7694 | **Fax:** 203.834.7697

Welcome to the Spring 2015 Wilton Continuing Education catalog of classes. I invite you to go online to access our course information at wiltoncontinuinged.org. You'll find the digital edition of the catalog, photo galleries, testimonials and links to more information. The digital catalog is opened 3 weeks prior to the printed brochure. Take advantage!

- Dolores Tufariello
 Coordinator, Wilton Continuing Education

Registration:

Online: www.wiltoncontinuinged.org.

Phone: 203.834.7694, Monday – Friday 8:30 a.m. - 4:00 p.m.

Fax: 203.834.7697 (use form on inside back cover)

A \$10 Registration fee is payable once per semester; \$5* for Wilton Seniors. Payment in the form of check/money order, Visa or MasterCard must accompany registration.

Registration fees are non-refundable unless WCE cancels a class.

Enrollment confirmation will be sent via email. If your class is cancelled or postponed, we will contact you by email.

- Please add wiltoncontinuinged.org to your safe senders list.
- The Wilton Continuing Education Program welcomes all adults, 18 years and older.
- All Wilton Public School facilities are accessible for persons with physical disabilities.

Refund Policy

If a student withdraws before the course start date, she/he will be given a program credit less a \$20 withdrawal fee per class. Material/food fees when included in the class fee are not refundable.

Emergency Cancellations

WCE classes are automatically cancelled when there is a weather or other emergency and when Wilton Public Schools are closed. Closing notifications will be sent via email. Check your email for a detailed message from our office and/or WFSB-TV, Channel 3 for school closings.

Wilton Senior Citizens

Wilton Senior Citizens (62 years of age or older): Discounted pricing for Wilton senior citizens may apply. Call the Continuing Education office the Friday PRIOR to the specific class offering to check if senior discounts apply. There are NO discounts for off-site classes (non town owned premises), computer, Ed2Go, ballroom dance, tennis with Coach Yvonne, & weight loss/nutrition/sleep classes).

*Wilton senior citizens pay a discounted registration fee of \$5 per semester.

Cover Art by Erin Jenkins
 Brochure by kelley|fortuno marketing design



Please help us protect our students with allergies. **NO** latex gloves or latex balloons are permitted in any Wilton Public School. Please call us at 203.834.7694 if you have any questions.

Apple iDevices & Apps

For all of the iDevice classes, please bring your charged iPad / iPhone to class.



APPLE TV FUNDAMENTALS: Say NO to High Priced Cable TV - Say YES to Apple TV!

1 Session Friday, February 20 1:00-3:30pm
 Tired of paying high cable TV bills for programs you don't want? Can't get the ones you do want? Save money on your entertainment needs with Apple TV's little black box that enables streaming movies & TV shows, Podcasts from iTunes Store, Netflix, Hulu Plus, PBS, Internet radio stations, your own Photo Streams or even surf the Web with an iPhone / iPad, "mirroring" onto Apple TV.
 Resident: \$25 Non-resident: \$35 Wilton High School – Room 6

iCLOUD FUNDAMENTALS

Prerequisite: iPhone Essentials or iPad Fundamentals or a basic understanding of all/any devices.

2 Sessions Wednesdays, March 25 & April 1 7:00-9:30pm
 Learn how Apple's iCloud seamlessly integrates your data, Photos, Contacts, Music, Apps, Books, Calendars across all your iDevices, Macs, or PCs. Update your content no matter which device you're using! Use it on one device – it automatically appears on the other(s)! Download "Find My Friends" and "Find my iPhone / iPad". Learn to use iTunes, on your computer, to sync and backup.
 Resident: \$110 Non-resident: \$120 Wilton High School – Room 6

iPHONE ESSENTIALS: Say Hello!

2 Sessions Fridays, February 27 & March 6 1:00-3:30pm
 Understand the basic operations and enhanced features of the iPhone: visual voicemail, conference calling, the calendar, mail, address book, iMessage text messaging, FaceTime for video calling, Safari to search the Web, iTunes for video, music and media.
 Resident: \$110 Non-resident: \$120 Wilton High School – Room 6



iPHONE ESSENTIALS: Take It To The Next Level

2 Sessions Wednesdays, March 11 & 18 7:00-9:30pm
 Learn more about the 4 most important productivity apps: Contacts, Calendars, Mail and Safari. Learn more about FaceTime's audio & video calling, get iOS 8 tips, add features with third-party apps and learn to use Siri to get results. See augmented reality apps. Get usability tips on Apple Pay.
 Resident: \$110 Non-resident: \$120 Wilton High School – Room 6

iPAD FUNDAMENTALS: Part 1

2 Sessions Fridays, April 10 & 24 1:00-3:30pm
 Do you have an iPad, but don't have time to figure out all of its capabilities? Learn correct swiping gestures, software settings, touch pad typing functions and email setup. Familiarize yourself with basic apps, surf the Web, share photos and more.
 Resident: \$110 Non-resident: \$120 Wilton High School – Room 6



iPAD FUNDAMENTALS: Part 2

Prerequisite: iPad Fundamentals or a basic understanding of all/any devices.

2 Sessions Wednesdays, April 22 & 29 7:00-9:30pm
 This follow-up course continues to provide a better understanding of day-to-day iPad usage for all business, artistic, leisure and personal needs.
 Resident: \$110 Non-resident: \$120 Wilton High School – Room 6



iPHONE CAMERA & IPHOTOGRAPHY (See Page 7)

Group Discounts

Organize a group of 6 or more students and you will receive your class free. All students must participate in the same class. Call our office for registration information.

Computers

- Each PC is equipped with NEW LARGE TOUCH SCREEN MONITORS.
- Experience high definition visuals with our instructor wall mounted TV monitor.
- DAYTIME & EVENING computer classes are limited to 6 students. Instruction is like having a private lesson within a group.
- Microsoft Office classes will focus on Office 2013 & Windows 8.1.

ESSENTIAL COMPUTER SKILLS FOR TODAY'S WORKPLACE:

Microsoft Office 2013 Workshop

4 Sessions	A. Monday, Tuesday & Thursday, Friday, February 23, 24, 26 & 27	9:00-11:30am
	B. Monday-Thursday, March 2-5	7:00-9:30pm
	C. Monday, Tuesday & Thursday, Friday, April 20, 21 & 23, 24	9:00-11:30am

Focus on the 4 most important computer skills for the workplace: Word, Excel, Outlook and PowerPoint.

Resident: \$235 Non-resident: \$250 Wilton High School – Room 6

WINDOWS 8.1: Microsoft's New Operating System & Touch Screen Technology

Prerequisite: Bring Microsoft account information.

1 Session	A. Monday, February 2	9:00-11:30am
	B. Monday, February 9	7:00-9:30pm
	C. Tuesday, May 5	9:00-11:30am

Windows 8.1 is Microsoft's new platform for computing. If you've recently purchased a Windows 8 laptop/desktop (or considering one), this class will help you learn its new functionality. Explore and customize the new tiled display. Microsoft's tile tapping touch screen is similar to tapping and swiping on a tablet or smart phone. If you use a mouse we will discover new keyboard shortcuts. Have fun with some Windows 8 apps.

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

BUILD YOUR OWN BLOG WITH WORDPRESS.COM

Prerequisite: Microsoft Word or equivalent and Internet basics.

1 Session	Monday, April 6	7:00-9:30pm
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Interested in blogging or using a blog to develop more business? Learn how to use the free tool WordPress.com to build and maintain your blog.

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

CREATING A WEB SITE: For The PC User

Prerequisite: Microsoft Word or equivalent and Internet basics.

3 Sessions	Fridays, April 24, May 1 & 8	9:00am-12:00pm
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Want to create a custom Web site and don't want to be locked into the expense or cookie-cutter standards of hosting companies? Using Microsoft Expression (available as PC freeware, does not install on Apple), students will have creative control over designing and hosting their Web site. Provide links, forms and graphics for visual impact. Add Google Analytics to view and analyze Web site traffic. Optional: Choose to reserve a domain name and obtain hosting.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 6

EXCEL 2013: Introduction To Spreadsheets

2 Sessions	A. Monday & Tuesday, February 9 & 10	9:00-11:30am
	B. Wednesdays, February 18 & 25	7:00-9:30pm
	C. Monday & Tuesday, March 30 & 31	9:00-11:30am
	D. Tuesday & Wednesday, April 21 & 22	7:00-9:30pm

Learn to make mathematical, financial, computational work quick, accurate and ready for analysis. Create and update worksheets with formulas, including relative and absolute references. Focus on inputting and formatting data. Review layout considerations for large multi-sheet workbooks for digital and printed view. Create charts and graphs.

Resident: \$125 Non-resident: \$135 Wilton High School – Room 6

A Word on Prerequisites: It is essential, and assumed by our instructors, that students meet the prerequisites for courses, so they will not fall behind or slow down other students. **See course descriptions for prerequisites.**



Please help us protect our students with allergies. **NO** latex gloves or latex balloons are permitted in any Wilton Public School. Please call us at 834.7694 if you have any questions.

EXCEL 2013: Intermediate*Prerequisite: Excel Introduction or equivalent.*

3 Sessions	A. Monday, Tuesday & Thursday, March 9, 10 & 12	9:00-11:30am
	B. Thursdays, April 30 & May 7 & 14	9:30am-12:00pm
	C. Tuesday, Wednesday & Thursday, April 28-30	7:00-9:30pm

Learn shortcuts to navigate worksheets with thousands of rows or dozens of columns. Work with math and text functions, date/time & count functions, data filters and worksheet protections. Cover named ranges, auto-fill and custom lists. Link Excel data to other documents.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 6

EXCEL 2013: Advanced Spreadsheet Functions & Macros*Prerequisite: Excel Introduction or equivalent.*

3 Sessions	A. Tuesday-Thursday, March 17-19	9:00-11:30am
	B. Thursdays, April 23, 30 & May 7	7:00-9:30pm

Learn to customize toolbars and sort/subtotal data. Create VBA macros and reduce repetitive and tedious tasks. View and protect worksheet data by locking cells, and create and work with interactive Web documents. Book included.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 6

NEW! GOOGLE SHEETS

1 Session	Monday, March 2	7:00-9:00pm
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Don't have Excel but want to learn how to create spreadsheets? Google Sheets is free! Learn the fundamentals. We'll cover data entry, formatting and basic formulas!

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

NEW! GOOGLE & THE CLOUD

1 Session	Monday, May 18	7:00-9:00pm
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Free Google Tools! Learn about Google Drive, Sheets, Docs, Slides, Hangouts, Sites, Wallet, Play and others. Share information without emailing back & forth. Learn to navigate the Google Cloud.

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

FACEBOOK 101*Bring Facebook ID & Password (if you have an existing account).*

1 Session	Thursday, February 5	9:00-11:30am
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This hands-on workshop will help students set up a new Facebook account or enhance an existing one. We'll take photos, create profiles, connect to and invite friends or colleagues, add pictures and comments and post status updates. Learn to control your account and privacy settings. All students will leave class having an online presence.

Resident: \$40 Non-resident: \$50 Wilton High School – Room 6

NEW! FACEBOOK FOR BUSINESS: Set up for Success!

1 Session	Thursday, April 23	7:00-9:00pm
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Success on Facebook starts with optimal set-up! Create your business page, learn proper design dimensions and optimize your page. Additionally, you will gain tips & tricks on how to find, create and schedule engaging, effective content!

Resident: \$40 Non-resident: \$50 Wilton High School – Room 6

NEW! FACEBOOK FOR BUSINESS: Advertising on Facebook

1 Session	Thursday, May 21	7:00-9:00pm
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Are you unsure of how to reach your ideal audience on Facebook? Learn the different types of paid advertising Facebook offers, which one is best to use and how to measure results! With individual instruction, you will have the opportunity to set up and launch an ad for your business Facebook page.

Resident: \$40 Non-resident: \$50 Wilton High School – Room 6

FILE MANAGEMENT: Organization, Backup & Maintenance*Prerequisite: Microsoft Windows or basic knowledge.*

1 Session	Monday, March 16	9:00-11:30am
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Become proficient in file organization and maintenance. Manage your hard drive and organize and back up important files. Create sub-folders or sub-directories to keep your documents, photos, and audio/video files organized. Perform standard maintenance routines. Be in control of your computer and have the knowledge and tools to recover from problems calmly and competently.

Resident: \$55 Non-resident: \$65 Wilton High School – Room 6

KEYBOARDING SKILLS: Touch Typing*A Lunch-Hour Enrichment Class.*

5 Sessions Monday-Friday, April 20-24 12:00-1:00pm
 Learn to type quickly and fluently without looking at your hands.
 Resident: \$110 Non-resident: \$125 Wilton High School – Room 6

LINKEDIN: Get Set Up!

1 Session A. Tuesday, February 3 9:00-11:30am
 B. Wednesday, February 11 7:00-9:30pm

LinkedIn is the number one social media site for professional networking. Whether you're actively in a job search or simply interested in networking with other business professionals, you need LinkedIn! This hands-on workshop will help you get started; we'll take your photo, help you write your profile, get you focused on your purpose and viola! You'll have a professional online presence.

Resident: \$45 Non-resident: \$55 Wilton High School – Room 6

LINKEDIN & NETWORKING: Advanced

1 Session Thursday, April 9 7:00-9:00pm

It's time to leverage your LinkedIn account and profile! Learn to find and create new opportunities for your business or to advance your career. Find sales prospects or prospective employers. Connect with and meet new prospects or industry professionals by using warm introductions. Join and network within LinkedIn Groups. Properly give and receive recommendations and endorsements. This class will help you to integrate your face to face and digital networking into one seamless and productive effort.

Resident: \$45 Non-resident: \$55 Wilton High School – Room 6

OUTLOOK 2013: Controlling Your Inbox, Appointment Schedule & Contacts

2 Sessions Tuesday & Thursday, April 28 & 30 9:00-11:30am

Learn how to efficiently set-up your email inbox and manage email volume more effectively! Create primary and secondary mailboxes, set-up folders and rules to help sort your mail, send messages with attachments, capture email addresses to create contact lists and distribution groups, set calendar appointments with reminders, backup your address book and sync with your smart phone.

Resident: \$110 Non-resident: \$120 Wilton High School – Room 6

PRESENTATION STRATEGIES: Prezi & PowerPoint

2 Sessions Monday & Tuesday, March 23 & 24 9:00-11:30am

PowerPoint is the standard tool being used for presentations these days and, used correctly, can be a very effective tool for communicating ideas and inspiring your audience. But PowerPoint is no longer the only tool out there: Prezi is the new presentation program on the block! Prezi is Web-based and organizes your ideas on a whiteboard or storyboard, and takes your audience on a 3-D journey using graphics and animation. It is the new, creative way to present your message and excite your audience. We will spend the 1st day working with PowerPoint and the 2nd day exploring the possibilities of Prezi.

Resident: \$110 Non-resident: \$120 Wilton High School – Room 6

GET GOING WITH QUICKBOOKS 2014: For The PC User

3 Sessions A. Saturdays, January 10, 24 & 31 9:00-11:30am
 B. Wednesday, Thursday & Friday, March 25-27 9:00-11:30am

Get your business started with QuickBooks! QuickBooks is designed for small to medium sized businesses and is jam-packed with features to help you track your business' finances and save valuable time! Become familiar with the setup of your company, lists, products and inventory, invoicing, accounts receivable, paying bills, online banking, sharing files with an accountant and running reports.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 6

Group Discounts

Organize a group of 6 or more students and you will receive your class free. All students must participate in the same class.
 Call our office for registration information.

WEB SITE IN 2 NIGHTS

Prerequisite: Microsoft Word or equivalent and Internet basics.

2 Sessions Thursdays, February 19 & 26 7:00-9:30pm

Have you ever thought about creating your own Web site but weren't sure how to get started? Sign up now to build your site in two nights! You will create your very own Web site with WordPress.com and be able to edit your content anytime, 24/7, after our class! Bring to class:

1. The names of up to 5 pages you want to create, such as "About Us", "Our Products", "Photo Gallery", etc.
2. A flash disk with content you'd like to include such as images, logo, and text.
3. Access to your email (you will need to validate your WordPress.com account via email).
4. OPTIONAL: A domain name in mind or already purchased (you can check if your domain is available at GoDaddy.com).

Resident: \$150 Non-resident: \$160

Wilton High School – Room 6

WORD: Word For Work

2 Sessions Monday & Tuesday, March 2 & 3 9:00-11:30am

Get ready to create professional looking letters, memos, resumes, and other documents. This course covers the basics of creating, formatting and printing, as well as: setting margins, orientation, page numbers, indents, bulleted lists, tabs, tables, spell checker, thesaurus, grammar checker, help function, auto-text, auto-correct and more.

Resident: \$110 Non-resident: \$120

Wilton High School – Room 6

Cuisine & Spirits

ARTISAN BREADS & SWEET CAKES

2 Sessions Saturdays, February 21 & 28 8:00-11:30am

Learn the tips and tricks to make gourmet croissants, breads, rolls & coffee cakes. Students will master the hands-on skills to mix, make & bake these treats at home with confidence. Materials fee, payable to the instructor, is \$25.

Resident: \$50 Non-resident: \$60

Wilton High School – Culinary Arts Room



CAKE DECORATING

2 Sessions Thursdays, April 30 & May 7 7:00-9:00pm

Create a spectacular cake like you see in a bake shop! Learn several techniques to guide you towards spectacular – making buttercream, frosting a smooth and level cake, piping different designs and creating with fondant. Materials fee, payable to the instructor, is \$20. Please bring one 8" or 9" cake to decorate.

Resident: \$40 Non-resident: \$50

Wilton High School – Culinary Arts Room

CANNING 101: Introduction to Small Batch Canning

1 Session Saturday, March 21 9:30-11:30am

Preserve your produce perfectly! Class covers food safety and the hot water bath method. We'll prepare and can a seasonal fruit compote or jam and also preserve a jar of pickles to take home along with a "cooks book" of recipes and canning instructions. Materials fee, payable to the instructor, is \$10.

Resident: \$30 Non-resident: \$40

Wilton High School – Culinary Arts Room



CANNING 201: The Next Generation

1 Session Saturday, March 28 9:30-11:30am

Already know the basics of canning? Need a refresher? We'll jump right into canning using small batch pint jars and artisanal recipes of today. We'll have a short prep demonstration and then begin "hands on" by preserving a seasonal fruit or vegetable recipe from start to finish (according to market). Take away a homemade food jar & packet of recipes for year round preserving. Materials fee, payable to the instructor, is \$12.

Resident: \$30 Non-resident: \$40

Wilton High School – Culinary Arts Room



CLASSIC COCKTAILS: Shake the Night Away

1 Session Thursday, March 19 6:45-8:00pm

Stir and shake the night away at Ancona's *Classic Cocktails Tasting Seminar*! Mix up your weekly routine and join special guest, Rob Reilly, to this interactive tasting seminar. Rob will showcase the versatility of a few simple ingredients and create a handful of our favorite classic cocktails. Materials fee, payable to Ancona's Wines, is \$25.

Resident/Non-resident: \$20

Ancona's Wines
720 Branchville Road, Ridgefield

CRAFT BEERS & ARTISAN CHEESE

1 Session Sunday, March 8 5:30-7:30pm
 Join the revolution! Beer is the new wine and it pairs perfectly with cheese. Explore a carefully selected menu of craft beers and artisanal cheese pairings at this popular tasting series. Class will kick off with a few small bites and a beer to go with them, and then guests will sit for a guided pairing with commentary—all questions welcome. Bring your appetite! Materials fee, payable to the instructor, is \$25. Must be 21 years of age.
 Resident/Non-resident: \$20 No.109 Cheese Market, Ridgefield

CREATIVE INDIAN STYLE COOKING

Learn the basic cooking techniques and ingredients of Indian regional cuisines, known for its unique flavors and aromas. Spice up your palate!

2 Individual Sessions
 Thursday, February 26 7:00-9:00pm
Masala Dosas – Indian Crepes with assorted fillings and Indian condiments.
 Thursday, May 21 7:00-9:00pm
Indian Grill & Festival Dishes - Chicken Tandoori & Chicken Malai Kebob (marinated chicken dishes) & Tandoori Paneer & Grilled Herbed Vegetables).

Food fee, payable to the instructor, is \$10/session.
 Resident: \$30/Session Non-resident: \$40/Session Wilton High School – Culinary Arts Room

NEW! SPARKLING WINES: A Tasting Tour

1 Session Thursday, April 23 6:45-8:00pm
 Lift your spirits at Ancona's *Sparkling Wine Tasting Seminar!* Like anything in life, a good bottle of bubbly is infinitely better when shared with others. Please join Ancona's Wine Director, Codey Foster, on a scintillating world tour of sensational sparkling wines. On this delicious journey, guests will have the opportunity to sample classic bottles of bubbly from the United States, Italy, Spain, and France. Materials fee, payable to Ancona's Wines, is \$25.
 Resident/Non-resident: \$20 Ancona's Wines
 720 Branchville Road, Ridgefield

NEW! SPRING COOKIE PLATTER

1 Session Thursday, March 26 7:00-9:00pm
 Bake delicious cookies and spring into the season! Bake coconut macaroons, cherry biscotti and gluten free brownie cookies. Take home a small platter! Materials fee, payable to the instructor, is \$12.
 Resident: \$25 Non-resident: \$35 Wilton High School – Culinary Arts Room

WINE AND YOUR WAISTLINE: How to have your Sip and Still Manage to Zip!

1 Session Thursday, March 12 7:00-9:00pm
 Is there room for wine in your diet? Gain a better understanding of how the body metabolizes spirits and the body's response to alcohol. Learn some basic rules that will help you make good choices and keep a happy, healthy perspective on wining and dining. (Materials fee of \$10 will cover the cost of the optional wine tasting.)
 Resident: \$20 Non-resident: \$30 Trackside 15 Station Road, Wilton

Dance

BALLROOM/LATIN: Beginner Basics

Learning the basics is as easy as 1, 2, 3...The Ballroom Magic Way.
 8 Sessions Thursdays, March 5-26 & April 2, 23 & 30 7:00-8:00pm
 Plus a Ballroom Magic Friday night practice session or a Ballroom Magic Saturday night dance party.
 This class will introduce the basics in the classic smooth dances – Foxtrot, Waltz, and Tango – as well as popular Latin/Rhythm dances—Rumba, Cha Cha, Mambo/Salsa, and Swing. All dances will be taught using methods that will enable students to retain what they have learned and enjoy their dance skills for years to come.
 Resident: \$185/couple Non-resident: \$200/couple Miller-Driscoll North Cafeteria – North Entrance

Instructor Bio's are available online in the individual course descriptions.

BALLROOM/LATIN: Intermediate

8 Sessions Thursdays, March 5-26 & April 2, 23 & 30 8:00-9:00pm
 Plus a Ballroom Magic Friday night practice session or a Ballroom Magic
 Saturday night dance party.

If your goal is to build on your current dance skills and take your dancing to the next level, this class is for you! By adding new steps along with tips on style and proper technique to your smooth dances – Foxtrot, Waltz, and Tango – as well as your Latin/Rhythm dances – Rumba, Cha Cha, Mambo/Salsa, and Swing... You will feel a whole new level of excitement on the dance floor.

Resident: \$185/couple Non-resident: \$200/couple Miller-Driscoll North Cafeteria – North Entrance

INDIAN FOLK & BOLLYWOOD DANCE

4 Sessions A. Wednesdays, April 22 & 29, May 6 & 13 6:45-7:45pm
 B. Wednesdays, May 20 & 27, June 3 & 10 6:45-7:45pm

Explore the world of Indian Bollywood and folk dance. This high energy dance workout will tone your body, bring calmness to your soul and happiness to your mind.

Resident: \$45/Session Non-resident: \$55/Session Miller-Driscoll Small Gym – South Entrance

INDIAN & BOLLYWOOD DANCE NIGHT

Students under the age of 18 must be accompanied by a parent.

1 Session Friday, May 15 6:45-8:00pm

Dance Bollywood & Bhangra and immerse yourself in Indian culture. Dancing led by Nimi Clarence. Authentic Indian cuisine and mocktails prepared by Chef Rence.

Resident/Non-resident: \$25 (food & beverage fee included) Miller-Driscoll Small Gym – South Entrance

Digital Imaging

Purchased a new digital camera or iPhone and don't want to read the manual? Or just need to brush up on the basics? The following digital camera classes will introduce you to your camera and start you on the right track to using, shooting, downloading, sharing – and enjoying your photos!

HOW TO USE YOUR DIGITAL SLR CAMERA: With Lifestyle Photographer Lawrence Frank

4 Sessions Tuesdays, March 3-24 9:30-11:30am

Understand the digital camera operation and digital photographic process. Emphasis on shooting, evaluating and adjusting exposure while learning the relationship between shutter speeds, f/stops and ISO. Use the highlight over-exposure warning and histogram display screens to obtain the best image quality for each shooting condition. Class will conclude with a demonstration of download, backup, edit and archive functions using Adobe Photoshop and Lightroom. Bring camera, lenses and operating manuals to class.

Resident: \$225 Non-resident: \$240 Studio of Lawrence Frank
 WCE will email directions.

IPHONE CAMERA: Goodbye Digital Cameras...Hello iPhone!

Bring charged iPhone and Apple ID & password (if you have an existing account).

2 Sessions Fridays, March 20 & 27 1:00-3:30pm

Why hassle with extra camera equipment when the iPhone takes great pix? Learn iPhone photo techniques including special effects, editing and enhancing to make photos look even better. Organize and share photos/videos via special apps, Facebook, email, texting and social media. Session 2 covers free creative camera-specific apps.

Resident: \$110 Non-resident: \$120 Wilton High School – Room 6

**PHOTOGRAPHY: Taking Great Photos With iPhone, iPad, iPod Touch**

Prerequisite: iPhone Camera or equivalent. Bring charged iPhone and Apple ID & password.

4 Sessions Fridays, May 1-22 1:00-3:30pm

Learn the technical and artistic aspects of taking great photos. Review best practices for settings, flash, macro photography, self-timer usage, focus and anti-blur. Artistic techniques include perspective, framing, cropping, shooting for color, B&W, size, emotion and mood.

Resident: \$225 Non-resident: \$240 Wilton High School – Room 6

Finance, Business & Careers

COLLABORATIVE DIVORCE

1 Session Tuesday, March 3 7:00-9:00pm

Divorce is an extremely difficult time for most couples; the divorce process should not make the situation worse. Collaborative divorce can bring honesty and integrity to the divorce process. Learn how this model works and how it differs from litigation and mediation. Review and discuss the Collaborative Divorce Agreement. Other items covered include the possible use of other professionals to assist with issues related to children and finances.

Resident: \$25 Non-resident: \$35 Wilton High School – Room 150

GAINING FINANCIAL CONTROL OF YOUR DIVORCE

1 Session Tuesday, April 21 7:00-9:00pm

Successfully navigate your finances pre and post divorce. Review sources of income, insurance and spousal support, different types of property, retirement accounts, social security and the short and long term effects of a settlement. Learn how all assets are not created equal and how taxes effect your settlement. Before making any financial decisions regarding your divorce, become aware of potential pitfalls and learn smart questions you should be asking.

Resident: \$20 Non-resident: \$30 Wilton High School – Room 149B

ESTATE PLANNING

1 Session Thursday, March 5 7:00-9:00pm

It's time to do this! This course is a detailed seminar on various estate planning techniques, with an emphasis on avoiding gift and estate taxes, avoiding probate and maximizing lifetime wealth. It is an in-depth review of federal and state tax laws, wills, trusts, living wills and trusts, and coordination of retirement and life insurance with estate planning. Case studies will be included and class participation is encouraged!

Resident: \$30 Non-resident: \$40 Wilton High School – Room 150

INVESTMENT PLANNING FOR WOMEN

2 Sessions Tuesdays, February 17 & 24 7:00-9:00pm

Take charge of your financial life! You will be introduced to the basics of investing in stocks, bonds, cash equivalents and the concept of asset allocation. Become familiar with the vocabulary of investing and learn how to choose among the many investments available today.

Resident: \$20 Non-resident: \$30 Wilton High School – Room 149B

SELLING ON eBAY

Prerequisite: Fluency using the Internet and email.

2 Sessions Tuesdays, March 3 & 10 7:15-8:45pm

Do you have an attic full of stuff and want to sell it online? Here's your chance to learn how to be a successful seller! Learn to prepare eBay listings, communicate with prospective buyers, pack and ship items, collect payments and deal with problems along the way. Students are encouraged to bring in items (no firearms/weapons) for selling suggestions. Students will be asked to post live listings (on their own time and prior to the second session). During the second session, the class will discuss the results of the listings and what went right or wrong.

Resident: \$65 Non-resident: \$75 Wilton High School – Room 6

SMALL BUSINESS TECH ESSENTIALS

1 Session Thursday, May 14 7:00-9:30pm

Have you recently started your own business or planning to in the future? Veteran entrepreneur, Pam Barnett, has been running her own business and implementing systems for businesses for 20+ years. She will present information about the essential processes and systems to consider. Discussions will include ideas for ecommerce, order processing, fulfillment, data collection, accounting, customer relationship management, tablets/laptop/PCs and software available to save you time and money.

Resident: \$30 Non-resident: \$40 Wilton High School – Room 6

SOCIAL MEDIA FOR BUSINESS: Overview

1 Session Thursday, March 5 7:00-9:00pm

Does social media for business leave you mystified? This class will explore the most common free social media options for small business. Learn about the big four social media platforms: Facebook, LinkedIn, Twitter and Google+. Understand the user demographics of each platform to see if they match your customer and prospect profiles. This is a beginner class for people interested in exploring the use of social media for business.

Resident: \$30 Non-resident: \$40 Wilton High School – Room 6



FACEBOOK FOR BUSINESS: Set up for Success! (See Page 3)

1 Session Thursday, April 23 7:00-9:00pm



FACEBOOK FOR BUSINESS: Advertising on Facebook (See Page 3)

1 Session Thursday, May 21 7:00-9:00pm

SOCIAL SECURITY PLANNING

2 Sessions Tuesdays, May 5 & 12 7:00-8:30pm

Thinking about your financial needs in retirement? It's never too early to learn how to optimize your social security benefits. Discuss the biggest mistakes a majority of soon-to-be retirees make when it comes to social security planning. Learn how timing plays a critical role in claiming benefits, how to integrate social security with other sources of retirement income, to combat inflation and longevity, and how to best provide for your survivors financially.

Resident: \$20 Non-resident: \$30 Wilton High School – Room 150

VOICE-OVER?

1 Session Wednesday, April 29 7:00-9:00pm

Are you interested in audio books, cartoons, documentaries, commercials or Web site narration? This interactive, fun and highly educational class is eye (and ear) opening for those interested in voice-over. Learn about the voice-over industry, vocal training and marketing yourself as a voice talent, including information on recording a demo, trends, agents and production. Read commercial and narration voice-over copy and explore some of the techniques used by top voice-over pros.

Resident: \$40 Non-resident: \$50 Wilton High School

Fine Arts

CERAMICS ON THE WHEEL

8 Sessions Mondays, February 23-April 20 7:00-9:30pm

Explore all things clay in our updated pottery studio! Open to beginners through advanced levels. Students will learn how to "center" clay on a wheel and throw a cylinder to make bowls, cups, bottles and vases. Advanced students can move toward throwing pieces that require assembly such as: lidded jars, pitchers and/or teapots. White earthenware clay is used. Wear washable clothes and bring your sense of humor. A materials and firing fee of \$85 is payable to the instructor at the first class.

Resident: \$200 Non-resident: \$215 Wilton High School – Room 119D



DRAWING WITH COLORED PENCILS

10 Sessions Thursdays, February 5-April 9 12:00-2:00pm

Ms. Talburt calls the careful and methodical approach required for colored pencils "meditative." Students learn specific ways to handle this marvelous medium with the jewel-like colors and are taught basic color theory, varied strokes and color mixing methods including layering, scumbling, and burnishing. Prismacolor Premier soft core colored pencils are suggested. The course is recommended for the committed art student who is competent with basic drawing skills and is interested in augmenting class work with work at home. Materials fee, payable to the instructor, is \$12.

Resident: \$185 Non-resident: \$200 Comstock Community Center – Art Room

BEGINNING PORTRAITURE

Prerequisite: Ms. Talburt's Basic Drawing Class or equivalent experience.

10 Sessions Thursdays, February 5-April 9 9:30-11:30am

In this class, Ms. Talburt builds a bridge from basic drawing skills to the more specific art of drawing portraits. Students study facial anatomy from the skull outward – including the placement of facial features and how to create the effect of light and shadow on the face. Come to class with an 11 x 14 Biggie sketch pad, Nos. 6B and 8B graphite pencils and a kneaded eraser. Materials fee, payable to the instructor, is \$10.

Resident: \$185 Non-resident: \$200 Comstock Community Center – Art Room

OIL PAINTING & ACRYLICS

10 Sessions Tuesdays, February 3-April 7 10:00am-12:30pm

Learn the fundamentals needed to create original works of art in either oil or acrylic paint. Receive one on one instruction and choose your own subject. Come prepared for the first class with a reference photo, canvas or canvas board. Beginners will discuss and decide on oil or acrylic paints and a supply list will be provided at first class.

Resident: \$200 Non-resident: \$215 Comstock Community Center – Art Room

THE BASICS & BENEFITS OF ORGANIC GARDENING

1 Session Tuesday, February 17 7:00-9:00pm
 Learn a philosophy of gardening that supports the health of the whole system. In an organically managed garden the emphasis is on cultivating an ecosystem. Although organic gardening prohibits the use of chemical fertilizers, herbicides, and pesticides, there are alternative practices without compromising the grace and beauty of the landscape. The use of technology and apps transforming gardening will also be discussed. Materials fee, payable to the instructor, is \$5.
 Resident: \$30 Non-resident: \$40 Wilton High School – Room 150

ADD BEAUTY TO YOUR HOME: Build A Stone Wall

1 Session Thursday, March 26 7:30-8:30pm
 Back by popular demand ... Learn to build a stone wall like the professionals! Bolton Tree & Landscaping of Wilton will share expertise about constructing stonewalls in this workshop. Stonewalls add beauty and value to your home! Hurry and register ... this is one of our most popular classes!
 Resident: \$15 Non-resident: \$25 Wilton High School – Room 150

EVERY GARDEN HAS A STORY

1 Session Thursday, April 23 7:00-9:00pm
 Terry Karpen, QUEEN OF SPADES, garden storyteller, visits gardens all over the world. Gardens are more than pretty flowers and fragrant roses. Gardens mirror the architecture, art, literature, music, theater, religion, philosophy, and social/economic circumstances of their time and place. Terry is passionate about sharing her insights and discoveries with entertaining stories and slide imagery. Gardens in Italy will be the focus of this garden storytelling presentation.
 Resident: \$20 Non-resident: \$30 Wilton High School – Room 150

HOME, STAGED HOME

1 Session Monday, March 23 12:00-2:00pm
 Would you like to sell your home quickly ... and at top dollar? Stage it! Differentiate your house from others on the market! Determine what needs to be done to optimize the appeal of your home to prospective buyers. Learn powerful techniques you can do yourself for a minimal investment. Enjoy a fun, interactive class!
 Resident: \$20 Non-resident: \$30 Comstock Community Center



GARDEN WORKSHOP: Plots & Pots

1 Session Saturday, May 2 11:00am-1:00pm
 Build a garden large or small. Learn hands-on tips and techniques for successful veggie gardening. Discover practical organic strategies for weed and pest control. Discuss interplanting for saving space and adding interest to your garden. Solve common garden mysteries, like why carrots have whiskers and why radishes are always hot!
 Resident: \$20 Non-resident: \$30 Allen's Meadow Community Garden, Route 7

Languages

FRENCH

10 Sessions Mondays, February 23-May 4 7:00-8:30pm
 Learn to speak French quickly and easily with a proven teaching method that combines different successful techniques used by world renowned language companies. Bring your enthusiasm to learn to speak "La Langue de Victor Hugo" and we will give you the tools to start reading "Moliere". Materials fee, payable to the instructor, Karim Allam, at the first class, is \$10.
 Resident: \$160 Non-resident: \$175 Wilton High School

ITALIAN: BEGINNER – Parliamo Italiano! Let's Speak Italian

10 Sessions Tuesdays, January 27-March 31 12:00-1:30pm
 5 Sessions Tuesdays, April 21-May 19 12:00-1:30pm
 Refer to wiltoncontinuinged.org for detailed course information. The text is Ultimate Italian, Beginner/Intermediate (ISBN 978-1-4000-0967-1) and is available through Amazon. Materials fee, payable to the instructor, Edda Gusman, at the first class, is \$15.
 Resident: \$160/10 Sessions Non-resident: \$175/10 Sessions
 Resident/Non-resident: \$90/5 Sessions Comstock Community Center

ITALIAN: Intermediate

10 Sessions Wednesdays, January 28-April 1 11:30am-1:00pm
 5 Sessions Wednesdays, April 22-May 20 11:30am-1:00pm

Refer to wiltoncontinuinged.org for detailed course information. The text is Ultimate Italian, Beginner/Intermediate (ISBN 978-1-4000-0967-1) and is available through Amazon. Materials fee, payable to the instructor, Edda Gusman, at the first class, is \$15.

Resident: \$160/10 Sessions Non-resident: \$175/10 Sessions

Resident/Non-resident: \$90/5 Sessions Comstock Community Center

ITALIAN: Advanced

10 Sessions Mondays, January 26-April 6 12:00-1:30pm
 5 Sessions Mondays, April 20-May 18 12:00-1:30pm

Refer to wiltoncontinuinged.org for detailed course information. Materials fee, payable to the instructor, Edda Gusman, at the first class, is \$15.

Resident: \$160/10 Sessions Non-resident: \$175/10 Sessions

Resident/Non-resident: \$90/5 Sessions Comstock Community Center

PARLIAMO ITALIANO!: Let's Speak Italian This Evening!

10 Sessions Tuesdays, January 27-March 31 6:00-7:30pm

Refer to wiltoncontinuinged.org for detailed course information.

Resident: \$160 Non-resident: \$175 Wilton High School – Room 150

SPANISH FOR ENJOYMENT: Beginner

12 Sessions Wednesdays, February 4-April 29 9:00-10:00am

Refer to wiltoncontinuinged.org for detailed course information. The text is "Saludos".

Resident: \$135 Non-resident: \$150 Comstock Community Center

SPANISH: Intermediate

12 Sessions Wednesdays, February 4-April 29 10:15-11:15am

Refer to wiltoncontinuinged.org for detailed course information. The text is "Recuerdos".

Resident: \$135 Non-resident: \$150 Comstock Community Center

SPANISH: Conversation for Advanced Beginners & Beyond

10 Sessions Wednesdays, February 4-April 8 10:00-11:30am

Come and improve your fluency and gain confidence in speaking Spanish. Through participation, students will engage in Spanish conversations which will include varied topics such as dining out, shopping, and travel. Materials fee, payable to the instructor is \$10.

Resident: \$160 Non-resident: \$175 Comstock Community Center

SPANISH FOR BUSINESS

8 Sessions Wednesdays, February 25-April 22 6:30-8:00pm

There are many businesses opening in our local communities catering to Latin American markets. Join this course if you have a Spanish language foundation and you would like to apply it to business practices. Conversations will focus on doing business with the Hispanic community, both domestic and overseas. Materials fee, payable to the instructor is \$10.

Resident: \$130 Non-resident: \$145 Wilton High School

Personal Growth & Wellness



PHOBIAS, FEARS & FLOWER ESSENCES

1 Session Wednesday, May 6 7:00-9:00pm

Almost everyone has a fear of something. Dr. Edward Bach, an English physician, developed 38 flower essences for dealing with specific states of emotion; six of them address fear. These gentle flower essences have been used for decades to help people heal emotional pain and to lead healthy, productive lives. This class will discuss different phobias and fears and which of Bach's 6 flower essences to use to reduce or eliminate stress and anxiety.

Resident: \$25 Non-resident: \$35 Wilton High School – Room 150

ENERGY HEALING TECHNIQUES FOR STRESS REDUCTION, DEEP RELAXATION, FOCUS AND CLARITY IN EVERYDAY LIFE

1 Session Thursday, April 9 7:00-9:00pm
 Learn simple techniques to reduce stress and bring deep relaxation to the body, mind and spirit. Discover and integrate holistic practices to keep yourself grounded, centered and energetically secure with the goal of achieving a greater focus and clarity in everyday life. Experience a Reiki demonstration for deeper relaxation as part of this 2 hour retreat.
 Resident/Non-resident: \$30 Redding Center for Meditation
 9 Picketts Ridge Road, West Redding

NEW! SmarHEART

2 Sessions Tuesdays, March 31 & April 7 7:00-8:30pm
 Focus on reducing your risk of heart disease. Begin to change and eliminate risky lifestyle habits and choices that affect blood pressure, cholesterol, triglycerides, which lead to heart disease. Fight against your genetics or if there has been changes in your blood work. Develop SmarHEART strategies when dining out, exercising and reducing stress - all without a prescription!
 Resident: \$60 Non-resident: \$70 Office of Comprehensive Nutrition, Wilton

THE DIET-EXERCISE EQUATION

1 Session Tuesday, January 20 10:15-11:45am
 Balance the diet-exercise equation. Learn to eat to improve athletic performance and how not to eat back the calories used in physical activity! Learn the proper balance of proteins, carbohydrates and fats on a daily basis and the importance of hydration and sleep. Discuss the impact of caffeine/alcohol consumption and the use of vitamins, minerals and supplements.
 Resident: \$30 Non-resident: \$40 Wilton High School – Room 6

THE STEP-BY-STEP SLEEP SOLUTION

1 Session Tuesday, March 10 7:00-8:30pm
 You know that cranky, overtired, over-emotional, carb-craving feeling you get when you don't sleep well? Just the slightest bit of sleep deprivation puts you at a higher risk of heart disease, stroke, obesity, pre-diabetes, hormonal imbalance and lowered immunity. Get a good night's sleep, EVERY NIGHT and learn how nutrition, supplements and easy lifestyle shifts can help you to sleep like a baby again!
 Resident: \$30 Non-resident: \$40 Office of Comprehensive Nutrition, Wilton

Special Interests

NEW! THE ACTING BUSINESS: A Class For All Ages

1 Session Thursday, April 9 7:00-9:00pm
 Would you like to get paid to act? Know the in's and out's of the acting business, whether you are an adult actor, student actor or the parent of a would-be-actor. Learn the tools of the trade, actors' unions, contracts, photos, agents, auditions and casting directors from an agent who started the careers of Edward Norton, William H Macy and many others.
 Resident: \$25 Non-resident: \$ 35 Wilton High School – Room 150

NEW! DRONE OVERVIEW: What's All The Buzz?

1 Session Wednesday, May 13 7:00-9:30 PM
 Look... up in the sky... it's a bird...it's a plane...it's...a drone! In this overview and lecture class find out the Who, What, Where, When, Why and How about drones. Discover their uses in education, reconnaissance, search & rescue, forestry, 2D & 3D mapping, photography and filming, package delivery, surveillance, news video feeds and much more. Come see a drone demo.
 Resident: \$25 Non-resident: \$ 35 Wilton High School – Room 150

NEW! FINDING YOUR SOUL MATE BY THE STARS

1 Session Thursday, April 30 7:00-9:30pm
 It's Spring. Where, oh where can your soul mate be? Maybe you're just looking in the wrong place. Should a Virgo look for a Capricorn or a Taurus? Can an Aries marry a Libra and be happy? What about a Sagittarius and a Cancer? Astrology can't promise love, but maybe we can find out where cupid hides in your chart. Bring your birth information (date, place, time). *We'll do a mini-reading of your astrology chart* and see if we can find your soul mate. Materials fee, payable to the instructor is \$10.
 Resident: \$25 Non-resident: \$35 Wilton High School – Room 150

MEMOIR & PERSONAL ESSAY WRITING: Writing Your Life Stories With Marcelle Soviero

4 Sessions Mondays, March 16-30 & April 6 10:00am-12:00pm
 Everyone has a story to tell. Is it time to tell yours? Whether you seek to write short personal essays or a full-length memoir, learn the most engaging ways to tell your life stories using the finesse of fiction. We'll focus on applying such elements as character, plot, description, and dialogue. Each class will begin with a writing craft lecture using contemporary examples from best-selling memoirs. The balance of the class will be comprised of collaborative feedback on the work of classmates. This class is designed for beginner and intermediate writers as well as repeat students.
 Resident: \$165 Non-resident: \$180 Trackside, 15 Station Road, Wilton

NEW! YOU CAN SING!

1 Session Saturday, March 28 10:00am-1:00pm
 Unleash your inner singing voice in this musical class. Bring a song you want to work on (or pick from a selection available at the class) and noted performer Suzanne Sheridan will work with you. Sing a cappella, or bring music and be accompanied by Suzanne on guitar. Together we will unleash the free, unhampered voice.
 Resident: \$25 Non-resident: \$35 Wilton High School – Room 150

Sports, Fitness & Recreation

NEW! 6AM BOOTCAMP

8 Sessions A. Tuesdays & Thursdays, February 17, 19, 24, 26, March 3, 5, 10, 12
 B. Tuesdays & Thursdays, March 17, 19, 24, 26 31 & April 2, 7, 9
 C. Tuesdays & Thursdays, April 21, 23, 28 30 & May 5, 7, 12, 14
 Take the challenge! If you're looking for a high intensity workout, our Bootcamp class will get your heart pumping and your muscles flexing. Combining cardiovascular exercises, muscle conditioning moves, and a host of athletic drills, our Bootcamp is great for experienced athletes and beginners alike.
 Resident: \$110/Session Non-resident: \$125/Session Wilton High School – 2nd Floor Weight Room & Field House

BICYCLE MAINTENANCE & INSPECTION

1 Session Tuesday, March 24 7:00-9:00pm
 The Outdoor Sports Center is the location for this very popular bicycle maintenance clinic. Learn to change a tire, fix a flat and make basic adjustments to gears, brakes and wheels, as well as other necessary maintenance. No bikes, please!
 Resident: \$25 Non-resident: \$35 Outdoor Sports Center
 80 Danbury Road, Wilton

BIKRAM YOGA: Modified Heat

3 Sessions Tuesdays, February 17, 24 & March 3 7:30-8:30pm
 Is the high heat of Bikram Yoga keeping you from trying it? Get started with a slower pace & lower heat! Information on hydration and nutrition will be included.
 Resident/Non-resident: \$50 Bikram Yoga Ridgefield
 609 Main Street, Ridgefield

BIKRAM HOT YOGA

6 Sessions Scheduled at your convenience.
 Personalize your class schedule! Come to any 6 classes and feel cleansed and energized! (Limited to 6 Sundays and/or evening classes during our Winter/Spring semester. Students will receive a class card.) Bikram's Yoga Class is a 90 minute sequence of 26 postures and two breathing exercises suitable for all levels of ability. This sequence is practiced in a heated room (105°) to warm the muscles, prevent injury, allow for a deeper workout and flush the body of toxins. Students with any pre-existing health condition should see their medical doctor for clearance. Class passes expire May 25, 2015.
 Resident/Non-resident: \$100 Bikram Yoga Ridgefield
 609 Main Street, Ridgefield

STRENGTH TRAINING

10 Sessions Mondays, February 2-April 20 7:00-8:00pm
 Want immediate results? Get a total body workout that leaves no muscle untouched or under worked. If you want to feel great, lose weight, gain strength, and look younger, this class is for you! Free weights, resistance bands, medicine balls and machines will be used.
 Resident: \$150 Non-resident: \$165 Wilton High School – 2nd Floor Weight Room

NEW! RUNNING CLINIC: Beginner

8 Sessions Mondays, April 20-June 15 9:00-10:00am
 Brand new to running? Taken a large hiatus from running? This Walk, Jog, Run class is just right for you! Our gentle and gradually progressive program combines a mix of walking, running, strength and flexibility to guide you on the road to a more active and healthy lifestyle. The goal is to cover between a 3-5K workout with a balance of walking and running. Wear good quality running shoes and clothing suitable for weather. Bring water and a can-do attitude!
 Resident: \$185 Non-resident: \$200 Wilton High School Track

NEW! INDOOR DAYTIME TENNIS: At Four Seasons Tennis Club

8 Sessions Sign up to play indoors at this beautiful facility.
 BEGINNER Mondays February 2 – March 30 1:00-2:00pm
 ADV. BEGINNER Tuesdays February 3 – March 24 1:00-2:00pm
 INTERMEDIATE Wednesdays February 4 – March 25 1:00-2:00pm
 Resident: \$200/Session Non-resident: \$215/Session Four Seasons Tennis Club, Wilton

NEW! INDOOR EVENING TENNIS: At Four Seasons Tennis Club

8 Sessions February 4- March 25 Sign up to play indoors at this beautiful facility.
 BEGINNER/ADV. BEGINNER Wednesdays 7:00-8:00pm
 INTERMEDIATE Wednesdays 8:00-9:00pm
 Resident: \$200/Session Non-resident: \$215/Session Four Seasons Tennis Club, Wilton

INDOOR SUNDAY TENNIS: At Four Seasons Tennis Club

8 Sessions February 8–April 5 Sign up to play indoors at this beautiful facility.
 BEGINNER Sundays 4:00-5:00pm
 ADV. BEGINNER Sundays 5:00-6:00pm
 INTERMEDIATE Sundays 6:00-7:00pm
 Resident: \$200/Session Non-resident: \$215/Session Four Seasons Tennis Club, Wilton

CARDIO TENNIS: Coach Yvonne D'Aquino, Certified USTA & PTR

6 sessions Outdoor tennis ideal for all ability levels.
 NEW TO TENNIS OR CARDIO Fridays April 24-May 29 10:30-11:30am
 INTERMEDIATE & HIGHER Mondays April 20-June 1 9:15-10:15am
 INTERMEDIATE & HIGHER Fridays April 24–May 29 9:15-10:15am
 Fast paced tennis drills, set to music, drive this high energy, full body workout. Teams play fun, challenging games which keep players moving on the court.
 Resident: \$120/Session Non-resident: \$135/Session Outdoor Tennis Courts, Rte. 7

OUTDOOR DAYTIME TENNIS: Coach Yvonne D'Aquino, Certified USTA & PTR

6 Sessions Get a workout and improve your game.
 BEGINNER Mondays April 20 – June 1 10:30-11:30am
 BEGINNER Tuesdays April 28 – June 2 10:30-11:30am
 INTERMEDIATE Tuesdays April 28 – June 2 9:15-10:15am
 Beginners will learn a new stroke each week. Intermediate players will gain stroke variety, improve placement, control and power.
 Resident: \$120/Session Non-resident: \$135/Session Outdoor Tennis Courts, Rte. 7

OUTDOOR EVENING TENNIS: Coach Yvonne D'Aquino, Certified USTA & PTR

6 Sessions April 23 – May 28 NEW this spring!
 LOW INTERMEDIATE Thursdays 6:30-7:30pm
 HIGH INTERMEDIATE Thursdays 7:30-8:30pm
 Evening class will be 50% drills and 50% supervised match play.
 Resident: \$120/Session Non-resident: \$135/Session Outdoor Tennis Courts, Rte. 7

Instructor Bio's are available online in the individual course descriptions.

OUTDOOR SUNDAY TENNIS

6 Sessions April 26 – June 7
BEGINNER Sundays 4:00-5:00pm
ADV. BEGINNER Sundays 5:00- 6:00pm
INTERMEDIATE Sundays 6:00-7:00pm
Beginners will learn a new stroke each week. Adv Beginners & Intermediate players will gain stroke variety, improve placement, control and power. Intermediate players, 3.5 and above, will concentrate on singles and doubles strategy.
Resident: \$120/Session Non-resident: \$135/Session Outdoor Tennis Courts, Route 7

TONING & ZUMBA® WITH LINDY

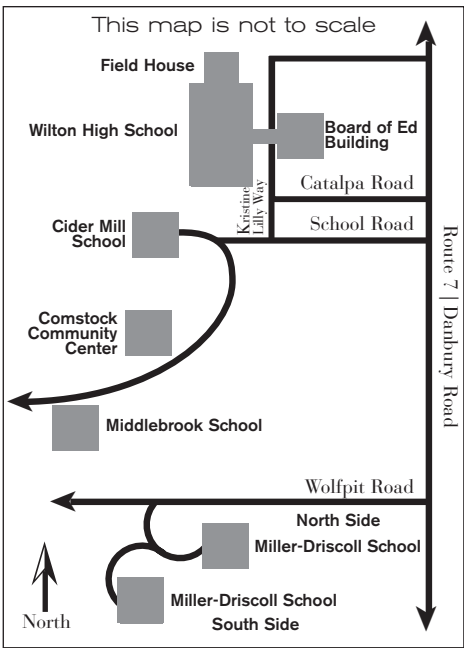
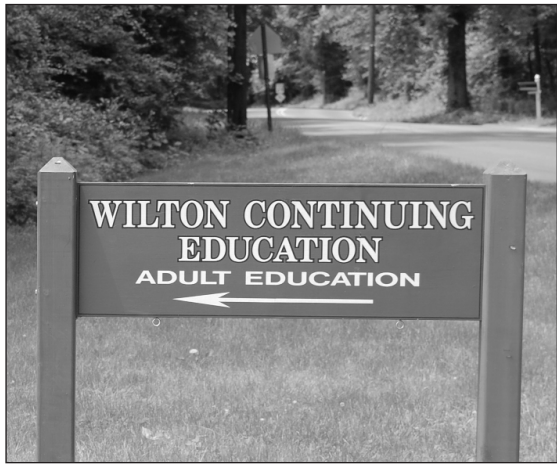
8 Sessions Tuesdays, January 27-March 17 9:15-10:15am
Add some spice and flare to your workout and shake your cha-cha! Tone upper and lower body using 1-3 pound dumbbells followed by Zumba Fitness to get your blood pumping - dance your day away! Please bring your own dumbbells.
Resident: \$120 Non-resident: \$135 Conservatory of Dance
151 Old Ridgefield Road, Wilton

Group Discounts
Organize a group of 6 or more students and you will receive your class free. All students must participate in the same class. Call our office for registration information.

**Winter/Spring 2015
Mandated Registration Dates
for ABE, GED, ESL**
Jan 21: ESL
9:30-11:00 am @ Wilton Library, Wilton
Jan 22: ESL
9:30-11:00 am @ 1 Canal Street, Westport
Jan 21: ABE/GED/ESL
6:30-8:30 pm @ Staples High School, Westport
Jan 22: ABE/GED/ESL
6:30-8:30 pm @ Staples High School, Westport
Visit wiltoncontinuinged.org for registration requirements
Updated location information for ABE, GED and ESL may be obtained online at westportcontinuinged.com, through the Westport Continuing Education office at 203-341-1209 and the Wilton Library at 203-762-3950.

Instructors will present individual class schedules at their first session.

Look for our sign at the Middlebrook School driveway on School Road. Once you are in the parking lot you will see the Back Canopy Entrance.



Register Online: www.wiltoncontinuinged.org

<p>Online: www.wiltoncontinuinged.org seven days a week twenty-four hours a day 24/7 access</p>	<p>Mail: Mail this registration form to: Wilton Continuing Education Box 277 Wilton, CT 06897</p>	<p>Phone or Fax: Telephone: 203.834.7694 M-F 8:30 a.m. to 4:00 p.m. Fax: 203.834.7697 24/7</p>
MasterCard Visa	Check MasterCard Visa	MasterCard Visa

- Payment or credit card information must accompany registration. Registrations received without payment or credit card information will not be processed.
- We do not send enrollment confirmations for mail, phone, or fax registrations.
- If your class is cancelled or postponed, we will contact you.
- **Please use a separate form for each individual. Duplicate this form as necessary.**
- **Please include the \$10 registration fee (\$5 for Wilton Senior Citizens).**

Name _____ Date _____

Street _____ City _____ State _____ Zip _____

Email _____ Phone _____ Fax _____

If you are a Wilton resident, are you 62 years or older? yes no Date of Birth _____

Additional courses you would take if offered _____

Time	Dates	Course Title	Fee

Registration Fee \$ _____
Total Fees \$ _____

Check (Make checks payable to Town of Wilton)
 Money Order **MasterCard** **Visa** Credit Card # _____ Exp. Date _____ 3-Digit Code _____

Cardholder Name _____ Signature _____

Credit Card Billing Address:
Street _____ City _____ State _____ Zip _____

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Wilton, CT 06897

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The Wilton Public Schools on-premises, before and after school extended day program

allows your child to enjoy a seamless transition between school and fun.

the fun side is...**the inside, outside before & after fun at school advantage** for your child :-)

Cider Mill
After School
Extended Day Program
2:15 to 6:30 p.m.

Miller-Driscoll
Before & After School
Extended Day Programs
7:00 to 9:00 a.m.
3:30 to 6:30 p.m.

Childcare
Homepage
Scan
for easy
registration



Drop-ins welcome! It's never too late to sign up. Inquire about our Drop-In 5 Pass!

Learn more about our extended day and enrichment programs at
www.wiltoncontinuinged.org